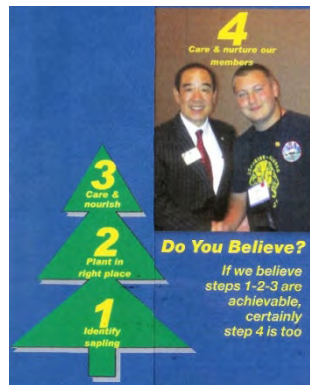


Lions of Georgia



PLEASE – Presidents/Secretaries = send in the name of your Club and the Name and Email address only of all club members who have DSL so we can send the State Mag to each of those members. Send to edmcionh@bellsouth.net or liona@bellsouth.net

The Lions of Georgia State Office now has a new telephone number. Please make the change in your directory. The new number is **706 363-6692**. The fax line has been discontinued for the present time.



State News

Peace Poster Contest

Congratulations to District Governor Tim and District 18E for submitting the winning Peace Poster for Lions year 2011-12.



2011-12 Merit Award Winner

Alice Hoyt
13 years old
Georgia, USA

Sponsored by
Forsyth Lions Club

" I hope to send the message that love, kindness and peace are important."



In Other Business:

State Convention Bids – 2012 - Savannah
2013 – Augusta

- 2014 – Macon – Proposed
- 2015 – Tifton – Proposed
- 2016 – Possible bid from Columbus
- 2017 – Possible bid from Jekyll Island

During this year's state convention, we are again offering a number of training sessions. As of now, it looks like the line-up will be as follows:

- *zone chairs
- *club presidents and vice-presidents
- *membership orientation
- *club secretaries
- *CEP facilitators
- *club extension

2012 Georgia Lions MD 18 State Convention



May 25-27, 2012
Savannah, Georgia

Special Thursday Event (For those coming in early):

We will have "Night Out with Incoming International President Wayne A. Madden" at The Historic Charles H. Morris Center, located across from the Marriott Hotel. The meal will be catered by Paula Deen's The Lady and Sons Restaurant. The Deen's will be on hand to welcome the Lions! The cost will be \$35.00 – This includes a buffet meal and a talk with the Incoming International President Wayne A. Madden. Other activities are also planned for this exciting evening!

Friday: Registration and Exhibits; Organizational Meetings – Lighthouse and Camp meetings; Opening Ceremony; Special Live Performance (TBA) Following the Opening Ceremony!

Saturday: District Breakfasts; General Convention; Business Session; Melvin Jones Luncheon (\$30.00); Seminars; State Awards; District Governor's Banquet

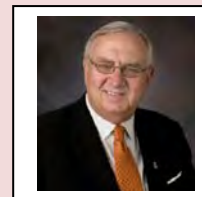
Sunday: District Breakfast; Necrology Service; Final Convention Business Session.

HOSPITALITY BOOK ORDER FORM:

Reservations are due no later than May 1, 2012

Hotel Info:

Savannah Marriott Riverfront
100 General McIntosh Boulevard
Savannah, Georgia 31401
912-233-7722 or 1-800-285-0398



Global Membership Team (GMT)



Good afternoon!

After your participation in the Club Rebuilding - How to Invigorate Your Club webinar, the Leadership Division thought this upcoming webinar would support your clubs in your rebuilding efforts.

To ensure the Lions legacy remains, it is imperative that not only club officers and members of the membership committee, but all members are aware of the strategies and resources available to assist them in recruiting new members and marketing club activities. Register for the **How to Recruit Members** webinar to learn a three step approach to recruiting, how to combat invitation objections, and much more!

Start a New Club =

<http://www.lionsclubs.org/EN/member-center/membership-and-new-clubs/start-a-new-club/index.php>

- [Traditional Lions Club](#)
- [Certified Guiding Lion Program](#)
- [New Club Officer Support](#)
- [Extension Workshop Program](#)

Invite Members =

<http://www.lionsclubs.org/EN/member-center/membership-and-new-clubs/invite-members/index.php>

- [Family Membership](#)
- [Student Member Program](#)
- [Leo to Lion Program](#)
- [Young Adults](#)

Strengthen Membership =

<http://www.lionsclubs.org/EN/member-center/membership-and-new-clubs/strengthen-membership/index.php>

- [Member Orientation](#)
- [Mentoring Program](#)
- [CEP Workshop](#)

The Global Membership Team =

<http://www.lionsclubs.org/EN/member-center/membership-and-new-clubs/global-membership-team/index.php>

- [GMT and GLT Leaders](#)
- [GMT Resources](#)
- [President's Theme](#)

The Global Leadership Team (GLT)



Dear District Leadership Teams

[A letter](#) along with the Zone Chairperson Training CD was sent to the English speaking GLT District Coordinators this week. As the non-English language versions become available, we will send the letter and CD to the remaining GLT-D Coordinators.

Please let us know if you have any questions.

Regards,

Irene Papaurelis, Manager
Leadership Administration Department
Lions Clubs International

Lions Course Categories

New Improved Login: Create a personal profile to take courses and keep a record of your completed courses. View a [quick video](#) on this process. Go to the [Course Registration Page](#) to login.

Category	Courses
<u>Training</u> <u>Materials/Resources</u> Resources include Club Officers Orientation, Zone Chairperson and Vice District Governor Team Training. Also contains:	*Lions Position-Specific Training *Speaking Engagement Presentations *Training Curriculum Lionism and History *Activities / Icebreakers
<u>Development Programs</u> Development opportunities for current and future leaders:	*Institutes *DGE Seminar *Multiple District Leadership Development Funding *Webinars
<u>Lions Learning Center</u> Online courses relevant to all Lions on leadership topics:	*Leadership *Managing Others *Achieving Results *Communication
<u>Leadership Communication</u> Current news and shared knowledge:	*The Leader Network e-Newsletter *Podcasts *Leadership Success Stories



Dear Lions,

Please forward this information to all **incoming** Club Secretaries, Treasurers and Club Officers for the 2012-2013 Lions year.

*****CALLING ALL 2012-2013 CLUB SECRETARIES*****

The Leadership Division has a webinar scheduled that is just for you!

With the release date of the highly anticipated new WMMR site quickly approaching, join one of the three **Club Secretary Training** sessions for a preview of the new look and live demonstrations of functions that you will soon be performing. Expect a review of your responsibilities, insight on how to submit membership and service activity reports, and much more. Visit the Leadership Division's [webinar page](#) for session dates and times, as well as links to register. Don't forget to spread the word to your fellow 2012-2013 club secretaries. We look forward to your attendance!

Webinars are virtual trainings generally one hour long that are conducted online with a group of participants and instructors. Participants use the Internet to connect the group members with the instructors. To register and login, participants are directed to an Internet address. Please [review our Guide to Register/login](#).

Most webinars have one or two instructors and a moderator/host. Participants view a PowerPoint presentation and polling questions on their computer. They listen to the instructors either via their computer speakers or headset. The participants may use the phone for audio/speaking or a computer headset with microphone to interact in discussions and respond to questions asked by the instructors, similar to training conducted in a classroom. For more information [read our Frequently Asked Questions](#).

Webinar Tutorial – How to Be a Participant

We invite you to experience an interactive tutorial on being a webinar participant. Upon finishing this tutorial you will be able to register, log in and actively participate in a webinar. **Go here** = http://www.lionsclubs.org/EN/member-center/leadership-development/development-programs/webinars.php?utm_source=%23518+Club+Secretary+Training+Webinar+-+EN&utm_campaign=%23518ClubSecretaryWebinarMarch2012&utm_medium=email

2011-2012 LCI Webinars

Club Secretary Training

How to login, submit membership and service activity reports, and use club member data

Intended Audience: Club secretaries who want to become more effective in using the WMMR site

- [Tuesday, April 24, 2012: 10:00 AM CDT \(Chicago\)](#)
- [Friday, April 27, 2012: 7:00 PM CDT \(Chicago\)](#)
- [Wednesday, May 2, 2012: 7:00 PM CDT \(Chicago\)](#)

Club Treasurer Training

How to login, run reports and download club billing invoices, and how to submit payments online. This webinar will include discussion of your responsibilities as treasurer and a demonstration of using the WMMR site

Intended Audience: Club treasurers who want to become more effective in using the WMMR site

- [Wednesday, May 9, 2012: 7:00 PM CDT \(Chicago\)](#)
- [Tuesday, May 15, 2012: 10:00 AM CDT \(Chicago\)](#)
- [Friday, May 18, 2012: 7:00 PM CDT \(Chicago\)](#)

Club Officers - Teamwork

How club officers can work together to plan for the year, set goals, communicate, cooperate, manage committees or projects, and achieve club excellence

Intended Audience: Club officers who want to become more effective as a team

- [Wednesday, June 6, 2012: 7:00 PM CDT \(Chicago\)](#)
- [Tuesday, June 12, 2012: 10:00 AM CDT \(Chicago\)](#)
- [Friday, June 15, 2012: 7:00 PM CDT \(Chicago\)](#)

My Club, My Family

How to make clubs more successful

Intended Audience: District leaders, zone chairpersons, and club officers

- [Webinar Recording](#)
- [PowerPoint Presentation](#)
- [Workbook](#)



18-A

Alan Bethel

Dade County Lions Club

In 1934, Lions Club International chartered a new club in Dade County (Trenton) Georgia. This was a thriving and active club until about 2005. The membership was older and they were having a hard time recruiting younger members. With much sadness, this club chose to turn in their charter and retire. However, there was still a need for a Lions Club and the services we provide to a local community.

In March 2011, under the leadership of then District Governor Scott Warren and District Extension Chair Berry Broach, PDG, we began the process of forming a new Lions Club in Dade County, Georgia. With a handful of faithful Lions from within the District, they began to canvass the community; even finding five members from the original club interested in starting over. Everyone they talked to remembered the old club and seemed very excited about a new club in town.

With twenty nine members they began the organizational end of the process with Guiding Lions Berry Broach and Donna Calhoun at the helm. The new club chose a name, day, time and place to meet, nominated and elected their core officers and even set the date for their first service project.

The morning of 27 April, dawned bright and sunny as Guiding Lions Berry and Donna headed out early to talk to a few more people before meeting with the club and having the President and Secretary sign the charter application. By the time they arrived in Trenton, it was obvious that a bad storm had hit the community. They learned that a tornado had come thru and taken the roof off of the elementary school just minutes before their arrival. Before the end of the day, Trenton and Dade County experienced 2 more tornados, destroying several neighborhoods and leaving hundreds of people homeless.

On 11 May, members of the new Dade County Lions Club assisted the District Alert team in distributing Wal-Mart gift cards; part of a \$10,000 LCIF Emergency Grant, to storm victims. On 18 May, the club presented GL Berry with 2 boxes of used eyeglasses for the Lions Lighthouse. On 21 May, the club participated in the "State of Dade Festival" which was the original first service project they had planned. Club members and GL Donna distributed new clothes and Coca Cola products to festival goers and showed the community that the Lions Club was back. On 7 June, members once again helped the District Alert team distribute Wal-Mart gift cards. The club learned of a family with no electricity – they raised \$1,000 to pay that bill, provided school clothes and supplies to the children and with the help of sponsoring club, Chickamauga Lions Club [aid for eye exams and glasses for the entire family.



In addition to the above projects, the new club has provided size 17 shoes to a child walking barefoot to school, cases of hand sanitizer to both elementary schools, cleaning supplies and food to hundreds of families, co-sponsored a person for meals on wheels, handed out 20 \$100 Home Depot cards and with the help of Chickamauga, purchased 19 eye exams and glasses. They also collected 72 used cell phones for the Lions Lighthouse. Chickamauga Lions were contacted by Lions Clubs in Pennsylvania, Florida and Colorado who wanted to know where to send semi-trucks with supplies. These things do not include help from individual Lions through their churches or other community agencies



This Club hit the ground running and hasn't slowed down yet. They learned early the true meaning to the Lions Motto "WE SERVE." Keep looking for *Great* things to come from this Club!!



18-B

Joe Bill Brannon

Wilmington Island Lions Club

CLUB TITLE: Wilmington Island Lions Club, District 18-B
FOUNDED: 1975

COMMUNITY SERVED: Wilmington Island , plus Talahi, Whitmarsh and Oatland Islands, all part of the Savannah Metropolitan Area and is 15 square miles. Population is 20,000.

MEMBERSHIP: 14 women and 17 men, including five couples. They have Lions of all ages spanning from 31 to older than 80. It’s a diverse group of both retired and working attorneys, business professionals, teachers and public servants who have a passion to serve their community.

SERVICE PROJECTS: The club is involved in a vision testing program for children in the local public schools and YMCA. For the past two school years, Lions have tested over 770 children. The Club then purchases eyeglasses for those unable to pay. A Health Fair is done several times a year at various locations.

FUNDRAISERS: The Annual Golf Tournament is our main fundraiser. Other club fundraisers include Broom/Mop Sales, Pancake Breakfast and Health Fair food sales.

CLAIM TO FAME: The Club was awarded a Flag Accommodation for humanitarian efforts to the Soldiers fighting in Afghanistan. A member of the Club, Chris Hoover, served in the National Guard Unit that flew the mission. See attached image.

WHY BE A LION: “Joining our Lions club puts people together who share a common interest in providing youngsters with opportunities to regain and maintain good vision health. Our club is especially proud of the group effort we make to support our fundraising programs and we are physically active in various ways to make our service projects so successful each year. The camaraderie and good humor are cornerstones of our club, and we welcome new members who wish to share our spirit.”





18-C

Jimmy Black

Fitzgerald Lions Club

Eyeglass Recycling - Our club collects used, unwanted eyeglasses through [multiple collection boxes](#) located throughout the town. If you have any old pairs or eyeglasses lying around your home, please take them to one of our collection boxes and we will recycle them and get them to a person in need. Please help give others the **Gift of Sight!**



Did you know the Fitzgerald Lions Club sells Mops and Brooms?

The Lions Club, whose motto is “We Serve”, reinvests the proceeds of this project in the local community in the form of college scholarships, eye glasses for needy children, youth sports, school projects, and many other Lions Club projects. The Fitzgerald Lions are proud to offer these mops and brooms for sale to the public. For more information please contact Randy Rodgers, Project Chairperson at (229) 423-3883.

Fitzgerald Lions Club Park



The Fitzgerald Lions Club field was established in 1982 for the benefit of all youth in the surrounding area. Since that time, two fields have been dedicated in memory of two young athletes who were avid softball and baseball players. Mandy Luckie and Cory Hall will remain in the hearts and minds of all who have or will use these fields.



The 22 Annual Lions Club Charity Golf Tournament

Winners of The 22nd Annual Lions Club Charity Golf Tournament held April 16 at Mallard Point Golf Course are: (left to right) Jeremy Morgan, Jeff Morgan, James Stanley, Jud Pusey.





Athens Heritage Lions Club



18-D

Ed Hashbarger

Athens Heritage Lions Club was chartered in 1997 with an idea of PDG Bob Robinson. Lion Bob had an uncle who was blind but lived an independent life. Bob's vision was to attract non- traditional members including those with challenges such as blindness.

Charter members included only two former Lions plus a professor, retirees and students, including students with experience as campers and counselors at Lions Camp for the Blind. Club members have had 6 Leader Dogs. Bob's idea worked and now other clubs "see" potential good members who may have poor vision or other challenges. This club has met the District Governor's goals every year.

Currently the club partners with Multiple Choices, an organization which provides training, education, employment opportunities to and is an advocate for clients with issues such as poor vision, enabling many to live independent, productive lives. We Serve.

The Multiple Choices Center, Athens Council of the Blind and the Athens Heritage Lions Club help sponsor a yard sale and fun night – you can buy clothing for the entire family, furniture, kitchen utensils, books, toys and more. Also available food and beverage. The club also sponsors an annual “Bowlathon” as a fundraiser in February.





18-E

Tim Chisholm

Greater Butts County Lions Club

HonorFlightConyers@comcast.net



Greater Butts County Lions Club fulfilling our mission!

On March 1, 2012 members of the Greater Butts County Lions Club received Dogwood Trees to plant in our neighborhoods! The Community celebrated Arbor Day, trees were planted at our new Veterans Memorial Park, and we wanted to do our part by planting trees in our own neighborhoods!

An important part of the Lions extension of service this year is caring for our environment. The goal this year is to plant a million trees around the world. That's less than one tree for each member. If we can accomplish this goal, it proves once again that we can accomplish anything – just like we did when we exceeded our goal for Campaign SightFirst II. Just like we did when we prevented over 1 million cases of river blindness. And just like we are going to do by helping eradicate measles.

Why trees? It's no secret that trees help the environment, but you may be surprised by all the benefits that planting a tree can provide. Trees are like the lungs of the planet. They breathe in carbon dioxide and breathe out oxygen. They also reduce erosion to save soil, help preserve local water sources, and provide habitat for wildlife living under more and more stress. Simply put, planting trees in your neighborhood really is one of the best things you can do for the local environment. And the Greater Butts County Lions Club did just that!



18-F

June Phillips

Chinese American Lions Club



Expanded Health Fair

The Chinese-American Lions Club of Atlanta holds an expanded Health Fair each year around the International Village at Chamblee near Chinatown. Beside regular services for measuring blood pressure, cholesterol checking, bone-density inspection, there is also free Flu Shots and at times special booths set-up for other organizations like American Kidney Association. During this Health Fair - 98 medical consultations, 50 Kidney function test, 25 Cholesterol, 10 bone density, 20 acupuncture, 70 flu shots were provided at our October 30th clinic in a 3.5 hours. In September last year, the Chinese-American Lions Club gave out over 200 flu vaccinations including H1N1 donated by Chinese American Lions Club to be given to the senior citizens.



Claudette Gallman Cruises

1377 Bucksnot Road
Jackson, GA 30233



770-229-4826
404-451-8430
Artlady00@aol.com

Friends of the Georgia Lions Cruise

Description of Cruise

Date: 9/16/2012
Duration: 7 Days
Cruise Line: Carnival Cruise Lines
Ship: Legend
Itinerary: Tampa-4pm Sea Cozumel Belize Isla de Roatan
Grand Cayman Sea Tampa-8am

Accommodations:

Balconies	8B	\$727.43 pp, double occ. (2 cabins available)
	8C	\$742.43 " (2 cabins available)
	8D	\$752.43 " (4 cabins available)
	8E	\$752.43 " (6 cabins available)

Inside	4E	\$562.43 " 5 cabins available)
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Vacation Protection	\$95.00 Balconies Per Person
	\$65.00 Inside Per Person

Prepaid Gratuities	\$70.00 Per Person
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Deposit due:	\$50.00 per person	Upon Booking
	\$200.00	10-Apr-12
Final Payment		25-Jun-12

Cancellation Guidelines:	4-Jul-12	\$250.00 Penalty Per Person
	3-Aug-12	50% Penalty Per Person
	19-Aug-12	75% Per Person Penalty
	3-Sep-12	Full Penalty

Early deposits are required to guarantee the above rates after April 19, 2012 rates could increase.

PLEASE NOTE; PASSPORTS ARE NOT REQUIRED, BUT SUGGESTED.

Payments by checks or money order can be made payable to Claudette Gallman Cruises and mail to 1377 Bucksnot Rd., Jackson, GA 30233 or by major credit card by calling 770-229-4826 or 404-451-8430.

Any questions contact me at the above numbers or Lion Kembra Smith.

Sincerely,

Claudette Gallman
Cruise Specialist

*Claudette Gallman Cruises
Jackson, GA 30233
770-229-4826*

FRIENDS OF THE LIONS OF GEORGIA CRUISE

September 16-23, 2012

Registration Form

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ CELL: _____ EMAIL: _____

D.O.B. _____ ANNIVERSARY: _____

PERSON SHARING YOUR CABIN:

NAME: _____ D.O.B. _____

BALCONY: _____ INSIDE: _____

SIGNED: _____ DATE: _____

DEPOSIT ATTACHED: _____

LIONS CLUB AFFILIATION: _____

PASSPORTS ARE NOT REQUIRED BUT SUGGESTED

**PLEASE MAKE CHECKS OR MONEY ORDERS PAYABLE TO CLAUDETTE GALLMAN CRUISES
AND MAIL TO 1377 BUCKSNORT ROAD, JACKSON, GA 30233**

CREDIT CARD PAYMENTS CAN BE MADE BY CALLING 770-229-4826 OR 404-451-8430.

How about if we plan on about 4 hours of training? The training that we do will be dependent on the attendees; if we get a lot of folks who have not served at the district or MD level, it will open up more opportunities. As of now, I'd be inclined to keep the sessions pretty general: something like (1) "Beyond Your Club: opportunities in the districts, multiple district, and at international; (2) public speaking/presentations session; (3) history of Lions & Georgia Lions; (4) Goal-setting. 12



Lions Clubs International

MY CLUB
My Family



Lions Clubs International

Lions Clubs Supplemental Insurance Program

Lions Clubs International provides Lions clubs, districts and other authorized Lions organizations with \$1,000,000 of Liability Insurance that protects against losses from bodily injury and property damage arising out of most Lions activities. However, there are additional types of insurance coverage that clubs and other Lions organizations should consider to protect against other risks that may arise out of Lions activities. Recently, Lions Clubs International has arranged for a program of supplemental insurance coverage which may be purchased at discounted rates by clubs, districts and approved Lions foundations in the United States.

One available coverage is [Directors & Officers Liability Insurance](http://www.lionsclubs.org/EN/member-center/resources/insurance/supplemental/directors-officers-liability.php), which protects the officers of a Lions club or district for actions brought against them for actual or alleged negligent acts or omissions and for misleading statements. Directors and officers of a Lions club or district can be liable if they damage the organization by breaching their duties, violate organization by-laws, or fail to disclose conflicts of interest. Another example of such claims include an action brought by a contributor to the foundation of a club or district who was unable to obtain a tax deduction as a result of the foundation failing to file or maintain its charitable tax exempt status. Information about this coverage, an application and indicated pricing can be found on the following link: <http://www.lionsclubs.org/EN/member-center/resources/insurance/supplemental/directors-officers-liability.php>

Another important coverage offered is [Accident Insurance](http://www.lionsclubs.org/EN/member-center/resources/insurance/supplemental/accident-insurance.php) which enables you to protect your members and volunteers from the financial consequences of accidental injuries. The plan is designed to provide insurance protection for your members and volunteers injured during sponsored activities. This program provides high limits of coverage - up to \$100,000 for Accident Medical Expenses and up to \$25,000 in Accidental Death coverage - all at a very affordable cost. All the information you'll need, including how to obtain the coverage, can be found on the following link: <http://www.lionsclubs.org/EN/member-center/resources/insurance/supplemental/accident-insurance.php>

Additional liability limits are available through a [Special Events Policy](http://www.lionsclubs.org/EN/member-center/resources/insurance/supplemental/index.php) if your club or district needs more than the automatic \$1,000,000 limit provided by Lions Clubs International's general liability program mentioned above. Information about this coverage can be found via the following link: <http://www.lionsclubs.org/EN/member-center/resources/insurance/supplemental/index.php>

For all questions you can contact John Adams at john.adams@willis.com 847-517-3450 or Jeannene Miller at jeannene.miller@willis.com 847-517-3460.



Story of the Week: How to Recruit New Members at Your Lions Club Events
January 20, 2012



[New Lions members](#) bring enthusiasm, excitement, new ideas and another set of hands to help shape our communities. When we traveled to Texas and visited the Houston Royal Oaks Lions Club, a vibrant group that hosts free health fairs for the community, we wanted to know their secret to club growth.

The answer is that the Royal Oaks Lions Club makes recruiting part of every one of their events. At the health fair they had a membership booth where they answered questions, provided information and encouraged potential members to fill out a membership application. Here are a few ideas for recruiting new members at your next event:

- Set up a table or station in a central location for recruiting.
- Put information and photos from recent projects on a poster board. Show a Lions Club International video such as one of the [new PSAs](#) or segments from [LQ – Lions Quarterly](#).
- Distribute pamphlets or business cards with your meeting time and location, contact information and Web site address.
- Supply [membership pamphlets](#), [membership applications](#) and pens. Help people fill out the information and collect the application, then follow up with a phone call to invite them to your next meeting.
- Even if interested event goers don't fill out an application, invite them to a meeting. Ask them to come meet your fellow Lions.
- Have fun! When people see how rewarding it is to be a Lion, they'll want to participate, too.

* * * * *

Atlanta Lions Club hits the BLOG – go to = <http://lionsclubs.org/blog/> Maybe you can get in also: Just submit

The Atlanta Lions Club meets twice a month for lunch in downtown Atlanta.

Capital City Club
7 Harris St NW, Atlanta, GA 30303
12pm-1pm, 2nd & 4th Fridays Monthly



Georgia Lions Lighthouse Foundation

Providing vision and hearing services to Georgians in financial need



Georgia Lions Lighthouse Foundation



It is official. Thanks to you the Lighthouse is one of 12 charities nationwide to win gas in the "Fueling Good" contest. We especially thank those who encouraged all our friends, family and co-workers to vote. We could not have done this without you!

April is White Cane Month!

Dear Lions,

April is my favorite time of the year because all the Lions of Georgia unite to raise money for Georgia's uninsured through our White Cane campaign. All the funds raised through White Cane go directly to the Lighthouse Foundation's eye surgery program.

This year, our goal is to raise \$165,000, and I know that with your help we can do it. I spoke to someone last week who advocated for our client Peter to have surgery. When I told him how we rely on volunteers and donations he was amazed. He said, "I will sing the praises of the LH the rest of my life!" Peter is a miracle story. He can see and work for the first time in 11 months.

Peter received 2 of the 325 surgeries we will provide this year. Please help us to help people like Peter by holding a White Cane event. This doesn't have to just be a bucket drive. Read about our featured club of the week and their successful letter writing campaign below.

We've added many great resources at our website, including 2012 White Cane packets, information about your local Wal-Mart grants, and a new fundraising form that will make donating online easier than ever.

Please bring this message back to your club and let the Lighthouse know your plans and your goal for raising White Cane funds this year. The deadline for White Cane and the deadline to submit your award nominations for the state convention is April 30th.

Sincerely,
Christina Lennon
Georgia Lions Lighthouse Foundation

More than \$0.90 of every \$1 you give goes directly to the Lighthouse Foundation programs.

For every \$1 donated, we can provide \$5 in medical services.

Summer Service Numbers 1 Jul 11 — 29 Feb, 2011

District A

Eye Glasses: 615
Eye Exams: 284
Eye Surgeries: 58
Hearing Aids: 239

District B

Eye Glasses: 888
Eye Exams: 286
Eye Surgeries: 25
Hearing Aids: 86

District C

Eye Glasses: 228
Eye Exams: 168
Eye Surgeries: 55
Hearing Aids: 134

District D

Eye Glasses: 155
Eye Exams: 113
Eye Surgeries: 37
Hearing Aids: 144

District E

Eye Glasses: 283
Eye Exams: 196
Eye Surgeries: 31
Hearing Aids: 164

District F

Eye Glasses: 923
Eye Exams: 458
Eye Surgeries: 32
Hearing Aids: 167

Fiscal Year Totals:

Eye Glasses: 1825
Eye Exams: 1044
Eye Surgeries: 151
Hearing Aids: 575



Better Vision. Better Hearing. Better Georgia.



"When you give a little,
you get a lot."
-Lion Bret Wagenhorst, M.D.

District A– Marietta Lions Club is busy!

Connie Novak and Susan Zimmerman are usually on the go. Between volunteering at the Lighthouse and their involvement with the Marietta Lions Club, who has time to slow down? The Marietta Club is active! Every month members visit the down-and-out. 4 times a year the Club helps clean up the city, picking up trash and keeping Marietta Square beautiful. On top of these regular activities, the Lions Club actively raises money through fundraisers. They are partnering with Belks for a charity sale day for White Cane.

District B- Clubs Make Savannah Clinic Possible.

Outside of Atlanta, the Savannah clinic is the busiest. The Lighthouse partners with the St. Mary's Health Center to host a 2-day clinic every month. Over a 4-year period, over 2,400 residents of Chatham County have received services. The clinic could not be possible without regular volunteers from the Lions Clubs. Members of the Savannah, Port Wentworth, and Wilmington Lions Club all volunteer regularly. "We love our Lions!" says Tiffany Ellerbee, Clinic Coordinator.

District C– Lion Bret Wagenhorst, M.D. brings sight to Tifton

Dr. Wagenhorst's passion is to bring sight to those around him. As an Ophthalmologist, he has provided eye exams and eye surgeries not just here in the South, but overseas on medical missions. His commitment to vision services are what drew him to get involved with the Lions. He's been a member of the Tifton Lions Club for over 6 years. He's spearheaded and been the primary doctor at the monthly Lighthouse vision clinic at the Tift Community Health Center every month for the last four years.

District E– Byron Lions Club and the Macon Clinic

Last year, the Macon mobile vision clinic resumed a monthly schedule to bring services to the residents of Bibb county and the surrounding area. The clinic, which takes place at the W.T. Health Center, couldn't operate without the support of the Lions. Byron Lions Club members Ken and Lee Brown and Mike Washko volunteer regularly with the clinic, giving their time and energy to provide sight for the less fortunate.

District F- Conyers Lions Club Gets Hands On

Members of the Conyers Lions Club have been coming out to the Lighthouse every month to help Ken wash and sort glasses for use in the Eyeglass Recycling program. Charles Walton, the Associate Director, coordinates the trips, and everyone helps out. The Eyeglass Recycling Program supplied 50,000 pairs of glasses last year for use in overseas missions. Whatever glasses can't be used are recycled, and the

White Cane resources are available online!

Resources include packets that cover how to have a successful White Cane month and information on applying to your local Wal-Mart for a community grant.

This year, our goal is \$167,500. Let's let 2012 be the year that we surpass the goal!

If each club can commit to raising funds for at least one sight-saving surgery at \$1,200 a piece, we'll reach our goal in no time!

For more information, contact Sarah Liz Buckley at sbuckley@lionslighthouse.org or by phone at 770.738.4676.

The screenshot shows the 'White Cane' resource page. At the top, it says 'Better vision. Better hearing. Better Georgia.' and features a photo of a man and a young girl. The page is titled 'White Cane' and includes a navigation menu on the left with options like HOME, ABOUT US, PROGRAMS, DONATE, GET INVOLVED, NEWS AND EVENTS, and LIONS. The main content area explains that White Cane is an annual fundraiser to support Lighthouse's eye surgeries. It provides information on how to get involved, including downloading a White Cane Chair and Guide, and submitting a 2012 White Cane Packet. There is also a section for a White Cane FAQ.

District D– Lion Judy Stamsen Lawrenceville Lions Club

Judy Stamsen, has been District 18-D's Used Eyeglass Chair for about 7 years. As District Used Eyeglass Chair she collects the glasses from the clubs in District 18 D and delivers them to the Georgia Lions Lighthouse. Clubs gather them from Wal-marts, Optometrists, Ophthalmologists, churches, funeral homes and friends. They count them and enter them on their club MMR. She also makes sure that everyone knows to collect used hearing aids and cell phones. She presents programs to clubs on Used Eyeglasses and how they are cleaned, sorted and boxed up for shipping to third world countries. She tells them that we also work in conjunction with Lions Clubs in other countries and they distribute to the people who need them. She relates to them how much they are appreciated and there are many heart touching stories of people we as Lions have helped. Also the Lawrenceville Lions Club does vision screenings and again she picks up the screening machine and return them with the paperwork of the ones we screened.

April 2012 LEO Club Awarene

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1	2	3	4	5	6	7
Easter Sunday 8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27 Work Weekend At Camp	28 Work Weekend At Camp
29 Work Weekend At Camp	30 Club Excellence Award ENDS					

May 2012 Recycle for Sight Month

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1	2	3	4	5
6	7	8	9	10	11	12
Mother's Day 13	14	15	16	17	18	19
20	21	22	23	24 Council of Governors Mtg,	25 MD-18 State	26 Convention
Savannah, GA 27	Memorial Day 28	29	30	31		

June 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Summer Camping Season starts	4	5	6	7	8	9
10	11	12	13	14	15	16
17 Father's Day	18	19	20	21	22 95th	23 Int'l
24 Conv	25 Busan,	26 Korea	27	28	29	30

July 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Independence Day	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21 <i>Lions Day</i> CAMP FOR THE BLIND 36th Summer
22	23	24	25	26	27	28
29	30	31				

August 2012 Focus on Youth Global Service Action Campaign

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Labor Day	4	5	6	7	8
9	10	11	12	13 USA -	14 Canada Tampa,	15 Forum Florida
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



From Kristen Picus, Camp Director:



"Its Spring Fever. That is what the name of it is. And when you've got it, you want-oh, you don't quite know what it is you do want, but it just fairly makes your heart ache, you want it so!"

Mark Twain

We have begun to hammer down specific plans for this summer and I am very excited about all that is in store for this summer. I find myself wanting, longing for something. Something greater. Something mind boggling. Something worthy of the phrase "Defying Gravity." Something steeped in Tradition, something refreshingly new. Something that will leave such an impact on the campers that every time they speak of camp they speak of this upcoming summer, because to not speak of it would be a shame.

My administrative team has been diligently working on coming up with just those things. These longings don't just stop when it comes to this summer.

- * I long to present the camp in new clubs. I believe this is a necessary step for our growth.
- * I long to see more clubs support the camp financially.
- * Lastly, I long to see this upcoming Work Weekend be full of workers. There is still a ton of work that needs to be done! Will you please join us for one of these great weekends, if not both? The reservation form is in this newsletter. Please let us know if you are planning on coming, so that we can ensure that we have enough food. I promise there will be enough work!

"Defying
Kristen

* * * * *

Dear Lions of Georgia,

We need your help with sponsoring a camper for camp. This summer is quickly approaching and each year we look for individual/club sponsors, if you are interested please let us know. Thank you so much to all of you that have already sent in your sponsorship money. Also, remember that April 30th, 2012 is the last day to get credit for this year's donations to be considered for awards at the State Convention.

As mentioned in Mike's letter, please get in your work weekend applications. We need those, so I can give Kristen a count. Since you're coming, why don't you bring some people with you that may have never come before? It will be fun!

Please call me or email me if you need any assistance.

Merri Blount, Camp Secretary, 912-283-4320
glcblindsec@accessatc.net

The President's View

I have been on the road!

Since my last letter to you, I have been on the road every weekend attending one District Convention after the other.



It has been a blast visiting all my friends throughout the State and sharing what is going on at Our Camp.

Your Camp is doing well and we are getting primed for the upcoming Camping Season. Kristen has been working hard putting her Summer Staff together. I'll let her tell you much more about that.

Mike as well is preparing for the upcoming Camping Season. The big help that he will get from you and me at the upcoming Work Weekends will set the stage for how the Camp looks for the Season. We have lots of work to do and we have one more weekend set aside to get that work done. They are:

April 28-29, 2012

The big project we are undertaking this year is completing the transition of our Bunk House. The completed Bunkhouse will give us more capacity and versatility for taking care of those "We Serve". There are many more worthwhile projects to be done, and your skill can be used to make our Camp better. Please come join us for these weekends of hard work and good fellowship. I promise that you will leave tired but full of love for your Camp!

Lastly - Lion Doy and I have been working well together to transition my role to her on July 1st. We all know how time flies by and she and I have been working now since her election to make this the best transition ever. I will tell you that you did well; Lion Doy is going to be an outstanding President for Our Camp!

As always – Thank you for all you do for our Camp and those “We Serve”. After all "Camp is for the Camper"!

Camp dates to remember:

April 27-29, 2012 - Work Weekend at the Camp.

May 25, 2012 - Board of Directors Meeting at the State Convention in Savannah, GA.

June 3, 2012 - Summer Camping Season starts.

July 21, 2012 - Lions Day at Our Camp!

Take Care and God Bless!

Frank Spinney

Frank Spinney

President

Georgia Lions Camp for the Blind, Inc.





Hello Lions,

Well spring time is here and it is time to start with some spring cleaning, landscape style. The grass hasn't really started to grow yet, but the weeds have. I have actually mowed around the office area and the pecan field twice. We have been blessed with some much needed rain and that has started things to grow. Here is an update on a couple of projects that are going on. The two oak trees behind the director's house have been cut down and removed.

This will allow us to be ready to spray texture on the ceiling and walls. The tile in the bathrooms and showers is being installed and it will be about 85% complete by Leo weekend. The ceilings and the little bit of drywall exposed will need to be taped and mudded so we can have this area ready to spray also.

I am looking forward to Leo weekend and the two work weekends coming up. I believe that with the volunteers that show up to help we can have the Bunk House Dorm ready for summer camp. If you have not sent in your reservation form for the weekends you can come and help us work, please do so. This helps us organize the designated jobs that need to be done and lets us know how many hotdogs to boil. Just kidding, you know we will feed you something better than a hot dog! We had a very good turnout of people last year and we look to have even more this year. You know that help is very much appreciated.

Some of you have asked about the planting of some citrus and fruit trees around the camp. I have called in for some pricing from a local nursery but as my wife was at Lowes last week she said that they have a verity of these trees available that will grow in this area. I will check on the sizes and their cost and let you know. Maybe we can pick up a few and distribute them around the camp site.

Well it is time to start picking up the supplies we will need, so let me get back to work. See you soon.

MERRY CHRISTMAS TO YOU ALL!!

Mike Williams - Building & Grounds, GLCB

**LIONS WORK WEEKENDS
APRIL 27th-29th, 2012**

- * These projects are the ones that we feel should have highest priority to be completed
- *1. Hang drywall in the Bunk House Dorms (walls and ceilings) materials are on hand
- *2. Hang concrete backer board in bathrooms in the Bunk House Dorms
- *3. Tape and mud walls and ceiling of the Bunk House Dorms
- *4. Install a cosmetic beam in the ceiling of the bunk house where the separation wall used to be
- *5. Build a room behind the Bunk House Dorm for the water heater
- *6. Paint water heater room
- *7. Hang and secure all entry doors to the Bunk House Dorms
- *8. Hang all interior doors in the Bunk House after drywall has been hung
- *9. Sand and finish walls and ceilings in the Bunk House Dorms (at 2nd work weekend)
- *10. Paint walls, ceilings, and trim work in the Bunk House Dorms (at 2nd work weekend)
- *11. Stain or paint all doors in the Bunk House (entry and interior) (at 2nd work weekend)
- *12. Install all the final electrical items, exit lights, ceiling fans, florescent lights, outlet covers, etc...,
- *13. Install VCT flooring after all the above has been completed
- *14. Finish painting the area in the bathroom hallway of the dining hall
- *15. Paint the kitchen walls (paint needed)
- *16. Paint the serving area in the dining hall (paint needed)
- *17. Finish painting the foyer in the activities bldg. and also finish painting the restroom doors and the restrooms
- *18. Repair fishing pier at the pond (dead tree fell across one corner and busted it up) need supplies
- *19. Pressure wash buildings (we will need about 3 or 4 people with pressure washers and you will need to bring your water hose) (NO BLEACH is to be used as a cleaner) (cleaning solvent for vinyl needed)
- *20. Need to build four more walls in the bunk house for plumbing and privacy to the sleeping quarters.



We sometimes forget who we are and what we are supposed to do.....

I truly hope we are not the only club with members in attendance! This is a long drive and we had asked for it to be held in close to the majority of its officers due to the fact that all officers are from one District. I understand the desire to hold the meeting in a central location, but that never happens and we seem to be the only District having to (or that actually does) travel great distances every time.

I am an advisor with no real help and I believe I am not alone with that problem. What I see is that Lions want to claim LEOs and probably realize that they are the future, but few will actually get involved physically. Those who are involved are younger Lions with children in LEO or are teachers, etc... and though they are willing, they are also the ones with the least amount of time to give due to other commitments and busy schedules. It seems to me that if LEOs are expected to be bound by policies and procedures set forth by Lions (usually the older Lions) then those Lions need to be actively and physically involved with the LEOs in order for them to fully understand (or remember) the difficulties faced (finances, logistics, scheduling, transportation, etc...) when dealing with young people who are dependent upon adults.

It seems that every step forward we make for the LEOs is followed by a push backwards from the Lions. I know that LEO is a service organization and our primary function is to serve others, as is Lions, but LEO is comprised of young people who will gladly serve but need that service to be fun and exciting. Traveling hundreds of miles for a meeting

is neither fun nor exciting and is rather disappointing when (as was the case at the last State Convention) they are turned away from the fun part due to funding.

Now, with the elimination of Young Ambassador at the State level, even the inclusion in the opening ceremonies has been eliminated. If you haven't gathered from my statements, I am very frustrated and discouraged.

Sincerely,



Do you want a LEO Club within your community – then you should take heed –

What is the relationship between the sponsor Lions club and a Leo club?

The sponsor Lions club **is responsible for guiding and counseling** its Leo club. By working closely with Leos, Lions ensure that their sponsored club operates within the policies of Lions Clubs International. Lions work with Leos in an open, constructive manner. What is a Leo club advisor?

In consultation with the Leo club, **a Lion is appointed to serve as an advisor** for the Leo club. This individual should be someone who enjoys working with youth. The leadership provided by an advisor often affects the success of a Leo club. The advisor, along with two other appointed Lions, forms the Leo club advisory committee.

Often, school-based Leo clubs are required to have a faculty member as an advisor. If the faculty member is not a Lion, **a Lion co-advisor should be selected to maintain close rapport** with the Lions club.



Dear Lions and Friends:

This fall, La Center, Washington school superintendent Lion Mark Mansell will have plenty to talk about.



A member of the La Center Lions Club, Lion Mark is planning to ride his bicycle from Portland, Oregon across the country to Portland, Maine or approximately 3,500 miles. The 63-day journey begins Saturday, June 16 and concludes in Portland, Maine on Sunday, August 17. It will include a stop at Leader Dogs for the Blind in Rochester, Michigan the week of July 15. The purpose of his journey is to raise awareness and money for Leader Dogs for the Blind. "I enjoy challenges and I love to learn" Mansell said, "Given the chance to attempt something like this is a very special opportunity that is extremely exciting."

A few ways Lions can show their support:

- If you would like to donate \$35 to support Mark and receive a Cycling for Leader Dogs pin, [visit his blog](#) and click the "Donate Now" button.
- Bike along with Mark for a short while.
- Cheer him on as he passes through your community.
- [Email him at mansell.lacenter@gmail.com](mailto:mansell.lacenter@gmail.com) if you would like to host him overnight.
- Share this with family and friends.

Lion Mark would like to raise \$35,000. With a 3,500 mile trip, anyone who provides a penny per mile sponsorship (or at least \$35 donation) will receive a Cycling for Leader Dogs sponsor pin. To meet our goal, we will need to secure 1,086 individual "one penny per mile" sponsors.

Lion Mark and his Team have created a blog (www.CyclingForLeaderDogs.org) so people can easily follow his journey and donate.



A wounded vet and black lab become partners



Iraq war veteran Andrew Pike rewards his service dog Yazmin with verbal praise after she successfully completed a task at Canine Companions for Independence in Santa Rosa on Wednesday.

They just met this month, but Andrew Pike, a wounded Iraq war veteran, and Yazmin, a 2-year-old black Labrador, are pals. They're going to be partners for years to come, with Yazmin, a trained service dog who responds to 40 verbal commands, making Pike's life in a wheelchair a little easier.

"I didn't know you could get attached to a dog so quickly," said Pike, 23, a former Army specialist paralyzed from the waist down by a sniper's bullet two years ago in Iraq.

Pike, who lives in Kimberly, Idaho (population 2,477), and Yazmin will graduate on Saturday along with 11 other disabled person-and-dog teams trained at Canine Companions for Independence in Santa Rosa.

Pike, who works as a substitute teacher and is attending a community college, said Yazmin will help him gain independence. Should he drop his wallet, keys or even a credit card on the ground, on the command "get" Yazmin will retrieve it. Told to "pull," the obedient Lab, fitted with a harness, will tow Pike in his non-motorized wheelchair if his hands are full. Commanded to "tug," she will pull open a door with a rope attached to the handle.

"The more I get to know her, the more I get her personality, what she likes and doesn't like," Pike said. "She's getting to know the same about me."

Yazmin has met Pike's wife, Tauni, and 2-year-old daughter, Brynlee, who came out to Santa Rosa. At their home in Idaho, she'll meet the family's pair of Yorkshire terriers, which together weigh about five pounds.

"I don't foresee any problems there," Pike said. "I may live in a chair; my life may be different," Pike said. "But it won't stop me from doing anything I want to do."

With Yazmin, he has both an enabler and a friend with a wet nose and wagging tail. "She's a great companion," he said. "When she gets up in the morning, she's excited to see me."

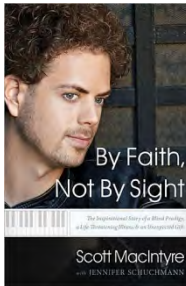


**From the desk of State
RFB&D Chair Lion
Fred Smith**
lionfredsmith@gmail.com

Dear Members & Friends,

I am delighted to share good news about a close friend and long-time member of Learning Ally, **Scott MacIntyre**. Well known around the world as the first ever blind finalist on "American Idol," Scott has a special connection to Learning Ally: he was a National Achievement Award winner in 2005, keynoted our NAA celebration in Washington, DC last year, and continues to be a great celebrity advocate for our mission.

Scott has just released a new book, **By Faith, Not By Sight**. We plan to record it soon for Learning Ally members. In this autobiographical book, Scott talks about how he overcame his disability, how he made it in the music industry, how he found the love of his life, and how he learned that in all things, we can truly achieve our dreams.



What many people may not know is that at 19 years old, Scott faced a life-threatening illness and almost lost his life. His contagious spirit of optimism and heartfelt stories will take you on an emotional journey of love and yearning, hardship and hope, from someone who deeply understands the challenge of overcoming enormous adversity - *by faith, not by sight*. Here is a description from the book jacket:

"Is it possible to be high on a mountain and deep in a valley at the same time?"

"This isn't a riddle, it's Scott MacIntyre's life. Each time his dreams come true, Scott finds his nightmares not far behind. Some call it Murphy's Law. Others call it bad luck. Scott has learned to call it a blessing, even when circumstances have threatened to take everything away.

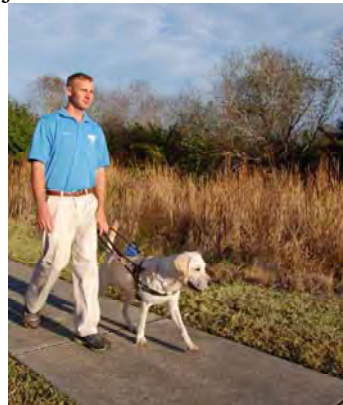
"Outstanding graduate. Marshall scholar. Recording artist. Inspirational speaker. American Idol. Blind from birth, Scott has had to work harder and longer to achieve his goals. But when a silent killer begins to undermine his success, Scott cannot work it out alone. Once again, he must lean on his faith, his close-knit family, and the life-giving aid of friends to survive.

"Follow Scott's roller-coaster ride to see how the mountains and valleys in his life gave him perspective, hope, and ultimately triumph."



Finding His Niche

When 22-year-old Jonathan Bjaland was just out of high school, he faced the future with uncertainty. He loved the outdoors and had a way with animals, so his parents urged him to apply for a job as a kennel assistant.



"I wanted to hang out with dogs as a seasonal job," he shares. That was over three years ago, and today this talented apprentice trainer has found his niche. His supervisors noticed Jonathan's skills, and began asking him to work with dogs that needed extra attention. He was quickly promoted and is now studying to become a certified guide dog trainer.

Jonathan appreciates the before and after in the visually impaired handlers. When they first arrive, students take a "Juno walk," holding the guide dog's harness while the trainer holds the other end. The trainer is gauging the handler's pace to match the appropriate dog. Students have laid aside their white canes, and their steps are so tentative at first. Jonathan enjoys comparing that hesitancy to the team's confidence on graduation day. He appreciates the dogs and the handler's full-circle transformation, and the satisfaction of his contribution toward the amazing results.

"Jonathan has an enviable attitude and he doesn't seem to give it much thought, he just jumps in to help where needed. And that attitude crosses all boundaries...ask anyone. If you need a hand, Jonathan's there!" says Kate Pawley Apprentice Trainer Manager.



4 Ways to Boost Your Walking Workout

By Tracey Neithercott



For all the attention we give the latest fitness craze (did you hear about the one that combines yoga and break dancing?), we're awfully quick to dismiss one of the best workouts around: walking.

True, it's not exotic. But unlike so many of the fitness fads we believe will motivate us to sweat, it doesn't cost \$60 a month to participate. It's free. It takes no gym membership or equipment. There's no learning curve because everyone already knows how to do it. In fact, it's something we do every day.

That may seem anticlimactic (walking is so *simple*, so *familiar!*), but before you write it off as a poor excuse for a heart-pumping workout, consider the science. Research has linked walking to a lower risk of [type 2 diabetes](#), [heart disease](#), and dementia. It improves [blood pressure](#), cholesterol, stress, and depression. And that's not taking into account the benefits walkers reap from losing weight.

Federal guidelines recommend that adults get 30 minutes of moderate-intensity exercise five days a week. Brisk walking counts, but ambling around the block won't cut it. (That's a good place to start, though, if you're currently inactive.) To benefit your health, boost the intensity of your walking workout as you progress. According to the experts, there are four main ways to do that.

1 | Pick Up the Speed

A quicker pace will turn a stroll into cardiovascular exercise. The key is finding the right intensity for your fitness level. Go too fast and you'll run out of steam in two minutes. Walk too slowly and you won't get your heart rate up. "You want to go hard enough, fast enough to get a good workout, but appropriate for the amount of time you have to train," says Dave McGovern, a seven-time Olympic race walker who'll be competing in the 2012 Olympics and is head coach of the U.S. National Race Walking Team. Not sure if you're moving quickly enough? When you can easily talk to a walking buddy or sing along with your iPod, you're going too slow.

If a half hour of brisk walking is unfeasible, start small. "There's no need to worry about being too slow because if you just get up and walk, you're lapping the person who's sitting on the couch," says Lizzy Kemp Salvato, a race walking coach in San Diego with a master's in exercise physiology. "Studies show 10 minutes of walking in chunks throughout the day can be beneficial." So walk for 10 minutes three times a day until you can handle 30 minutes of continuous walking. Once you can comfortably walk for a half hour, you can begin to increase your speed.

2 | Cover More Ground

Another way to ramp up your workout: Go farther. Instead of focusing on speed, distance workouts are all about endurance. You won't be able to sustain the same level of intensity you do on shorter walks, but that's OK. Instead of walking at a too-fast-to-talk speed for 30 minutes, try walking briskly for an hour. If 10 minutes of vigorous walking leaves you huffing and puffing, slow it down for a 15- or 30-minute distance walk. Just as you'd build up speed, you can gradually increase the distance you walk.

Cranking up your distance-walking program can work in tandem with your speed-walking plan. "On the one end of it, you want to work on going a little bit faster even if it's a little bit shorter," says McGovern. "And then on the other end of the spectrum, you might start building the distance one day a week."



Weighty Matters

Because walking is low-impact exercise (unlike running, your feet don't pound into the ground and stress your joints),

the risk of injury is slim. That is, unless you carry weights in an attempt to intensify your workout. "That little 2-pound weight on your wrist multiplies into a lot of wear and tear on the shoulder joint," says race walking coach Lizzy Kemp Salvato. "Same thing with ankle weights on your legs. Our joints aren't designed to carry weight like that."

3 | Challenge Yourself

If you really want to increase the difficulty of your workout, walk both faster and farther. Or, climb a hill or your treadmill's incline, which also will sculpt your glutes (buttocks).

But be cautious if you have arthritis or joint pain; the descent can be rough on the joints. "You've got to be

careful of going down the hills too fast,” McGovern says. “You do land pretty hard on that front leg, and that can be bad for everything from ankles to knees, lower back, [and] hips.”

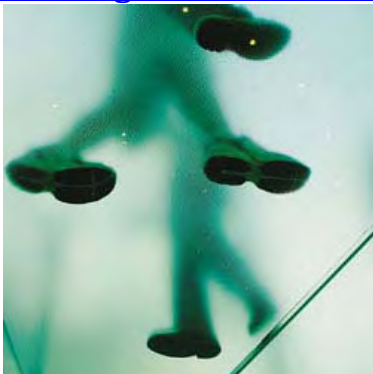
4 | Spice Things Up

Constantly changing your workout is doubly beneficial. For starters, it keeps away boredom, which can land you right back on the couch. Plus, it will make sure you work your body in more than one way. A week of walking should ideally feature a day doing a faster, cardiovascular-type workout, a day working on muscle endurance through distance, and a strength-training day with hills that work the legs and help add lean muscle, says Kemp Salvato. You can go a step further, she says, by strength training (at home or a gym) and stretching to improve flexibility.

Or add variety within workouts. For instance, Kemp Salvato suggests having fun with cardio exercises by walking fast for a few minutes and then slow for the next few, alternating until you’ve hit 30 minutes. You can base your speed on distance, walking quickly for a quarter mile, then slowly the next. Racing from streetlight to streetlight or from house to house—with a slower pace in between sprints—counts, too.

The beauty of walking is that you can modify it to suit your lifestyle, whether you have to fit exercise in between picking up the kids and making dinner or do it on your lunch break from work. Your start can be slow or speedy. Do it alone or with a friend. “Most sports require a certain level of fitness or body type—strength, ideal body weight, good alignment without knee problems and back problems,” says Kemp Salvato. “Walking really welcomes everyone with open arms.”

[Walking Boosts Brain Function](#)



[Walking](#) boosted brain function in a study of formerly sedentary individuals who had gotten almost no exercise in the previous six months. During the study, they walked for 40 minutes three times a week for a year. Over that time, regions of their brains that previously had little to do with one another began to interact. Since connectivity is a hallmark of young healthy brains, the results suggest that exercise may help turn back the brain’s clock.

Register.

Ask a Friend. Start a Team.

Stop Diabetes.

Join the Atlanta Tour de Cure!



Date: May 20, 2012

Start Location: Boundary Waters Park

Event Manager: Aimee Yrlas Simpson

Email: asimpson@diabetes.org

For more information,
call 1-888-DIABETES x3034 or
404-320-7100 x3034 or [Contact Us](#).

GOAL: \$775,000.00

ACHIEVED: \$240,987.29

Are You A Red Rider?



A Red Rider lives with diabetes every day, type 1 or type 2. A Red Rider lives with diabetes every day, type 1 or type 2.

You are why we ride and we want to celebrate you at the Tour de Cure.

With hundreds of riders who may share a similar story, and hundreds more to support you, being a Red Rider can help with your first step or your millionth—in your fight to live a healthier life!

Register and learn more about the Red Rider program on the Red Rider page on this site and from your local coordinator at 1-888-DIABETES.





"Vision of Peace"
2010-11 Grand
Prize Winner

Raj Phairembam,
a 11-year-old boy
from Moirang,
Manipur, India.

"Imagine Peace"

Peace Poster Contest Theme Announced

For more than 25 years, the Lions International Peace Poster Contest has given young people a chance to express their visions of peace. And now, we're excited to announce the theme for our 2012-2013 Contest – **"Imagine Peace."** If your club would like to sponsor a contest in a local school or youth group, Peace Poster Contest Kits will go on sale on 15 January 2012 from Club Supplies.



LIONS INTERNATIONAL ESSAY CONTEST RULES

Dear Lions,

Lions Clubs around the world are encouraged to sponsor students in the Lions International Essay Contest. This contest was created to offer an opportunity to visually impaired young people to express their feelings of peace. The theme of the 2012-13 Lions International Essay Contest is **"Imagine Peace."** Students who are visually impaired and who are ages 11, 12 or 13 on 15 November 2012, are eligible to participate. Work with your fellow Lions, local schools and area families to identify young people who are interested in participating and who could benefit from this program. One grand prize winner will receive an award and US\$5,000.

The contest theme is

"Imagine Peace"



STEPHEN HELWIG, MD18 LEO CLUBS CHAIR

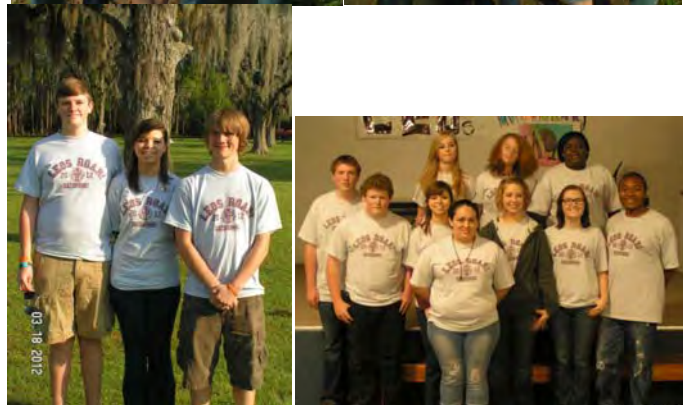
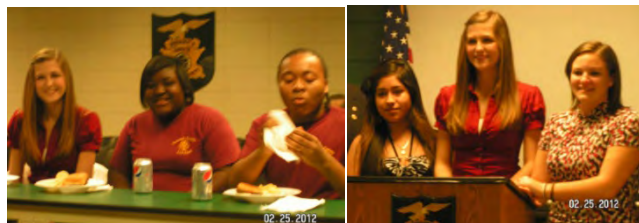
Georgia's Lions should be justifiably proud of their young people who have taken up the challenge of service as Leos. MD18 Leo is the next level of dedication and service and is here to benefit ALL of Georgia's Leos. I want to once again encourage all Lions and Lions clubs - ESPECIALLY those that sponsor a Leo club - to take an active role in getting their Leos involved on the state level. As always, my fellow Leo Program Committee members and I are available to answer any questions and/or assist the Leos and Lions to make their clubs as strong and active as possible.

Georgia's Leos - the NOW as well as the FUTURE of the best Service Organization worldwide! Let's help them be the best they can be and we'll ALL be better for it!



18-C LIONS YOUNG AMBASSADOR

LEO CLUB REPRESENTATIVES—ROSELBIA CARRANZA (COLQUITT COUNTY), HALEY ETHREDGE (SEMINOLE COUNTY), AND CATHERINE SUMNER (EARLY COUNTY) FOLLOWING THE SPEECH PRESENTATIONS OF “I BELIEVE” AT THE 18-C LIONS DISTRICT CONVENTION IN CORDELE.



18-C Young Ambassador – Haley Ethredge was named the 2012 Lions Young Ambassador for District 18-C at the Lions of Georgia District 18-C Convention held February 25, 2012 in Cordele, Georgia. Ethredge was sponsored by the Seminole County LEO Club and the Lake Seminole and Donalsonville Lions Clubs in this event. Catherine Sumner (Early County LEOs) and Roselbia Carranza (Colquitt County LEOs) were also named finalists for the 2012 Young Ambassador. The Lions Young Ambassador of the 21st Century program was established to recognize youth for outstanding community service involvement, leadership accomplishments, public speaking skills, and scholastic achievement. All three Ambassadors were noted to be active participants and leaders in a variety of school, community, and service events. The YA program centered on the Lions 11-12 International theme of “I Believe.” Lions Past International President Jim Ervin, Lions International Director Gene Spiess, Lions Past International Director Haynes Townsend, 18-C District Governor Jimmy Black, and 18-C Lions Youth Opportunities Chair Chris Sumner presented the Young Ambassador Awards. Ethredge, named the YA for 18-C, was presented a \$250 Service Scholarship from District 18-C Lions. Each participating LEO Club also received a \$100 service grant for the district. Ethredge, Sumner, and Carranza will each received Young Ambassador Scholarships from their sponsoring Lions Clubs.

* * * * *

How the Lions Children First Program Can Help

Your club can organize and implement a successful children's service project in your community. The **Lions Children First Program Kit (KITCF)** includes materials and resources to implement successful Lions Children First projects.

Lions Children First Program Kit (KITCF):

- [Materials Order Form](#) (IAD 251)
- [Activity Guide](#) (IAD 252)
- [Program Brochure](#) (IAD 253)
- [Community Poster features photo of small girl at mealtime](#) (IAD 254A)
- [Community Poster depicts child in need of shoes and clothing](#) (IAD 254B)
- [Certificate of Appreciation](#) (IAD 255)
- [Sample News Release](#) (IAD 256)
- [25 Project Ideas to Serve Children](#) (IAD 257)

In addition, Lions may also download the following **project idea sheets**:

- [Organize a Food Drive to Alleviate Hunger](#) (IAD 258)
 - *Get involved in "Relieving the Hunger" - Global Service Action Campaign for December and January*
- [Organize a Children's Clothing Drive](#) (IAD 259)
- [Collect Suitcases for Foster Care Children](#) (IAD 260)
- [Organize a Hearing Screening for Preschool and School Age Children](#) (IAD 261)

To place an order for the Lions Children First Program Kit please [contact us](#) at children@lionsclubs.org

* * * * *

A Chance to Be Included – Without Limitations

Lions are willing to do whatever it takes to make our communities better places to live. That's why Lions support recreational camps to meet the special needs of persons with diabetes. Recreational camps help adults and children with diabetes:

- Lead healthy, happy and productive lives
- Learn about good diabetes management

Lions arrange these camps with input from experts – physicians, nurses, departments and ministries of health or local associations for persons with special needs. Lions also volunteer their time or provide funding for camps organized by other groups.

Online and Paper Registration for Summer 2012 opens January 11, 2012, at 9 am. Please go to our [Registration](#) http://www.campkudzu.org/summer_camp_reg.html page to learn more.

Camp Kudzu offers three weeklong overnight camps for children living with type 1 diabetes ages 8-16, and a Counselor In Training (CIT) program for young adults ages 17-18. Children from all over Georgia come to camp to have fun, learn more about managing their diabetes and make friends who are also experiencing life's challenges of living with diabetes.

We will have the ability to serve approximately 600 children and teens this summer. Summer programs include our traditional overnight summer camps, and more. This year, we offer Teen Extreme Adventure during Sessions 1 and 3 for those who want to venture to a location on the Ocoee River for whitewater rafting, paintball and other activities. Our newest endeavor takes place during Session 3: Camp Kudzu, The Musical! You can sign up to become a star in the theater-intensive program!

The Counselors in Training program is designed for older teens who are now in their junior or senior year of high school. To learn more about the Counselor in Training Program, please scroll to the very bottom of this page.



Dates:

Session 1: Campers arrive Sunday, May 27, and stay until Friday, June 1 Camp Twin Lakes location in Rutledge, Georgia

Session 2: Campers arrive Sunday, June 3, and stay until Friday, June 8 Camp Twin Lakes location in Rutledge, Georgia

Session 3: Campers arrive Sunday, August 5, and stay until Saturday, August 11 Camp Barney Medintz location in Cleveland, Georgia

Cost: \$700, with a nonrefundable \$50 deposit at the time of registration. Camp Scholarships are available for families needing assistance.



Lions Quest

LCIF Lions Quest Grants

Promotional Grants award US\$1,000 to a multiple district or sub-district for the promotion of Lions Quest in a new area. No matching funds are required. Promotional Grants are the perfect aid to jump start Lions Quest activities in a new area. Funds can be applied to informational seminars for Lions, community members, and/or educators. Applications are accepted the first of every month, for review by the end of the month.

Download the Lions Quest Promotional Grant Application and Criteria. = <http://www.lions-quest.org/pdfs/PromoGrant.pdf>

NEW - The Community Partnership Grant program was created to give Lions districts and multiple districts access to small amounts of funding that can be used in a variety of ways that go beyond what is normally allowed in the Core 4 Grant program. Community Partnership Grants should be used to either start Lions Quest programs in new areas, or reactivate dormant programs. Grants are available for up to US\$10,000 at a maximum of one grant award per Multiple District per fiscal year. No matching funds are required. Applications are due by the first of each month, with approvals given within sixty days, until funds are depleted.

Download the Community Partnership Grant Application and Criteria = http://www.lions-quest.org/pdfs/CommunityPartnership_GrantApp.pdf



Lions Quest: A Global Success Story DVD

This DVD highlights Lions Quest classrooms in Italy, Japan, Australia and the U.S. 11:12 minutes.

To request the DVD, please e-mail info@lions-quest.org

View Lions Quest videos on [You Tube](#) and LCIF Foundation videos on the [Foundation Web site](#).

PowerPoint Presentations

The following presentations are available for download: For Lions to learn about Lions Quest or use at club meetings [click here](#).

For Lions to share with educators or use at a school/administrator meeting [click here](#).

Lions Quest information packets are available for Lions and for educators. Packets include overview brochures, fact sheets, and flyers specific to the needs of the school or Lions district. Packets can also include the Lions *Skills for Life* DVD. To request Lions Quest information packets, call 1-800-446-2700.

- [Lions Quest Prospectus](http://www.lions-quest.org/pdfs/LQ_Prospectus.pdf) = http://www.lions-quest.org/pdfs/LQ_Prospectus.pdf
- [Lions Quest How-To Guide](http://www.lions-quest.org/pdfs/lq17.pdf) = <http://www.lions-quest.org/pdfs/lq17.pdf>
- [Lions Quest Fact Sheet](http://www.lions-quest.org/pdfs/lcif312_factsheet.pdf) = http://www.lions-quest.org/pdfs/lcif312_factsheet.pdf



Curriculum Maps

This section provides curriculum maps for Lions Quest programs in the topic areas and grade levels shown.

Skills for Growing

- [Character Education](#)
- [Bullying Prevention](#)
- [Drug Abuse Prevention](#)
- [Service Learning](#)
- [Social & Emotional Learning](#)
- [Suicide Prevention](#)
-

Skills for Adolescence

- [21st Century Skills](#)
- [Character Education](#)
- [Bullying Prevention](#)
- [Drug Abuse Prevention](#)
- [Service Learning](#)
- [Social & Emotional Learning](#)
- [Suicide Prevention](#)
-

Skills for Action

- [21st Century Skills](#)
- [21st Century Skills/Skills Bank](#)
- [Service-Learning and the Framework for 21st Century Learning](#)
- [Character Education](#)
- [Bullying Prevention](#)
- [Drug Abuse Prevention](#)
- [Service Learning](#)
- [Social & Emotional Learning](#)
- [Social & Emotional Learning/Skills Bank](#)
- [Suicide Prevention](#)
-

K - 12 Maps

- [Character Education](#)
- [Bullying Prevention](#)
- [Drug Abuse Prevention](#)
- [Service Learning](#)
- [Social & Emotional Learning](#)
- [Suicide Prevention](#)



LCI NEWS



Where in the World

Have you ever checked the Lions Web site – click on Lions Newswire or check out

Lions News Network
• LQ-Lions Quarterly ?

Wing-Kun Tam President of Lions Clubs International

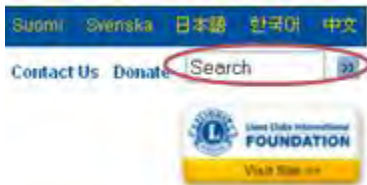


MY CLUB

My Family

As Lions, we are part of a different kind of family. Our family doesn't require biological relation to one another. The strength of our organization, our family, lies with our clubs, and our members form the basis of our clubs. By keeping members involved, instilling pride and treating them with mutual respect as we would our own family, our clubs will be successful. Our philosophy should be "my club, my family."

Use Google to Find What You Need on the Lions Clubs International Web Site



If you wish there was an easier way to find information on the Lions Clubs International Web site, here's great news! Our Web site now uses the same technology as [Google](#) to help you find information fast. Rather than

navigating through our site, simply type the topic you're looking for in our site's "Search" box to display a list of pages that include your topic. The "Search" box is located near the upper right corner of every page on our site, including our homepage. [Try it today.](#)

Get Our Latest News and Events Information Online

To give you easy access to the biggest stories from international headquarters, we recently updated the News and Events section of our Web site. As part of the redesign, the section homepage includes a Latest News area with links to recent news releases, blog posts and LION Magazine online. There's also a Current Events section that brings you updates about the international convention, forums and more. In addition, you'll find links to new videos in the Recent Videos section. [Visit our News and Events section today.](#)

Lions Clubs News and Events

Lions are ready whenever and however our communities need us. Learn about this month's Lions clubs news and events.

Latest News

- [April Lions Newswire newsletter](#) – Read about the keynote speaker for our 2012 convention, recent Web site improvements and more.
- [April LION Magazine online edition](#) – Green hands, green hearts: Lions protect and preserve the environment.
- [President's Service Blog: Feeding the Hungry, California, USA](#) – Enjoy a recent post from International President Tam.

Current Events

- [International Convention](#) – Find out about this year's Lions Clubs International Convention in Korea and how you can register to attend.
- [Protecting Our Environment Global Service Action Campaign](#) – Participate in our campaign during April.

New Videos

- [Global Impact](#) – View video of how Lions are making a difference around the world.
- [Improving Sight](#) – Learn how Lions in Arizona help parents see so their children can read.

Service Activity Report

Did you know that you can use the search feature in the Service Activity Report to learn more about projects organized by other clubs around the world? Searches can be narrowed down by geographic location or activity types. For example, you can search for project ideas related to the Sharing the Vision Campaign or look at projects taking place in a specific district. Try it!

LIONS QUARTERLY



Watch [LQ video magazine](#) to see how canines become life-changing companions.

HIGHLIGHTS

Lions Clubs Blog

Read our blog to get news updates during the month.

Fun New PSAs

Share our new PSAs – and help attract new members.

CONTESTS

Peace Poster Contest

Sponsor a Peace Poster Contest in your community.

International Contest

Enter your Newsletter, Trading Pin, Banner or Web Site today.

EVENTS

Calendar of Events

Review upcoming Lions events and deadlines.

CONNECT WITH US ONLINE





Dear Lion,

A few days ago, we marked the one year anniversary of the Japan earthquake and tsunami. I am sure that many of you, like me, were deeply struck by this tragedy. I knew that, immediately, Lions throughout the world and our Foundation would quickly respond.



Today, the relief efforts have transitioned into rebuilding efforts and the financial support has grown to more than US\$21 million. With more than 100,000 Lions in Japan, Lions continue to help those in need through long-term relief efforts. Lions' [response to disasters](#) is incredible - from the recent tornadoes in the U.S., to the earthquakes in New Zealand and Haiti, and the floods in Thailand.



Now, we need to respond to a quiet disaster that causes 450 children to die each day. Through our [One Shot, One Life: Lions Measles Initiative](#), we can help to save the lives of 157 million children this year through measles vaccinations. It is easy for you to help these children - [for less than US\\$1](#), we can vaccinate one child for life. I want to thank you for the generous donations that we have already received.

I continue to be amazed and impressed at the positive difference we are making in the world through all of our great initiatives. Last month in Haiti, the newly constructed National Nursing School was inaugurated. More than 400 students will study there annually. [Lions Quest](#) has expanded to three new countries, teaching more students than ever the value of social and emotional skills; and [SightFirst](#) continues its inspiring work in saving sight around the globe.

I thank you for your continued support.

Sid L. Scruggs, III
Chairperson, Lions Clubs International Foundation

Lions Quest Expands in Africa

[Lions Quest](#) recently expanded to five countries in Africa with a US\$150,000 grant from the U.S. State Department. Kenya, Uganda, Tanzania, Malawi and Botswana each began Lions Quest training workshops in March, which will train up to 1,000 teachers to provide positive life skills and a safe learning environment for up to 35,000 students. The materials for the students will be translated and adapted to local cultures. Lions are also training two Lions Quest trainers per country, aiding the expansion of Lions Quest in these countries.

Zeiss USA Partnership Creates Fundraising Opportunity

We are happy to announce LCIF's partnership with Zeiss USA, a leading provider of optical products. Through this opportunity, local Lions clubs can raise funds by purchasing lens cleaner kits to be offered as a fundraising product. The cleaning solution is of the highest quality and safe for all glasses, smart phones, monitors, tablets and more. In addition to the fundraising opportunity for clubs, LCIF will receive \$1.50 for every kit sold. Several clubs have already used this fundraising opportunity to generate significant financial support for the Lions Measles Initiative and local community needs. To learn more, visit the Web site at www.LionsLensCleaner.com or call 866-560-1727.



**Follow *One Shot, One Life:*
Lions Measles Initiative Online**

Samsung 3D-HDTV
55" Class Smart TV
LED 8000 Series
Advanced Internet
Application
MSRP \$3599



- > Smart TV featuring Web-Connected Samsung Apps & Web Browser
- > Captivating 2D & 3D in Full HD 1080p
- > Ultra-Slim Bezel creates a Virtually Edgeless Picture
- > Stunningly Vibrant LED Picture Quality with Micro Dimming Plus

Raffle Prize for
Lions of Georgia
2012 MD 18 • State
Convention
May 25-27, 2012
Marriott Riverfront Hotel
Savannah, Georgia

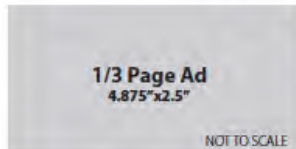
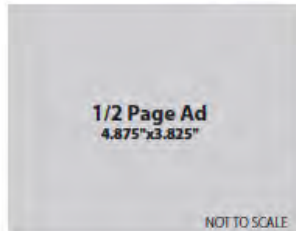
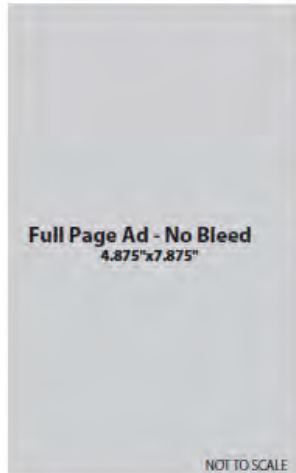
The price of the raffle ticket is \$1.00.

Winning ticket to be pulled at Convention.

Winner need not be present to win. To receive Raffle Tickets, contact: Lion Chip Nedza via email at chip993@msn.com



Lions of Georgia
2012 MD 18
State Convention
May 25-26-27, 2012
Savannah, Georgia



Convention Booklet Ad Specs & Rate Sheet
 Ad Name: _____

Full Page Ad Pricing \$100

1/2 Page Ad Pricing \$60

1/3 Page Ad Pricing \$35

File Specifications

Types of Acceptable Files: **Word**, JPEG, TIFF, or PDF. PDF files are preferred. All files should be supplied as flattened CMYK artwork at a minimum resolution of 300 dpi.

Note: Please embed all fonts and images. All files & images used MUST be a minimum of 300 dpi to ensure adequate print results. Please check all supplied files prior to submission. We are not liable for color or copy errors.

NOTE: If you have any problems submitting ads as specified above, please just mail all information wanted in the ad to Lion Chip Nedza at the address below.

Deadline for submitting artwork for ads: January 30th, 2012

Make Checks Payable to: [Lions of Georgia MD Convention](#)

Mail Checks to: [Lion Chip Nedza](#)

[73 Mill Run Terrace](#)

[Richmond Hill, Ga. 31324](#)

Please submit all ads to: chip993@msn.com

2012 Georgia Lions MD 18 State Convention
May 25-27, 2012 Savannah, Georgia

Special Thursday Event (For those coming in early):

We will have "Night Out with Incoming International President Wayne A. Madden" at The Historic Charles H. Morris Center, located across from the Marriott Hotel. The meal will be catered by Paula Deen's The Lady and Sons Restaurant. The Deen's will be on hand to welcome the Lions!

The cost will be \$35.00 – This includes a buffet meal and a talk with the Incoming International President Wayne A. Madden. Other activities are also planned for this exciting evening!

Friday: Registration and Exhibits; Organizational Meetings – Lighthouse and Camp meetings; Opening Ceremony; Special Live Performance (TBA) Following the Opening Ceremony!

Saturday: District Breakfasts; General Convention; Business Session; Melvin Jones Luncheon (\$30.00); Seminars; State Awards; District Governor's Banquet

Sunday: Dist. Breakfast; Necrology Service; Final Conv. Business Session.



International
President
Wayne A.
Madden”

LIONS OF GEORGIA

2012 MD 18 CONVENTION

SAVANNAH, GA

MAY 25-26-27, 2012

HOSPITALITY BOOK AND EVENT REGISTRATION

NAME (check boxes that apply) Each person receiving a hospitality book must be listed.	# Hospitality Books	# MJF Luncheon tickets	# Thursday Night with IP Wayne A. Madden	Lion (check)	Leo (check)	Guest (check)	Dietary Restrictions (type)

Club:		District:	
Address:		City, State, Zip:	
Email Address:			

Hospitality Book Includes: 2 District Breakfasts and District Governors Banquet on Saturday Night.

Cost of Hospitality Book is:

Before Sept. 30, 2011	\$90.00	Oct. 1, 2011- Dec. 31, 2011	\$100.00
Jan 1, 2012-April 30, 2012	\$120.00	After April 30, 2012	\$130.00

Hospitality Books	#	@	each	Total Amt.:	\$
MJF Luncheon	#	@	\$30.00 each	Total Amt.:	\$
Thursday Night with IP Wayne A. Madden	#	@	\$35.00 each	Total Amt.:	\$
Make Checks Payable To: Lions of Georgia MD Convention				Total Amount Due:	\$
Check #/Cash:		Date Paid:		Amount Paid:	\$

MAIL REGISTRATION FORM AND CHECKS TO:

Lion J. Stan Bazemore, PCC
P.O. Box 868
Lyons, GA 30436
912-526-8808 – Home
912-538-9700 – Work
js_bazemore@yahoo.com

HOTEL INFORMATION:

Savannah Marriott Riverfront
100 General McIntosh Boulevard
Savannah, GA 31401
912-233-7722 or 1-800-285-0398
Make Reservations Directly with Hotel
Tell them you are with the Lions Convention!



Georgia Lions Magazine

1441 Burycove Circle, Lawrenceville, Georgia 30043

<http://galions.org/md18.html>

