



<u>District Governor</u> Ed Hashbarger **Fellow Lions,**

It's great to be a LION! "An idea that is developed and put into action is more important than an idea that exists only as an idea."

I certainly appreciate all those Lions who volunteered their extra time by serving on our District Cabinet and State level Committees. For those who wish to stay on as a cabinet appointee or those who wish to join – please do not hesitate to contact your 1stVDG and give him your future support.

Now – if you are passing this around – only print what you think would be of interest to others.

Now, if you are passing the information from this Bulletin onto the local newspapers, church bulletins and other community news outlets, etc.... you would be able to let others know more about Lionism. **Publicity and communication are the KEYS – use them.**

During my travels, I am amazed at seeing the growth. That means new people who might be looking to fit in. What a better way to fit in than when you invite them to a meeting. and they get interested and involved themselves. This is Membership month - just ASK.

Are you ready for 8 October – your District Rally? Lion Dan Stuart has put in many hours of preparation in making this one of the best. Please bring your spouses, other Lions, LEO's and guests. This is Your Rally and you deserve it.

During my travels back and forth, when driving, I just start thinking of what I am going to do, what should I have done differently or I start thinking of what some Lions say or I may think of how something could be done or changed. This does pass the time, but also new ideas come to be. Also, it seems there are times when I run out of time and I know I have to make changes to the web site in order to keep you up to date. Please check out the web site and let me know what should be changed and/or added.

The next couple of months are going to be busy times – make them even better by thinking of "Relieving the Hunger" Service Action Campaign – I know that many Clubs will be organizing projects that mobilize your club members to make a difference in your community – by helping those who don't have enough to eat. I THANK YOU for your commitment in this area.

Thanks again for being who you are – LIONS – I'm very proud.

Remember – "The significant problems we face cannot be solved by the same level of thinking that created them."

Yours in Lionism, Ed Hasbarger



You know how time flies when you're having fun -- mark your calendars for:

18-D 56th District Rally 8 October = Hall of Fame and District Rally

Time to be going to the District Rally. Inform all of your members to come and enjoy the evening with fellow Lions – our family of District 18-D and join



in by welcoming some Lions from District 18-F.

Location – Oconee County Civic Center, 2661 Hog Mountain Road (Hwy 53), Watkinsville, Georgia.

The Cabinet Meeting will start at 1:00 pm. Hall of Fame will start at 2:45 and at 3:30 we will show a movie "Going Blind".



The Rally/Dinner will start at 5:30 and we will have PID Robert "Bob" Browning, Jr., and his wife Jo Ellen of Pineville, West Virginia

This is a good time to ensure that all new members are invited to attend. Cost will be \$20.00 per person. Come one, come all...

Silent Auction tables will be set-up for ALL baskets.

Check out Certified Guiding Lion Training on page 11

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"Sharing the Vision" Global Service Action Campaign

Focusing Attention on Preventing Blindness and Improving Sight

For more than 12 years, Lions **World Sight Day** (9 October), held annually in October, has focused attention on eliminating preventable blindness and improving sight. On World Sight Day, Lions clubs around the world conduct special sight-related projects including:

- Collecting eyeglasses
- Conducting vision and diabetes screenings
- Planning educational programs to inform their communities about the importance of eye health – and diseases such as diabetes that can impair sight



"80% of all vision impairment can be avoided or cured."

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World Health Organization

Plan for Sight Night 2011. What do we do?

Decide who is going to organize and collect eyeglasses for your Sight Night activity. Consider partnering with your Leo Club, Boy or Girl Scouts, Children Church Groups, schools, etc. Confirm the date for trick-or-treat in your community.



We are the greatest secret in the world and it's up to you to spread the word



Where in the World

Have you ever checked the Lions
Web site – click on Lions
Newswire or check out =
Lions News Network
LQ-Lions Quarterly

I Believe in You



Wing-Kun Tam, International President

I Believe Resources

Use the following resources to help your club – and our association – make a difference through service and impactful projects this year:

- I Believe brochure: Read about 2011-2012 international president's theme brochure, I Believe.
- I Believe logo: Download 2011-2012 international president logo to use on club communications and promotional materials.
- Global Service Action
 <u>Campaigns</u>: Participate in Global Service Action Campaigns to bring attention to the service Lions provide for the environment, youth, sight and more.
- <u>Tree Planting Campaign</u>: Take part in International President Tam's campaign to plant 1,000,000 trees during his presidential year.
- "The Believer's" Award: Read about "The Believer's" Award – a special recognition award for those who demonstrate their belief in the power of service by planting a tree.

- First Believer Awards: Learn how the First Believer Awards will recognize District Governors who achieve strong membership results in the first four months of their year.
- <u>Service Awards</u>: Find out about the Service Awards – and how they will recognize outstanding achievement by clubs and districts in the area of service.
- My Club, My Family: Get tips your club can use to instill the philosophy "my club, my family."
- Welcoming New Members: Use this pocket card checklist as a reminder to welcome new members as you would family.

Peace Poster Contest

"Children Know Peace" is the theme for this year's Lions International Peace Poster Contest. The 20-year old annual competition encourages young people worldwide to visually express their visions of peace. With as many as 350,000 young people participating each year, the contest is one of Lions Clubs International's largest and most recognizable programs.

Find out more about the <u>Peace</u> <u>Poster Contest</u> on the LCI web site.

Dear Fellow Lion President,

You know, there are only two people in Lions Clubs International they call 'president' - the international president and the club president. That's right. You and me.

The club is the most important part of our association, so my emphasis this year is on you - the club and its members. During my travels this year, I've been taking every opportunity to meet with club presidents in **Presidents-meet-the-President** seminars and meetings. I want to hear from you, understand your club's needs, and learn from your experiences. If we cannot meet in person, I've created a special email address for you to contact me: pres2pres@lionsclubs.org.

I've also given enough of my 2011-12 presidential pins to district governors so that each of you -- the Club Presidents -- can receive one from your district governor on my behalf. I wanted all club presidents to know that I consider you members of my own family.



My Story

I remember feeling excited and a bit anxious when I became a club president. I was this young guy, still starting out in life, taking over as president of a club that had been guided successfully by Lions who were at least twice my age. My mentor was the club's charter president who was 94-years-young when he wielded the gavel.

Friendship tied us together, having fun and enjoying our service made it a joy, not an obligation. It kept us coming back again and again.

For a successful year I encourage you to create a club atmosphere that

fosters friendship and a sense of family, and incorporate fun with serving. The rest of it, from having meaningful meetings to running effective service projects, will take care of themselves.



I BELIEVE

By now, you know my theme for 2011-12 is "I BELIEVE". If you truly believe you can do something to make a difference, you will do it.

When a massive earthquake in 2008 devastated Sichuan, China in my own country, despite the overwhelming chaos I believed I could do something to help - even if it meant helping just one victim. The Lions in my area believed they could help, too. And together with the support of LCIF and Lions worldwide, we went on to rebuild schools, clinics and even several entire villages. But nothing would have started, and nothing would have gotten done, had not we believed. So I'm calling on all Lions this year to BELIEVE. Believe we can accomplish whatever we set out to do.

You know, I BELIEVE we can do it. But do you? Let's work together to transform I BELIEVE into the power of WE BELIEVE.

I believed we could plant 1 million trees this year, and we are off to a great start. Already nearly one thousand clubs have reported their actions, and we have planted over 700,000 trees. Be sure to report your club's tree planting efforts.

It's truly amazing what we can accomplish when we BELIEVE.

With warm regards from your friend and your newest member of the family,

Wing-Kun Tam International President

Enter the Lions Clubs International Contest

The Lions Clubs International Contest gives Lions the chance to showcase their hard work and creativity. Clubs, districts and multiple districts are encouraged to submit their entries for this year's Contest in four categories: Newsletter (Bulletin), Trading Pin, Friendship Banner and Web site. Download the official entry form for more information.

October Service Action Campaign: Sharing the Vision

Every five seconds, someone in our world goes blind - and a child goes blind every minute. Lions have an opportunity to show the strength of our worldwide network during a special service action campaign, "Sharing the Vision." During October, we invite your club to join Lions around the world as we lead the fight against blindness. Join the campaign.

Take Part in Our Commemorative Coin Campaign to Help Raise Millions for LCIF

How much is a Lions' silver dollar worth? About \$8 million! That's how much we hope to raise for LCIF if Congress passes a commemorative coin bill honoring our centennial in 2017. Getting Congressional approval is not automatic. Congress passes only two commemorative coin bills per year. Many Lions - including past international presidents, past international directors and other members - are lobbying their congressional representatives to pass the legislation. Learn how to take part in this campaign.



Lions Clubs International

LIONS QUARTERLY



Watch <u>LQ</u> to see what our first Peace Poster Contest winner from 1988 is doing now.

HIGHLIGHTS

Commemorative Coin

Support this campaign to commemorate our centennial.

Lions Clubs Blog

Read our blog to get news updates during the month.

CONTESTS

Peace Poster Contest

Sponsor a Peace Poster Contest in your community.

Environmental Photo Contest

Organize a club-level contest to showcase the beauty of nature.

EVENTS

Calendar of Events

Review upcoming Lions events your club can promote locally.

CONNECT WITH US ONLINE















Dear Lion,

As a parent and grandparent, one area of service that is especially important to me is programs that benefit our youth. Our Foundation offers this service opportunity through Lions Quest. Our kids are learning more than what is printed in a textbook; they are developing vital skills that will fully prepare them for their teen and adult years.



I've witnessed the success of this program from my home state of North Carolina, USA, to Thailand.



Lions in these areas and around the world know the value Lions Quest has for kids. It's exciting that this program continues to grow each year, and this is only possible because

of you, Lions. Just last month during our Lions Quest Advisory Committee Meeting, we awarded 26 grants for more than US\$1.2 million-a new record! Three of these grants are for France, the Republic of Georgia and Slovenia to begin the program, bringing the total number of Lions Quest countries to 69.

We are also working with new partners and organizations to help us in our expansion efforts. In August, a training workshop was held for 31 teachers and personnel from Joint Base Lewis McChord, a U.S. military installation in the state of Washington. These educators will use Lions Quest to positively impact the lives of kids whose parents have been repeatedly deployed for active duty. With grant funding from the U.S. State Department, we will adapt Lions Quest materials for use in Africa and expand our programs in five countries. And many Lions have successfully

partnered with their local governments and ministries of education. In Lithuania, for example, the Lions received a 500,000 Euro grant from the European Union to expand the program nationwide.

We are eager to work with you, and I encourage you to appoint a Lions Quest chairperson in your district, if you do not have one, to help lead this effort locally. I invite all of you to learn more about this important program during the area Forums, where we will have a Lions Quest seminar or training. If you are unable to attend, all of these materials will be available on our new LCIF
LCIF
Web site.

Sid L. Scruggs, III Chairperson, Lions Clubs International Foundation

SightFirst Expands

Sixteen grants totaling US\$4.6 million were awarded for Lions' SightFirst projects during the August SightFirst Advisory Committee Meeting. Grants include:



continuing a partnership program with The Carter Center for trachoma control in Ethiopia; cataract surgery programs in India, Nepal and Sri Lanka; and the expansion of a Lions' Low Vision Project in Kansas, USA. View the full list

Lions World Sight Day

Make plans now to mark <u>Lions World Sight Day</u> in October and join the <u>Sharing Our Vision Global Service Campaign</u>. Lions are encouraged to plan a sight-related event, such as vision screenings, cataract surgeries or eyeglass distribution. The international event will be held on October 9 in Shenzhen, China, and will include the inauguration of a Lions low vision clinic and vision screenings for nearly 15,000 people.

Relief Following Disasters

Several areas of the United States experienced widespread flooding and damage following <u>Hurricane</u> <u>Irene</u>. LCIF is providing grant funding to several states and Puerto Rico to assist in cleanup efforts and provide needed goods to displaced families. Lions also continue to provide relief in other areas, including the <u>Horn of Africa</u>, <u>Haiti</u>, <u>New Zealand</u> and <u>Japan</u>





Fellow Lions:

As a member of your club – have you gone in and sat down and looked around? While eating – have you looked at or maybe listened to your fellow Lions? Are you one of those who think "Gee, what am I really doing here?"

Many Lions Clubs within the United States have grown old and Complacent. Complacency is a known problem and must be clearly recognized as a causal factor in killing any organization. This makes people fear the unknown and untried, and reject especially the new. People resist to change. They will stick to what they have always done even when it stops working because.... well it is what they have always done. We become self-satisfied especially when accompanied by unawareness of actual dangers or deficiencies.

There are times when YOU wish you could just stand-up and say – "Wake up and smell the roses." "Have you forgotten why you are a Lion?" "In fact, WHY did you become a Lion?"

Maybe now is the time that YOU really ask the question to your fellow members. Maybe this is one of the causes why your Club cannot retain any new members.

Maybe this is the time YOU take ACTION. Remind those Lions of the Code of Ethics, Objects, Mission Statement and "WE SERVE."

Maybe this is the time YOU take ACTION.....

LIONS ARE men and women who believe that by working with other dedicated Lions, they will accomplish more for their communities than would be possible alone.



Face in the Mirror

My wife and I attended an "investiture and Rededication" event for Brownie Girl Scout Troop #48 in Warner Robbins, GA. Our daughter is the Troop Leader. Her two daughters are Girl Scouts of early age: one was a "Daisy"; the other a fledgling "Brownie." The "Investiture" moved "Daisy" Scouts to the Brownie level while the other "Brownies were "rededicated."

For elevating a Daisy to a Brownie, there is a procedure. The Scout Leader turns the "Daisy" around several times and the girl say "Turn, turn, twist me and turn me and show me the **Elf**. Then I looked in the *water* (a mirror surrounded by autumn leaves) and I saw myself! Following this the leader would ask them to Make the Girl Scout Promise: "On my honor I will try: To serve God and my country. To help other people at all times, and to live by the Girl Scout Law." These Girl Scouts wanted to join in "helping" others. Adult leaders and assistants pledged to guide them on step by step.

I recommend that each of us **see our own image in a mirror** and then consider a Biblical passage: "But be doers of the word, and not merely bearers who deceive themselves. For if there are any bearers of the word and not doers, they are like those who look at themselves and, on going away, immediately forget what they were like." (James 1:22-24)

Looking into a **MIRROR**, do we Lions discover there one pledged to invite new people to become Lions and offer to guide **them** *in their progression*?

THE LION magazine (October 2000, page 4) includes a picture of a young man's reflection.



Following are the words: "Look – Would you like to see someone who makes a difference in the lives of people in their community and around the world? Look in the mirror and you will see a person that person, a Lions Club member. As a Lion, you touch the lives of countless people...no matter which club you belong to." Following this is the Lions Logo and the words "We Serve."

"We are invited to be involved in "Year round Membership Enlistment." We are to sponsor the one(s) we have invited and serve as "Mentor" to the LIONS(s) that we bring into the Club. It takes commitment and rededication for each of us.

Lion Del Von Almen, Past District Chaplain Time does not change - just Lions

Dear Lion Leaders,

Just two short months ago, I stood on a stage in Seattle, Washington as your new international president, and I asked you to believe in you selves - to believe in our mission of service to others, and to believe that together we could accomplish anything we set out to accomplish. That included planting 1 million trees. I told you if we can plant a million trees, it will reinforce the limitless potential we all know we have to make a difference as Lions. When I asked "do you believe it" the Lions present that day responded with a resounding "yes."



Lions - I am proud to announce that in just the first 60 days, we have surpassed our ambitious goal of planting 1 million trees. As of September 7th, the Lions of the world have planted over 1.3 million trees!!

But we aren't done yet! I believe we can continue the momentum we have already put in motion. Any of us can plant a tree. It's a very visible and hands-on way for each and every Lion to make a difference. It's also a great project to invite your community at-large to join your local Lions club in a collaborative effort. So make tree-planting part of your club or district activities this year, and invite your neighbors, friends and members of the community to join you. What better way to be reminded of our gift of service than to watch the trees you have planted grow year-by-year? We will continue to report the number of trees being planted on this Web site. Tree planting and the care and nurturing of our environment remains a cornerstone of my presidential theme.

There is so much more to accomplish. With care, the trees we have already planted, and will continue to plant throughout the year, will grow and benefit generations to come. New and current Lions members, nurtured in a family friendly club atmosphere, will benefit the world immeasurably.

Again - thank you and congratulations on surpassing our first goal of planting 1 million trees.

For more on this and other stories, visit <u>Success Stories</u>. For a list of helpful resources in your area, visit the <u>contacts</u> page in the Million Tree Planting section.

Remember that district governors who achieve at least 50 percent participation in the tree planting campaign qualify for the <u>Believers Award</u>. The top 100 clubs in each constitutional area which plant the most trees will also receive a Believers Award.

I believe we can attain each and every goal outlined in my presidential theme <u>brochure</u>. Lions - do you believe it?

Sincerely,

Wing-Kun Tam International President

Volunteering as a Family

Volunteering together makes your family stronger and helps make the Lions family stronger.

When you invite family members to take part in your club's projects, you increase quality family me and have the opportunity to serve as a good role model for your children and allow them to experience the joy of serving others. You will also have fun! In addition. you also bring new hands and vital energy to help your Lions club better serves the people of your community and the world.

The Family
Membership dues
discount makes it
easier for all members
of your family to
become active
Lions club members.
Lions Clubs
International's new Cub
Program (pdf) helps
make clubs even more
family-friendly.

Global Membership Team and Global Leadership Team

Since July, the Global Membership Team (GMT) and the newly created Global Leadership Team (GLT) have been working side-by-side for club success. Each has a separate but parallel structure at the global, multiple district and district levels.

District GMT and GLT coordinators have been appointed by the district governor teams.

GMT coordinators help identify district and club community service opportunities, assist in setting membership goals, identify and aid struggling clubs.

GLT coordinators identify future leaders, and provide training to club officers and members.

The GMT coordinators and zone chairpersons identify candidates (clubs) for the <u>Club Excellence Process (CEP)</u>. This program helps clubs examine community needs, analyze membership experiences, identify and train future leaders and develop action plans. Once a club is willing to participate the GLT D coordinator will assign a facilitator/"coach."

For more information on the GMT

Global Service Action Campaigns

Engaging Our Youth

Clubs around the world have begun reporting their participation in the August Engaging Our Youth global service action campaign, contributing numerous volunteer hours. Please use the Service Activity Report to report your club's participation and be included in the global impact of this campaign.

Sharing the Vision

Less than a month remains to make plans for <u>Sharing the Vision</u>, the year's second Global Service Action Campaign.

Sight preservation and service to the vision impaired is one of Lions oldest, most important and most successful service initiatives. Despite our great success in the field, the need for our help still exists and is still urgent. Even in today's world, one person goes blind every five seconds.

Your club could:

- sponsor vision screenings;
- organize eyeglass collections, and
- volunteer at institutions that aid the visually impaired.

Your district and club's participation will reaffirm Lions commitment to this vital area of service.

Set Your Sights High

Lions Clubs International Century of Service Commemorative Coin

Lions Clubs International (LCI) is leading efforts to \min 350,000 silver dollars in recognition of our 100th Anniversary in 2017.

Take Action Now!

Passage of this legislation depends on securing 290 co-sponsors in the U.S. House of Representatives and 67 co-sponsors in the U.S. Senate. We need Lions from across the United States to contact their federal lawmakers and ask them to co-sponsor the "Lions Clubs International Century of Service Commemorative Coin Act." Write or call your lawmakers today!

- Look up your representative in Congress by zip code
- Fill-out this letter and send it to your U.S. Senators and U.S. Representatives
- Use this <u>phone script</u> when calling your member's district or Washington D.C. office
- Before contacting your lawmakers, be sure to read these tips
- Share your experience by filling out this <u>report back form</u>. <u>Email</u> or fax it to 630-706-9248

Networking

Can people in your community "like" you on Facebook? More than half a billion people around the world are members of this social network site making it an essential tool for projecting your club's image, especially to young people.

If you are a social networking novice, view Social Media 101 Best Practices Guide for tips on setting up and using Facebook and Twitter.

You can also use Lions Clubs International's <u>E-Clubhouse</u> tool to set up a website for your club in just a few minutes. No web design skills are needed.

Choose Your Format

CEP can be conducted in a single workshop. In this format, participants will progress through all four steps in one session.
CEP can also be conducted as a series of four workshops. In this format, participants can take time learning one step per session.



The Club Excellence Process



Choose Your Setting

A club can hold a CEP Workshop during club meetings, or a club can create a separate gathering (such as a retreat) for their workshop. A club may wish to be part of a multi-club workshop at a district convention.

The CEP is a proven workshop dedicated to club improvement. Clubs that participate will look at their community needs, review their membership experience, use existing resources and develop action plans. Through this process - taking a look at your club's past, present and future - you will be able to enhance the motivation and focus of your current members, and identify and attract the attention of potential members who share in the club's vision and mission.

If you are unable to arrange a CEP workshop prior to the end of your year, please work with next year's president and your club's board of directors to have one early in the 2011-2012 year. As you plan for a CEP workshop, don't hesitate to contact your district governor or district governor-elect for more information, or e-mail Lions Clubs International at

clubexcellenceprocess@lionsclubs.org.

Keep the light shining brightly and share it with others to make your community and the world a better place - today, tomorrow, and always!

Sincerely, Jim Ervin // Past International President // GMT/GLT Constitutional Area Leader for USA and Affiliates - CA 1

Program Overview

Step 1: Why Are We Here? (45-60 minutes)

- Step 2: What Makes an Excellent Club? (75-90 minutes)
- Step 3: How Can We Determine Our Needs? (45-60 minutes)

Step 4: What Can We Do Next? (45-60 minutes)

- Discover community needs and complete a Community Needs Assessment
- Discuss how Lions make a difference
- Recognize what Lions have accomplished
- Brainstorm about what Lions could accomplish in the future
- Determine the characteristics of an excellent club
- Talk about the stumbling blocks that prevent us from excellence
- Discuss how to improve your club effectiveness
- Find out how your club rates using the How are your Ratings?
 Survey
- Review the *Community Needs Assessment*
- Review the *How are your Ratings?* results
- Learn about resources available to improve excellence
- Set goals
- Create action plans

CERTIFIED GUIDING LION TRAINING

Our District 18-D Global Leadership Team is working hard to develop leadership training for all Lions in our district. In addition to Zone Chair Training, Member Orientation, Club Officer Training, and Club Excellence Process, we will be offering Certified Guiding Lion Training.

Our first session will be held Saturday, Oct. 8, 2011 from 10:00 a.m. to Noon at Briarwood Baptist Church near Watkinsville. This is being offered prior to our District Rally activities. Attached are directions to the Church. It is a short distance from the convention center where the Rally will be held.

This training will be open to all Lions who are interested in learning more about Lionism. Even if you never serve as a Certified Guiding Lion, this training will help you become a better Lion. This is especially important to all Lions who have been certified as Guiding Lions in the past. You will need to be recertified because of a new program. In order to fit this training into this 2-hour window, you will need to go online and study the course before the training event. To do this, you need to go into the LCI website, www.lionsclubs.org and enter "Certified Guiding Lion Training" in the "Search" box at the top of the first screen. On the next screen, click on "Certified Guiding Lion Program". This will bring up the handbook/workbook. You will need to print out the handbook/workbook and study and complete it. You will need to bring this with you to the training in October.

PID Dr. John Pearce and I will be facilitating this training, and we look forward to having a great crowd for this important training. Watch for other training classes to be held this Lions year in our district. Thanks for all you do for Lionism!

PCC Grace Clower = 18-D Global Leadership Team Coordinator



We are located at the corner of Robinhood Road and Highway 53 approximately four miles west of Watkinsville. We are one-quarter mile west of Oconee County High School. Our physical address is 1900 Robinhood Road & Hwy 53, Watkinsville, GA 30677.

From Watkinsville take Hwy 53 North, turn left at Butler's Crossing (Publix Shopping Center) and continue on Hwy 53 approx. 2 miles and Briarwood will be on the right beyond the Oconee Civic Center and the Oconee County High School.

From Athens take Hwy. 441 South to Hog Mountain Road and turn right at the RaceTrac gas station. (Hog Mtn. Road is the third red light outside of the 10 loop.) Turn right on Hog Mtn. Road and drive North approx. 4 miles and Briarwood is on your right beyond the Oconee Civic Center and the Oconee County High School..

From Atlanta take Hwy. 316 North to Hwy. 53 and turn right on Hwy 53 following the signs to Watkinsville. Briarwood is approx. 14 miles on your left.

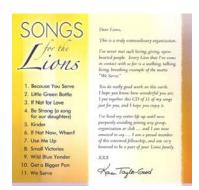
From Conyers take Hwy. 138 to Monroe. If you continue on 138 it will exit on to Hwy. 78 East toward Athens. (From Monroe) Continue on Hwy. 78 approx. 8 miles until you come to Hwy 53, turn right and Briarwood is 7 miles on the left.

From Madison and other parts South take Hwy 441 North to the Watkinsville exit, turn left at the bottom of the exit ramp onto Hwy 53 North. Turn left continuing on Hwy. 53 at the second red light and Briarwood is 2 miles on your right.

PCC Grace Clower
18-D Global Leadership Team Coordinator

For all those who were at the 1st Cabinet meeting – you had questions in regards to the CD that was played prior to the meeting. Here it is and you can go to the following web site and order: http://karentaylorgood.com/lions/index.html





Also, if you scroll down you can view

("We Serve" was selected as background music for the Lions International 2011 Convention advertising video below)

Lions Clubs International Annual Holiday Glass & Crystal Ornaments

Limited Time Offer Don't miss out on these fabulous gifts.



24% Lead Crystal Oval (H41) 3-1/2" H x 2-3/4" W \$18.50 ea.



Jade Glass Tree (H45) 3-3/4" H x 3-3/8" W \$11.50 ea

Prices include laser imprinting of Lions emblem, holiday message and year, gold bow for hanging and gift box.

To place your order please visit our online Lions Shop or call us at 1-800-710-7822 or 1-630-571-5466.

We cannot accept orders after November 9, 2011. Delivery is approximately 3 weeks, after November 9, 2011.

In addition to our online selection of products you can also shop directly through our <u>Official Licensees</u> for many other Lions products.





FALL HAS ARRIVED!! FALL FUNDRAISING IDEAS!

Attention All Lions Clubs International Fundraising Committees:

We here at **Ultimate Fundraising Inc.** are proud to be an **Official Licensee of Lions Clubs International.** I want to thank all of the clubs who have worked with us this past year. We are looking forward to working with you and any of the clubs that have not yet tried our company this fall.

The purpose of this email is to highlight the more popular fundraising programs that we will be offering throughout the summer and this fall. We are encouraging all clubs to contact us to obtain more information and samples to present to their club for consideration and get pre-booked for your fall fundraisers as soon as possible. We are committed to providing your club with excellent fundraising programs and invite you to visit our website to learn more about the programs that may work best for your club. We will provide your club with everything that they will require to run a successful fundraiser this fall once your sign up has been received.

Thanks again in advance and we look forward to working with you all in the near future. Your work in your communities is so valuable and we are here to provide you with the means to raise significant funds to continue making a difference.



NEW First Aid Kit Fundraiser

This is our best fundraising program ever! The program is now new and improved. It offers 10 different \$10 first aid kits and your club makes a profit of 40%. There are also \$20 and \$25 kits available for those who wish to have a more extensive kit.

20 members sell 5 kits each and make a profit of \$400

NEW First Aid Kit Program

Fudge Fundraiser

5 different flavors in a 20oz box. Selling price is \$16 and your club makes a profit of \$7 per box sold. 20 members sell 5 boxes each and make a profit of \$700

Coffee and Beverage Program

Huge selection of coffee, teas, smoothies and more. 40% profit.

20 members selling 5 items each and make a profit of \$500

Norcard Christmas Program

With a 40% profit and a large selection of cards, calendars, jewelry and candles - this is sure to be a favorite of your members. 20 members sell 5 items each and make a profit of \$500

We look forward to working with you! Pat Van Hesteren, President Toll Free 1-888-489-8122 Email info@ultimatefundraising.us

Website www.betterfundraisingideas.com

Also ask about our Refer A Friend program that applies to all of the fundraisers we provide to Lions Clubs. This program allow you to tell others about our company and what we can offer them for fundraising and we pay your club a percentage of their sales just for spreading the word. Contact us today to get your Refer A Friend ID number and start referring today. We thank you in advance.

Dear Lion,

In honor of our 100th anniversary, the Sandy Springs Lions Club in Maryland proposed the minting of a commemorative coin as a way to celebrate our centennial and raise \$8 million dollars for LCIF to aid the visually impaired, the disabled, youth and those affected by major disaster. Your help is needed to put the first Lions coin into circulation!

Show your dedication, commitment and participation by contacting your lawmaker today and receive a downloadable certificate of appreciation due to your congressional outreach.

Thank you to those Lions who have already contacted your member(s) of Congress. So far, we have 77 co-sponsors in the U.S. House of Representatives and 12 co-sponsors in the U.S. Senate. Our goal is to obtain 150 House co-sponsors and 25 Senate co-sponsors by this December!

Lions Take Action Today!

- To find out if your Member of Congress is already a co-sponsor, visit www.lionsclubs.org/coin.
- If your Member of Congress is not a co-sponsor:
 - Download a <u>phone script</u> or <u>letter</u> to call or write your Senators and Representative.
 - Make it a club activity. Print out a <u>phone script</u> or <u>letter</u> and pass along to club members.
 - Visit your U.S. Senators and Representative in their district office. For tips, review the <u>district office visit kit.</u>
- Share the <u>coin webpage</u> with friends and neighbors on your website, Facebook or Twitter pages. Ask them to take action!

After contacting your lawmaker, be sure to share your experience with us by filling out the Commemorative Coin Report Back Form. Once you've completed the form, be sure to print out your Certificate of Appreciation.

For those of you who have already reached out, we'd like to again extend our thanks and appreciation. Please take a moment to <u>tell us about your experience</u>. Be sure to print the certificate upon completion.

With 375,000 Lions nationwide, we can send a message to Congress that Lions have a mighty roar and will be heard for another 100 years serving our communities.

LIONS AREN'T just about work. Lions have fun and fellowship.
Friendships made in Lionism last a lifetime,
because they are based on a common commitment to service.
Lions work hard, but have fun all along the way.











Certain things can happen when your Lions Club gets involved. If we have to find something new – go for it – because the more we raise – the more we can give. Also, the more members who get involved also create a bundle of fun and more money raised. The information that appears may benefit another club – for here is where we get ideas and we might be able to use those ideas within your own club.

Carnesville Lions Club =

Tickets now on sale (\$2.00) for the Fall Festival in September – Ruger Model 77 Rifle or \$500.00 Cash!



Clermont North Hall Lions Club = This month we cleaned our section of the highway near the metropolis of Clermont. We coordinated our efforts so the highway was cleaned prior to the fall festival in Clermont. Lion Chuck Westfall coordinated this effort and did a marvelous job. Lions volunteers worked at the Clermont Fall Festival, Clermont Days. Lions President, John Brady, spent days leading up to the event planning, and then was instrumental in the conduct of the festival. Lion Vince Vance also worked on this event. Lion William Royal accepted International President Tam's challenge to plant trees. He has worked with a group in planting seven eighteen foot trees this month. Our Sight Committee also approved five applications for eye exams and glasses.

We serve!

Elberton Lions Club = 2^{nd} Saturday in November = "Ham and Egg Supper" in Elberton Civic Center.



Dawsonville Lions Club = Thank you sponsors, golfers and Lions for making this year's golf tournament a great success. Due to your generosity and hard work, the Dawsonville Lions netted over \$13,000 that will serve those locally in need.



Dacula Lions Club = 10/22/11Silent Auction /Dinner.....Planning ahead; Pecans Saleto be announced; Vision Screening Dacula Elementary School......Date to be announced; Partnership with a Family.....the month of November.

Forsyth County Lions Club = \$8,652.00was spent touching the lives of 153 residents of Forsyth County for eye exams, glasses or lenses, eye surgery and hearing aids during Lions year 2010-2011.

Lawrenceville Lions Club = We have 2 new members sponsored by Lion Judy Stamsen. DG Ed Hashbarger made his official visit. We have a vision screening planned for September 30th at Rhodes Jordon Senior Center in participation with Gwinnett Great Days of Service. We donated \$250.00 to Aurora Theater for a student to attend an arts camp. District Environmental Chair Wayne Turnbull was a guest speaker and gave us a presentation. Lion Jacque Al Azawi is a member of Fighting Blindness Foundation and gave us a follow up of her meeting with them. We have our annual Pecan Sales in the works as a fundraiser. We collected 177 used eyeglasses.



Loganville Lions Club = Had a successful Golf Tournament.

Norcross Lions Club = We continue to collect eye glasses and cell phones. We are preparing for our big fundraiser at the Norcross Art Fest which takes place the first weekend in October. Lion John Rudert using his woodturning tools helped to prepare the awards for the GA Lions Lighthouse Fun Run on Oct. 1. The Buford Lions Club attended our meeting in which PDG Allan Stalker shared his expertise on increasing the membership of our clubs.

Jefferson Lions Club = **Sickness, Distress and Praise:** Lion Dot Hunt is recovering and may get to come home this Friday. Lion Dugar Strickland is with a member of his congregation that is getting a heart transplant.

MEETINGS:

Program: Lion Mack Cates introduced Beth Laughinghouse, the Manager of Mainstreet Jefferson. Beth shared with the club a slide show of Jefferson Then and Now, including photos dating back to the early part of the 20th century of downtown and some of the buildings that were here then. There was much discussion about events that have taken place in Jefferson during the lifetime of some of our members. Beth then reported on the progress of the downtown revitalization project. She also informed the club about upcoming events in and around Jefferson, including an unveiling of the new Confederate Soldier Statue scheduled for Saturday October 1st.

Committee Reports Eyeglass Collection Committee: Lion Jerry Legg reported that recent collections include 32 pairs of glasses, 8 pairs of sunglasses, 93 lens, 7 cell phones and 12 chargers. Eye Care: Lion President Jim thanked all those that contributed at Jackson EMC on September 22nd doing vision screenings. Lion Edna Briggs reported that 100 screenings took place at that event. Lion Ken Brand reported that our club has bought new eyeglasses for 12 people to date this fiscal year, including 10 adults and 2 children. **Tree Planting:** Lion Jimmy Mock distributed a seedling price list and requested that each member make note of their interests so that plans can be made as to what our club can do to participate in this project. Lion Mack Cates asked that bottled coins be turned in so that we can get these to Sandra Fite with Relay for Life. **Membership:** Co-Chair Edna Briggs will direct a membership drive in October with special programs.

Lion Mack Cates reported that the Kings Bridge Leo Club will meet this week.

Winder Noon Lions Club = Collect 158 pairs of glasses, lens and cases. Program – WBHS & Apalachee





Head Football Coach

Winder Barrow High



Lion Bob Norton handing out American flags at 9/11 Memorial Service at Winder Fire Department. 13 members participated

13 members distributed 100 flags for 9/11 **Memorial Services**

PECANS – Taking orders now for \$10/bag of really fresh shelled halves. Also collecting \$20, per member for annual Contributing Member pins for LCIF and become a 100% Club. Don't forget to turn in suggestions for programs. Lion hours = 39. Assisted in blood drive and gave financial assistance for the Winder Boys and Girls Club.

Toccoa Lions Club = Standing Committee Reports: Programs- Lion Forrest Old Business: The luncheon New Business: (1) discussion o Sight Conservation Committee Report: Firstly, this program may not be possible without the support, dedication and proficiency of our participating Doctors. Not enough thanks or gratitude can be expressed to Dr Ken Schneider of Toccoa Eye Care, Dr. Kay Royal with Family Eye Care, Dr. Kevin Vanderhoef of Stephens County Eye Clinic and not to mention their kind and considerate staff. These outstanding doctors are found to perform a most thorough examination, followed by their staff preparing the patient for glasses and submitting the prescription order for glasses to the Georgia Light House (Eye Clinic Program), with the patient subject to receive their glasses in a relatively timely fashion, at approximately 2 weeks. Moreover, the same gratitude goes out to the dedicated Toccoa Lions who participate in the annual fundraiser (Pancake Breakfast) with proceeds going to the Sight Conservation program. Note: For the benefit of new board and/or Lions club members, Sight Conservation pays for glasses for both Lions Club and Open Arms (the free clinic) referrals. Lions Club referrals usually consist of patients who have been seen previously by one of our participating doctors or new patients who qualify for services. Such individuals are usually on Medicaid or Medicare (sometimes both), but determined to be experiencing extreme financial difficulties or meet poverty guidelines. Open Arms referrals are commonly individuals who have been screened through the Open Arms staff for medicals which includes eye examinations depending on the medical assessment and then referred to one of our beloved doctors for eye exams.



JROTC Cadet Commander Alicia Lichneger received the award pictured at the top from Toccoa Lion Bryan Gordon. Below, Bill Graham thanks the troops.



Toccoa Lions, Flo Gordon, Sheila Rousey, cadet Executive Officer Katerra Kimbrell, Bryan Gordon, and Bill Graham.



Toccoa Lions Honor the Junior ROTC Cadets for Service

A group of Toccoa Lions gathered last Thursday morning at the Stephens County High School to honor the Junior ROTC cadets for their community service.

The Toccoa Lions Club greatly values and appreciates the community service activities that the Stephens County High School JROTC cadets performed during our Lions year 2010- 2011.

The Toccoa Lions Club's community service fund raising activities were successful in a large part due to the work of the JROTC cadets. The cadets helped the Toccoa Lions sell tickets to our bi-annual pancake breakfast as well as helping serve the food and clean up. They also participated in our White Cane campaign. As you know, all funds raised at the White Cane days goes to the Georgia Lions Lighthouse Foundation. We had one of our most successful campaigns this year and we feel it was in large part due to the JROTC cadets.

The JROTC cadets also made quite a positive impression on the Toccoa Lions when they attended our meeting and presented the "colors" ceremony.

Union County Lions Club = Sight/Hearing: 1 eye glass requests were received. Donations: Board approved \$100 donation for the Union/Towns Volunteers for the Handicap. Sept 8 = President welcomed all guests and thanked them for support they gave at the Georgia Mountain Fair. A Bag Pipe program was presented by Lion Roy McKee. Lion Mary Arnold recognized all non-members for their assistance at the Fair and presented a Certificate of Appreciation to each. Sept 22 = Dr. Jim Wenworth of the US Forest Service gave a program of the Wildlife and Fisheries Habitat Management programs on the Chattahoochee-Oconee National Forests. President Mildred reported that from 1 January to present, we have spent approximately \$3,000 for glasses and eye exams for Union County residents. Farmer's Market – 4 Saturdays in September – 10 Lions and 3 friends and non-members worked a total of 127 hours selling hot dogs and hamburgers visiting with members of the community. Year to date, the club has grossed over \$4,700 at the Farmer's Market. NEWS Articles: 4 submitted. WORKING LIONS - 27 Union County Lions had total of 260 hours for Lion causes

WORKING LIONS - 27 Union County Lions had total of 260 hours for Lion causes
NON LION COMMUNITY HOURS - 5 Lions had total of 70 hours for community causes
FAMILY & FRIENDS ASSISTING LIONS - 16 Family member & friends had 63 hours for Lion causes





Diamond Pageants contestants collect for Union County Lions Club

Diamond Pageants is pleased to announce that so far this year contestants have collected a total of 312 items for the Union County Lions Club.



This number exceeds the 272 items collected in 2010! Locally at this year's Green Bean Festival Pageant, Miss Bean Sprout and Mister Leather Britches contestants collected items and again at our Mister and Miss Bluegrass Festival Pageant.

Our winners received special awards and recognition for their Community Service efforts along with a Lion stuffed animal. I believe too early to start teaching children to give back to the community in which we are blessed to live in. Diamond Pageants is an organized professional natural pageant system that takes pride in the contestants as well as our community.

Items collected will be delivered to our District Rally in Watkinsville in which they will be taken to the Georgia Lions Lighthouse in Chamblee, GA. They will then be cleaned, prescriptions read and ultimately distributed to those who otherwise might not be able to afford to purchase new glasses.

THIS ARTICLE APPEARED IN LOCAL PAPER – HOW ARE YOU DOING TO IN SPREADING THE WORD ON LIONISM?



GA. Lions Lighthouse VP Lion Mike Higgins, PDG jmhpdg@windstream.net Check out the new Lighthouse Video Click here to view the Lighthouse Video!

http://www.eventstreams.com/lighthouse/010fst/



Gary, who has roots at Whitefoord, gives back to the community.

Lighthouse Partners with Community Organization to Screen Children

On Labor Day weekend, volunteers from the Atlanta Metro Lions Club, the Atlanta Lions Club, and Light-house staff participated in a vision screening benefiting the Whiteford community students.

The project was born when Lighthouse clinic coordinator Caren Kaplan contacted the Whiteford Community Program, an organization that provides health care, education, and after-school programs for students in the Whitefoord and Edgewood neighborhoods.

The partnership was a natural fit. The Whitefoord Community Program was looking to expand their health care program, which did not cover eyesight, and the Lighthouse Foundation wanted to increase the number of school vision screenings in an effort to catch eyesight problems early.

80% of what a child learns is visual

Lighthouse staff and volunteers screened 155 elementary school students, over half of the student body. Students who didn't pass the screening were put on a list, and at the end of September those students received eye exams from the Lighthouse staff, as well as glasses from the VSP Mobile Eyes clinic (https://vspglobal.com)

Christina Lennon, the Executive Director at the Lighthouse Foundation, anticipates an increased number of school screenings. "The Lighthouse will return with ongoing clinics until everyone in the Whitefoord project is cared for." says Mrs. Lennon. "We are ecstatic that the Lighthouse is able to partner with so many wonderful organizations and that we now have the capacity to reach out and serve more people."



Service Numbers From July to June 2011

People have better vision after receiving a pair of **glasses** 32 were from 18-D

Eye surgeries were performed. 7 were from 18-D

920 Hearing aids through the dispensation *26 were from 18-D*



Leo Club Makes An Impact at the Lighthouse



The Chinese American Leo Club, one of the largest and most active Leo clubs in the metro Atlanta area, recently took a day out of their weekend to volunteer at the Lighthouse Foundation.

Students and their families worked in the Eyeglass Recycling Program and washed and sorted thousands of eyeglasses for use both in Georgia and overseas.

"It's amazing! In only a few hours they were able to process thousands of glasses," says Judith Kerr, the Lighthouse Volunteer Coordinator. "The work ethic and dedication of groups like the Leo Clubs enable us to better meet the needs of Georgians."

The Lighthouse needs volunteers! If you are interested in individual or group volunteer opportunities, please contact Judith Kerr at <u>JKerr@lionslighthouse.org</u>

Walks in the park and grandchildren on the knee.



When diabetes started taking a toll on Ofelia's vision in 2009, many of her joys began to slip away from her. Without the ability to see, she was not able to watch her grandchildren or take her daily walks. She felt she was losing her independence.

Through the Grady Eye Clinic she discovered that the Lighthouse Foundation had an eye surgery program for uninsured residents like herself. In late 2010 she received the first of two surgeries that restored her eyesight.

The results have been miraculous. "Her life has changed dramatically," says Erika, her daughter. "She has gained back her independence, and now she can see and take care of her grandchildren."

Get involved!

Whether through charitable giving, volunteerism, or advocacy, there are many ways to support your Lighthouse!



Upcoming clinic dates in your area:

Wednesday, October 5, 2011 Norcross Monday, October 24, 2011 Athens



GA. Lions Camp for the Blind Thois Masters, PDG tstmasters@windstream.net





Dear Lions, Lionesses and LEOs,

"I am only one, but still I am one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something that I can do."

Helen Keller

The silence has set in. This month marks what is probably the quietest month of our entire year. I miss those days of summer. I miss them something fierce, but the time to grow our camp is now.

This month is Send-A-Kid-To-Camp month. I will be honest I haven't seen many checks come rolling in for this project. I know that many of you do your Send-A-Kid-To-Camp fundraiser at a different time of year, but if your club doesn't do a fundraiser let me encourage you to start one. This fundraiser gives visually impaired people all over the state of Georgia the opportunity to come to camp. I can stress just how important this place is. For many this week of camp is the catalyst to begin taking the steps to take back their independence.

Also I want to encourage you to come to the joint meeting. We will have our committee meetings on Saturday followed by a celebration of both the camp and the Lighthouse. Please come and be a part!

As Always thank you for serving

Kristen

Dear Georgia Lions,

This month I just have a few reminders for y'all:

- o When you send in a Memorial/Honorary card please be sure to complete both sides of the card. This is really important!
- o Grand Tour of Georgia participants completing the requirements must have their passports with qualifying information postmarked and mailed by September 30, 2011
- o Our triple option raffle is well underway. If you haven't received your tickets contact your camp VP. The monies gathered from the selling of tickets should be mailed to the camp every few weeks.
- o Again, ALWAYS indicate on each check what fund or category the monies are intended for so your club can get the proper credit.

I hope each one of you are enjoying the beginnings of Fall. If you need anything please email me or give me a call.

Merri Blount Camp Secretary 912-283-4320 glcblindsec@accessatc.net

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My Fellow Lions,

Not a lot to say at this time. Our Camp is doing well and we are looking forward to the upcoming Joint Meeting. This letter will be very short as I have included my Report to the Council of Governors. That was quite short as well, and can see no reason to say things twice.

You will see in my Report to the Council that we are looking at making changes to the way we run our Camp. This is very important, because if we do not change we will not grow and prosper in the years to come.



September is Send a Kid to Camp Month. Please consider doing a project to support the General Fund for our Camp. My Hephzibah Lion Club is taking on a project to do just that. I have included that Project Flier in this Newsletter as an example of what can be done to support our Camp. If you ride a bike, please consider coming and partaking in our event. If you would like to do an event like this, ask our Committee Chair (ME) and I will be glad to give you some pointers on how to do this. It is fun, it is easy and it will raise some much needed funds for our Camp!

There is not much changed since my last report to you for the August Meeting. The Camp is doing well and the Staff is getting recharged after a very good Camping Season.

Once again we are proud to host the Council at our Joint Meeting of the Georgia Lion Lighthouse and Camp for the Blind. It has been a pleasure working with Gary, Christina and Kristen preparing for this very important meeting. Gary and I are so lucky to work with great Staffs!

The one thing that has happened since my last report is that we have signed a contract with the Georgia Center for Nonprofits (GCN) to complete an organizational assessment of our Georgia Lions Camp for the Blind. We understand that we must change and we look forward to working with the GCN in making that change. A change that we hope will help our Camp grow and be successful for another 35 years of service to the visually impaired of Georgia.

Some Camp dates to remember:

Christmas Camp December 2-4, 2011 Winter Board of Director's Meeting February 4-5, 2012 Work Weekend March 23-25, 2012 Work Weekend April 27-29, 2012 Board of Director's Meeting @ Sate Convention May 25, 2012

Inaugural Fallen Lions Poker Run

To benefit the Georgia Lions Camp for the Blind = Help a Blind Child at GLCB.org Date: October 29, 2011 Registration 9:00AM @ Augusta Harley-Davidson Kick Stands up at

10:00AM 10:30AM

Final Stop @ Country Boys Cooking at 1:30PM for B-B-Q and Prizes

Cost is \$25.00 per entry / \$35.00 if riding two up (Entry fee includes one hand of poker, B-B-Q Meal(s) and a chance to win door prizes) Extra hands of poker may be purchased for \$5.00 each.

Prize for best and worst poker hand.

Event Tee-Shirts will be available for order.

POC is Lion Frank Spinney: LionSpinney@aol.com or (706) 339-5535

Take Care and God Bless!

Frank

Georgia Lions Camp for the Blind, Inc.

Triple Option Raffle





John Deere Gator

s5,000.00 Cash



Street Legal Golf Cart

The Georgia Lions Camp for the Blind, Inc. is a Lions of Georgia funded project that provides blind children, teens and adults with an opportunity to grow and become self-reliant. We do this at our beautiful 62 acre camping facility in Waycross, Georgia.

Please help us continue this service to those in need by purchasing a Raffle Ticket for the price of \$1.00. You could win your choice of one of the Triple Option Prizes shown above and will also win by helping a Blind Georgian attend our Camp!

We all can be Winners!

We will draw the winning ticket on February 5, 2012 at our Winter Board of Director's Meeting in Warner Robins, GA.

Thank you for your support!

Frank Spinney

President, GLCB, Inc.





Leader Dog Chair Lion Diane Wall-O'Shields liondianewall@bellsouth.net

Here we go on a new adventure.



My parents are two of Leader Dogs for the Blind's finest. From the minute my siblings and I were born, we had the very best of care. Even then I knew I was destined for great things.

When I was 7 weeks old I went to live with my foster mom, a "puppy raiser" who lived about an hour away. Her family is one of more than 400 volunteers who help puppies learn their manners and become socialized. My foster mom took me everywhere she went so I could experience new things. I wore a blue bandana that told everyone I was training to be a future Leader Dog.

We'd go to the mall, to doctor's appointments, the grocery store, to festivals... everywhere! When I become a Leader Dog, I'll be allowed to go everywhere a human being can go! Whenever I needed to see the vet for my checkups, we'd go to Leader Dogs for the Blind. They have a veterinary staff that knows each one of us.

School days!

By the time I was 14 months old I was ready to start my official training. I left my foster family and came back to the Leader Dog campus to live. That's me with my instructor. She says I've got all the qualities that make a good Leader Dog. I'll wear a leather harness that has been designed and made just for me at Leader Dog. My harness serves as the link between me and my visually-impaired partner. It also lets people know that I'm a special working dog.

Jake, one of my brothers, is learning to be a Leader Dog for someone who is Deaf-Blind. He's a very smart dog! Leader Dogs for the Blind was the first organization in the world to train dogs for people who are both visually and hearing impaired.



After weeks of training, I was finally ready to meet my new partner and become a Leader Dog!

It's "Dog Day"!



Here we are at the start of our 26-day training period at Leader Dogs for the Blind. My partner and I will be learning to work together. Of course, I know what I'm doing... she has a lot to learn in order to work effectively with me. Fortunately, she has always been a "dog person" so we get along well, but this is the first time she has ever had a Leader Dog to help her. We practice on campus and also go into the city. When our training is over, I'll be moving to another state.

We're a team!

I am a Leader Dog. My job is to help my partner travel independently and safely. We go to work in her office building, we ride the bus, cross busy city streets, go shopping and to restaurants. Soon we'll be going on vacation together. Whenever I have my harness on I'm "on duty," but when I take it off, I'm just a regular happy dog.

What do I mean to my partner? Well, I once heard her tell someone: "For the first time I know what it means to be independent!" That's why I'm so proud of her. We're a great team!



* * * * * * *

Welcome to Mary Jane's Leader Dog Gift Shop



Leader Dog's online gift shop is made possible through a very generous gift from a longtime donor named Mary Jane. Along with her husband Richard,

from a longtime donor named Mary Jane. Along with her husband Richard, Mary Jane lived in Rochester Hills, Michigan for many years and had the opportunity to watch our clients and dogs train together.

We dedicate our campus gift shop and online store to Mary Jane's support of our mission. We hope you enjoy your shopping experience and buy lots of Leader Dog stuff!

Our online gift shop is open for business! Shop for Leader Dog apparel, accessories, and dog items or purchase the Kapten PLUS for \$295.



Go Here, There and Everywhere with the Kapten Plus Leader Dog Edition





From the desk of State RFB&D Chair Lion Fred Smith <u>lionfredsmith@gmail.com</u>

Member Tip and Technology News

If you have the Learning Ally Audio App, you should have been prompted for a free upgrade to Version 1.1 with new features.

We are continually enhancing our user experience... stay tuned for the next issue of *The Download* for news about an easier way to find, download and playback our digital library of books.

Millennial Volunteering On The Rise

The 2011 Volunteering in America report recently released by the Corporation for National and Community Service boasts record growth for "millennials" (ages 16-28) who are making it a point to give back. This certainly rings true



for the <u>wave of high school students who have</u> <u>volunteered at our Austin studio</u> for years ... and just keep coming back.

Go to this web site for Partent Info:

http://www.learningally.org/Audiobooks/Parent-Center/399/?utm_source=cc&utm_medium=email&utm_campa ign=thedownloadsept11/#links

Parent Center



From K-12 through college, we've got your textbooks this fall. <u>Search our catalog</u> for titles and <u>order your books</u> today.

A few of our subjects and categories include:

- Math, Science, English, Foreign languages, Psychology, and more!
- Accelerated Readers, Caldecott & Newbery Winners, Test Preparation (SAT, LSAT, GRE, ACT) and more!

K-12 Teachers: Free lesson plans, class activities, teaching strategies & more.



Judy Stamsen CCI Chair eskiemom@bellsouth.net

Skilled Companion Dogs and follow-up services are free of charge.



To receive a Skilled Companion:

- Choose a facilitator for the team who is a member of the household.
- Contact the nearest CCI regional training center or visit cci.org to request an application packet.
- Apply. This process involves several steps designed to ensure success.
- Upon acceptance, the participant and the facilitator must attend a two-week Team Training class at a CCI Regional Training Center.
- After the training session and a joyful graduation ceremony, CCI provides ongoing support and follow-up services.

* * * * * * * * * * * * *



A loyal friend.

Bred to be calm and reliable, a CCI Skilled Companion is trained to perform tasks such as picking up dropped items.

A CCI Skilled Companion can also serve as a social bridge to people who are not used to relating with a person with disabilities.

Not only does this kind of assistance make their physical lives easier, it boosts confidence and feelings of self-sufficiency



Lion Kathryn Higgins Diabetes Awareness Chair Klhiggins07@windstream.net

Interesting Facts about Diabetes

Weight Loss: Sooner and Better



Losing weight soon after being diagnosed with type 2 diabetes produces lasting benefits, a new study says. The weight loss leads to improved blood pressure and blood glucose control that should decrease the occurrence of the cardiovascular complications

associated with diabetes. Researchers found that people who lost an average of 9.8 percent of their body weight within a year and a half after diagnosis were better able to achieve their blood glucose and blood pressure goals. What's more, the study also found that future weight gain doesn't negate the benefits of the early weight loss.

Source: Diabetes Care, October 2008

Breaking News: Tighter and Better

Tight blood glucose control in people with type 2 diabetes lowers the risk of heart attack and death, according to a follow-up study of the landmark United Kingdom Prospective Diabetes Study (UKPDS). The UKPDS, which ran from 1977 to 1997, determined that intensive blood glucose control caused a major decrease in microvascular complications such as retinopathy and nephropathy. But no significant difference was found in macrovascular complications, like heart attack or stroke, at the time of the study's completion.

In the new study, researchers found the emergence of a clear difference in macrovascular complications between the intensive and conventional therapy groups. Risk of heart attack was reduced up to 33 percent, while risk of death was reduced up to 27 percent. In light of other recent large clinical trials that failed to find a link between heart health and intensive blood glucose control, these findings suggest that the macrovascular benefits of intensive control may only emerge in the long term. **Source**: *New England Journal of Medicine*, Sept. 10, 2008

Partner Perks

Add a lower risk for diabetes to the joys of matrimony, at least for some guys. Researchers found that single men—ages 42 to 76—who scored high on a hostility scale had greater fasting blood glucose levels (a risk factor for diabetes) than equally angry men who happened to be married. The researchers speculate that angry people may feel threatened and therefore stressed by their environments, and the negative impact of stress on health is well-documented. Perhaps, postulate the authors, wives curtail this stress and are more likely to keep their husbands diabetes-free by providing emotional support and promoting a healthier lifestyle.

Source: Diabetes Care, July 2008

The Culture Quotient

Having a health educator who understands your culture and speaks your language could help you better manage your diabetes, according to an analysis conducted by the nonprofit health care organization The Cochrane Collaboration. Researchers examined previous studies from around the world involving a total of about 1,600 people with type 2 diabetes. All belonged to ethnic minority groups and had made attempts to overcome cultural barriers in their diabetes education. Those who received education tailored to their culture improved their A1C levels after 3 and 6 months of starting the program. Cholesterol levels were improved by the one-year mark, and knowledge about diabetes was improved at 3, 6, and 12 months of intervention. Since the studies only looked at the short-term effects of culturally driven diabetes education, further research is needed to determine if there are long-term benefits.

Source: Cochrane Database of Systematic Reviews, July 2008



Things you can find in the Diabetes Forecast – check it out – it could do something for you!











"Vision of Peace"
2010-11 Grand
Prize Winner
Raj Phairembam, a
11-year-old boy from
Moirang, Manipur,
India.

"Children Know Peace" Peace Poster Contest Theme Announced

For more than 20 years, the Lions International Peace Poster Contest has given young people a chance to express their visions of peace. The theme of the 2011-12 Peace Poster Contest is "Children Know Peace." Students, ages 11, 12 or 13 on November 15, are eligible to participate. November 15: Postmark deadline for a club to send one winning poster (per contest sponsored) to the district governor.

Lions Young Leaders In Service Award

The <u>Lions Young Leaders in Service Award</u> allows Lions the opportunity to give formal recognition to young volunteers with in their community, ages 12-18, who have completed 50 or 100 hours of community service, within a 12-month period.

Lions International Essay Contest

Dear Lions,

Lions Clubs International is offering you an opportunity to support your local visually-impaired youth. The Lions International Essay Contest is open to 11, 12 and 13-year-old students who are visually impaired. Work with your fellow Lions, local schools and area families to identify young people who are interested in participating and who could benefit from this program. One grand prize winner will receive an award and US\$5,000.

The theme for the essay is "Children Know Peace." Each essay must be submitted with a completed entry form. Essays must be no longer than 500 words in length, submitted in English, type-written in black ink and double-spaced. Please note the deadlines for submission.

For more information about the contest, including the complete rules and entry form, visit http://www.lionsclubs.org/EN/member-center/online-community/official-contests/lions-international-essay-contest.php

Thank you for your consideration.

Contest Guidelines

Each essay must be submitted with a completed entry form. Essays must be no longer than 500 words in length, submitted in English, type-written in black ink and double-spaced.

The grand prize winner will be notified on or before June 1.

Children Are Our Future

Building our legacy of service — this is especially true in our work with young people. Our programs, such as Lions Quest, Youth Camps and Exchanges and Leo clubs, make growing up safer and more fun.



By nurturing today's youth, we're growing tomorrow's leaders into thoughtful, caring volunteers. A growing number of studies show youth who engage in meaningful service projects experience a host of positive outcomes.

Young people need role models, and we have more than 1.35 million Lions ready to fill that position. I believe we can shape young people's lives by inviting them to help with the planning and implementation of service projects.

Start today. Ask youth to participate in your club's upcoming service project.

Have you put your LEO Club on the blog?

Check out this one - LEO stands for "Leadership, Experience, Opportunity." Leo Clubs are worldwide youth volunteer organizations sponsored by Lions Clubs International.

- Onekama Leos, Michigan, USA, planted 900 daffodil bulbs in an 80-acre public park.
- Members of the Albion Leo Club, Indiana, USA, scrubbed moss, mold and tree sap from 110 headstones in a local cemetery.

Check out this BLOG's -

http://www.eastonleoclubblog.org/?page_id=4/

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SERVICE LEARNING for LEOs and YOUTH (and these will help adults as well) *** What are the characteristics of Service-Learning?

...They promote deeper learning because the results are immediate and uncontrived. There are no 'right answers' in the back of the textbook.

As a consequence of this immediacy of experience, service- learning is more likely to be personally meaningful to participants and to generate emotional consequences, to challenge values as well as ideas, and hence to support social, emotional, and cognitive learning, growth, and development.

WHAT TYPE OF YOUTH PROJECTS HAS YOUR CLUB WORKED ON? (Results from all LCI Clubs 2010-2011)

LEO Clubs—25%
Peace Poster Contest—20%
Youth Camp or Exchange—11%
More than one of the above—26%
Other / Local
Projects—18%

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Lions Quest

Engage Youth Through Lions Quest

Lions Quest to Expand Throughout Arkansas

Lions Clubs International Foundation (LCIF) has awarded \$100,000 to expand Lions Quest in Learn and Serve classrooms throughout the state. Expansion of Lions Quest will ensure nearly 3,000 students in middle



and high schools statewide benefit from the values of social-emotional learning and service-learning.

"We view the Lions Quest training as an ideal opportunity to engage in collaborative learning activities with organizations and individuals to expand service learning in the state," said Mary Bea Gross, Executive Director of the Arkansas Service Commission, which administrates the Learn and Serve program.

Arkansas Lions secured grant funding from LCIF, and are now working with state education partners to launch the Lions Quest program. Lions clubs are collaborating with schools and plan to join students in valuable service learning projects.

"Arkansas Lions are excited to support the Service Commission and the statewide effort to provide youth with life skills and commitment to service," said Lions Quest Chairperson Toni Shockey. "In addition to teacher workshops and funds to sustain the program in the future, we look forward to continuing our efforts in the community and working with young people on a variety of service projects."





Connect with Us Online

- Facebook facebook.com/leoclubs & facebook.com/lionsclubs
- Leo Zone <u>lionsclubs.org</u> click: Member Center/Planning Projects/ Youth/ Leo Zone

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Lion Trudy Rudert trudert@comcast.net

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TO:



Have All Lions Received the Word?

Make A Copy of This Bulletin

So We Can All Be Heard.

