



**We Serve**

# District Bulletin 18-D



MONTHLY BULLETIN FOR LIONS OF NORTHEAST GEORGIA

July 2010



District Governor  
Ron Bennett

Dear Lions of 18-D,

*HI FROM DOWN UNDER,*

Deanna and I have just arrived in Sydney, Australia after a long flight from Atlanta. We left from our home on June 22<sup>nd</sup> at 10:30 AM and arrived in Sydney on June 24<sup>th</sup> at 11:00AM. As part of our trip we got to visit several airports in our travels. First we stopped in Dallas-Fort Worth with a very, very short layover of about 10 minutes just making our plane to Los Angeles due to a late departure in Atlanta - but the good thing was that we made the plane. Then we arrived in Los Angeles and had a layover of four hours and then to Sydney, this part of the trip was to be the longest leg 15 hours or so we thought. Due to heavy fog in Sydney we were diverted to Brisbane for an bonus landing and take-off but a delay of an additional four hours but finally we reached Sydney. Customs in Australia went well and we finally made it to our hotel.

During our flights we started meeting Lions from all over the world. The first ones were from the United States but when we arrived in Los Angeles they were from all over, all getting ready to converge on Sydney. We are all looking to have a great convention and the new District Governors are reaching out to find ways to communicate with each other. We all speak different languages but have found various ways to communicate.

As my year as Governor is just about to start I have high hopes that *WE, OUR TEAM*, will have a successful year, first and foremost on the club level. My plan is for each club to grow not only in membership but in service to our community. I will continue to talk about service to our community because I believe that this will be the way that we will grow memberships for our clubs. I am seeking the help of all our clubs to have a successful year on the district and state level and to show the rest of the state that 18D is the best district in the State of Georgia.

In closing I would like to remind all the *Lions of 18-D* that *"WE ARE KNIGHTS OF THE BLIND AND WE SERVE"*. Wish all of you great Lions could be here with us, we will keep you in our prayers and see you when I return from Sydney.

Thanks for all you do for Lionism!

Yours in Service,  
DG Ron



# UPCOMING EVENTS

*You know how time flies when you're having fun -- mark your calendars for:*

**June – Installation of Club Officers.**

**1 June – Helen Keller Day** in 1971, LCI declared 1 June as “Helen Keller Day” in honor of this amazing woman who holds a special place in the hearts of Lions everywhere. At a Lions convention in 1925, Helen Keller personally challenged Lions to become “Knights of the Blind” and since then Lions have conducted countless sight conservation efforts. We encourage Lions to take this opportunity to conduct blindness related service activities in their communities.

## Planning Ahead

**17 July MD Zone/Region Chair, MD MERL and District MERL training in Centerville, GA.**

**24 July CAMP FOR THE BLIND**

### *Lions Day at Camp for the Blind*

If you have not been in the past; you can mark your calendar now. Please let them know how many is in your group. This also can be used as a regular Club meeting event.



\*\*\*\*\*

**1 August = 1st Cabinet Meeting to start at 2:00pm. Location at Clermont-North Hall.**



**President/Secretary/Treasurer Training  
Start at 3:30 pm.**



**Officer Training will be held after the  
Cabinet Meeting**

\*\*\*\*\*

## **INTENT TO LEVY AND COLLECT ADDITIONAL PER CAPITA TAX OF \$3.00**

**MD 18 CONSTITUTION—Article VI - SECTION 2—DISTRICT ADMINISTRATIVE FUND—** (b) In addition to the Multiple District Annual per capita tax levied upon each Member of the Lions Clubs in the State by Article VI, Section 1, the individual Districts of this State are authorized and empowered to levy and to collect an additional per capita tax, up to, but not to exceed, Three Dollars (\$3.00) upon each member of the Lions Clubs in their respective Districts, subject to the following terms and conditions: (1) Notice of intention to levy and collect said additional per capita tax and notice of the maximum amount to be levied and collected must be forwarded to the Secretary and President of each Club in said District at least ten days prior to the date of the first Cabinet Meeting is to be held for said year. (2) Levy and collection of said tax, the exact amount thereof and the date on which the same shall be levied and collected shall be approved by a two-thirds affirmative vote of the members of the District Governor’s Cabinet present at the first meeting of said Cabinet for the year.

\*\*\*\*\*

**17 July = MD Zone/Region Chair, MD MERL and District MERL teams, State and District Chairs – there will be a training session to be held at the Centerville Lions Club Bldg., 612 N. Houston Lake Blvd., Centerville, GA.**

**Any and all other Lions who wish to attend for this very important training session ARE MORE THAN WELCOME.**



## Where in the World

**Have you ever checked the Lions Web site – click on Lions Newswire or check out =**

- [Lions News Network](#)
- [LQ-Lions Quarterly](#)

\*\*\*\*\*

### HIGHLIGHTS

## Calendar of Events

*Review upcoming Lions events your club can promote locally.*

\*\*\*\*\*



*A Beacon of Hope is the International Theme for the Lions Year 2010-2011.*

## **A Beacon of Hope in 2010-2011**

Our 2010-2011 Presidential theme, A Beacon of Hope, expresses the thought that there are more than 1.3 million lighthouses in 205 countries – Lions members who will continue to light the way, and serve as beacons of hope. The key to our success is through service and impactful projects.

## *A Beacon of Hope Resources and Activities*

Use the following resources to help your club – and our association – be A Beacon of Hope in 2010-2011:

- [A Beacon of Hope logo](#): Download a logo to use on club communication and promotional materials.
- [2010-2011 Presidential Theme brochure](#): Read about our international theme, A Beacon of Hope.
- [2010-2011 Presidential Awards brochure](#): Find out about recognition programs for outstanding achievement by clubs and districts in the area of service.

\*\*\*\*\*

## Family Cub Program Helps Children Learn the Value of Volunteering

Early exposure to volunteering cultivates a lifelong dedication to helping those in need. That's why we offer the Lions Family Cub Program to enable your family to get involved in your club. Several program resources are available, including an activity guide you can use to integrate children under age 12 into your club. A Cub Brochure to promote the Program to other members. And distinctive Cub Patches featuring a paw for each Cub level. Check below:

## **Family Membership**

Invite your family to participate in your club's next community event, because as a family unit, you can receive a dues discount when volunteering together.

As a Lions family unit you can:

- **Increase quality family time**
- **Be a role model**
- **Help your community**

The Family Membership Program applies to family members eligible for Lions membership in and/or joining the same club and living in the same household related by birth, marriage and other legal means - such as parents, children, spouses, aunts/uncles, cousins, grandparents and in-laws of spouses.

To be part of the Family Membership Program, your club secretary must complete the [Family Unit Certification Form](#) (pdf) or [file online](#) (pdf).

Materials:

- [Family Membership Brochure](#) (pdf)
- [Family Friendly Lions Club Concept "How to Guide"](#) (pdf)
- [Planning a Family Event](#) (pdf)
- [Benefits of Participating in One-Day Events](#) (pdf)

LCI awards clubs adding 10 or more new family members during the fiscal year with the Family Membership Banner Patch.

See the [FAQ](#).

### **Bring the Kids**

The new [Cub Program](#) (pdf) helps support family-friendly clubs. Formulated special to encourage families to volunteer together, children under age 12 have the opportunity to build a lifelong dedication to helping others. The [Lions Family Cub Program Activity Guide](#) (pdf) and [Family Cub Program Activities](#) (activities only pdf) are filled with age-appropriate activities.

For additional information, contact the [Membership Programs and New Clubs Marketing Department](#).

## Keeping Kids Moving with Safe Bikes

Kelso, Washington (population 12,000) was in the midst of hard economic times. Once a thriving logging town, Kelso had seen businesses close and jobs disappear. As families struggled to make ends meet, kids often had to give up some of their cherished pastimes.

Location: Kelso, Washington, USA



### The Lions Step In

There seemed to be no playful laughter on the once-busy streets. “It was evident that the kids needed something,” says Kelso Lions Club member Chuck Klawitter. “We wanted to help the children and have a positive impact on the community.”

The Kelso Lions started a bike clinic at Barnes Elementary School. They offered free repairs, helmets, bikes and bicycle safety instruction for schoolchildren. And they made it easy. The kids simply dropped off their bikes at school in the morning and Lions volunteers repaired the bikes and returned them to the kids at the end of the school day. “We put on a lot of new grips, tires, tubes,” said Genece Cooper of Bob’s Pedal Power. “We made sure the wheels were functioning, the brakes were working – just everything that entails making a safe bike.”

### On a Brighter Path

Kelso is a great place to ride bikes; in fact, there’s a trail along the Coweeman River that’s perfect. The scenery is beautiful, and when the weather’s nice, families are out

there all day – something the Kelso Lions wanted to preserve. “We really didn’t have the extra income to buy new bikes for the kids,” said local parent Nikki Kersenbrock. “They have been wanting new bikes for a couple of years.” Now, with the bikes donated by the Kelso Police Department, the Lions were able to make sure more kids were given the chance to ride.

### Partners

An elementary school, a bicycle shop and the local police.

### Financial Facts

In all, the cost for the repairs, helmets and new bikes was less than US\$2,000. But the happiness they brought to the children of Kelso is priceless.

\*\*\*\*\*

### LIONS QUARTERLY



Watch the [July LQ video magazine](#) to see how Lions are bringing joy to the visually impaired.

### HIGHLIGHTS

[Lions Clubs International Blog](#)  
Read our blog for Lions Clubs International news updates throughout the month.

### Lions Clubs iPhone App

Download our iPhone App to stay in touch with us.

### CONTESTS

### Peace Poster Contest

Learn how to sponsor a 2010-2011 Peace Poster Contest in your city.

### EVENTS

### Calendar of Events

Review upcoming Lions events your club can promote locally.

### International Convention

See highlights, results and photos from our 2010 event.

### CONNECT WITH US ONLINE



\*\*\*\*\*

### Videos



### "LCIF Partnering for Service"

5:00 minutes 

This video provides an overview of some of LCIF's key partnership programs in the areas of sight and youth. This DVD is available in English-only. ...





Greetings Dear Lion,

**New LCIF Partnership with Bausch + Lomb Early Vision Institute Aims to Prevent Childhood Blindness**



**Sydney, Australia, June 30, 2010** — Lions Clubs International Foundation announces today a new partnership program with the Bausch + Lomb Early Vision Institute. The partnership program will be formally launched during the Lions Clubs International Convention in Sydney, Australia during the first plenary session on Wednesday, June 30. Representatives from the Bausch + Lomb Early Vision Institute will join Lions Clubs International Executive Officers in announcing the new partnership program aimed at treating pediatric cataract.

The Pediatric Cataract Initiative will seek out and fund innovative, replicable programs to prevent and treat cataract in infants and children and promote early childhood vision screenings. Bausch + Lomb is contributing US\$350,000 in the pilot year to launch the partnership program. The Pediatric Cataract Initiative will utilize the resources of both organizations to identify, fund and promote innovative methods of overcoming this challenge for the long-term benefit of children, their families and their communities.

“Lions Clubs International Foundation remains committed to saving the sight of millions of people worldwide,” said Al Brandel, Chairperson, Lions Clubs International Foundation. “We’re excited about the prospects of the Pediatric Cataract Initiative and this new partnership with the Bausch + Lomb Early Vision Institute.”

Pediatric cataract is a clouding of the eye’s natural lens in children. Left untreated, it quickly becomes a critical cause of childhood vision loss and blindness. This new partnership program will help treat and prevent pediatric cataract.

“Too many newborns afflicted with pediatric cataract have a lifetime of vision loss and blindness ahead of them – an untenable prospect in today’s world,” said Paul Sartori, corporate vice president, Bausch + Lomb. “With more funding and attention placed on research, prevention and treatment, we’ll be making an impact in the lives of children worldwide.”

The rate of pediatric cataract in Australia and other developed nations is one to four children per 100,000 births. However, in underserved countries, the rate can be 10 times greater. As such, during its first year, the Initiative will primarily focus on aiding children within China, where an estimated 40,000 children suffer from pediatric cataract.

*Best regards,  
Al Brandel  
Chairperson, LCIF*

---

**Partnership Aims to Prevent Childhood Blindness**

Lions Clubs International Foundation will formally launch a new partnership program with the Bausch + Lomb Early Vision Institute during the Lions Clubs International Convention in Sydney, Australia during the first plenary session on Wednesday, June 30. The partnership program, [The Pediatric Cataract Initiative](#), will seek out and fund innovative, replicable programs to prevent and treat cataract in infants and children and promote early childhood vision screenings. Bausch + Lomb is contributing US\$350,000 in the pilot year to launch the partnership program.

---

**Expanded Partnership with Essilor**

Lions Clubs International Foundation is launching a new partnership with Essilor International to support comprehensive uncorrected refractive error (URE) services. The partnership will develop, expand and strengthen sustainable systems that target underserved populations through high-quality, low-cost programs as well as branch into other areas of joint interest. [Read more](#) about this expanded partnership.

---

**Relief for Tennessee**

Lions Clubs International Foundation is mobilizing US\$80,000 in funding to assist Lions in their [relief efforts in Tennessee](#), this includes a Major Catastrophe Grant and emergency grants. Lions in three districts affected by flooding in Tennessee are providing emergency relief supplies including food, water and medicine.

\*\*\*\*\*

**LIONS IN ACTION**



[Technology Learning Center](#)

**Providing a Sense of Normalcy After Katrina**



# Editor's Note



Fellow Lions:

When was the last time you went on your District 18-D web site? Hmm – has there been any changes? Any kind of updates? Have you told others where you might go to get further information? Is this the reason why we are “The Greatest Secret in the World” because you don’t pass on information? Go to [www.edmclion.com](http://www.edmclion.com)

<a href="#"><u>District Officers and District Goals</u></a>
<a href="#"><u>Dates To Remember</u></a> <a href="#"><u>2011 State Convention-info and form.pdf</u></a>
<a href="#"><u>18-D District Committees</u></a>
<a href="#"><u>PastIntlDir&amp;DistGov</u></a>
<a href="#"><u>18-D Club Directory</u></a>
<a href="#"><u>District Governor Visit Schedule 2010-11 and Protocol</u></a>
<a href="#"><u>List of Suggested Speakers for Club Meeting</u></a>
<a href="#"><u>District Governor's Contest</u></a>
<a href="#"><u>District Convention and 18-D Hall of Fame</u></a>
<a href="#"><u>New Lion/Retention Tips</u></a>
<a href="#"><u>District 18-D Bulletin</u></a> <a href="#"><u>State Magazine</u></a>
<a href="#"><u>Hot Topics</u></a> <a href="#"><u>SELLI</u></a>
<a href="#"><u>Lions-in-Action</u></a> <a href="#"><u>plus graphics</u></a>
<a href="#"><u>LEO's in Action</u></a> <a href="#"><u>LEO Gathering</u></a>
<a href="#"><u>Lions Networking</u></a>
<a href="#"><u>GA LIONS ALERT</u></a>
<a href="#"><u>State &amp; District Forms</u></a>

We even have links going to the following locations:



[Lions Clubs International](#)



[Lions Clubs International Foundation](#)



[MJF Application Form](#) [Emergency Grant Criteria and Application](#)

[Standard Grant](#) / [Core 4 Diabetes App](#) / [SightFirst Diabetic Retinopathy Info](#)



[Lions News Network \(LNN\)](#)



<http://ca.youtube.com/lionsclubsorg>  
<http://www.myspace.com/lionsclubsorg>  
<http://twitter.com/lionsclubsorg>  
<http://www.facebook.com/pages/Lions-Clubs-International/2792222491>  
<http://www.linkedin.com/groupRegistration?gid=64494>



[Youth Programs](#)

[LEO's in Action](#)

[LEO Clubs](#) [Youth Camps & Exchange](#) [Peace Poster](#)  
[Service for Children](#) [Partnerships for Children & Adolescents](#)



<http://www.lionnet.com>

*Find a Lions Club anywhere in the World*



[LEOS of Georgia](http://www.leosofgeorgia.org)

NEW



[Move to Grow](http://www.move-togrow.org)

[LCI Forms & Supplies](http://www.lionsclubs.org)



[Georgia Lions Lighthouse Foundation](http://www.georgialions.org)  
[Current Newsletter](http://www.georgialions.org)



[Leader Dogs for the Blind](http://www.greatpoles.org)  
[KidsN'Coins](http://www.greatpoles.org)



[Georgia Lions Camp for the Blind](http://www.glc.org)  
[Camp Needs](http://www.glc.org) [Video 1 made about 1992](http://www.glc.org)  
[Video 2 2003](http://www.glc.org)



[learning through listening](http://www.rfbnd.org) [Recording for the Blind and Dyslexic](http://www.rfbnd.org)  
[Mike Jernigan, USMC and RFB&D](http://www.rfbnd.org) [and Building Confidence,](http://www.rfbnd.org)  
[Building Lives, A Video Of RFB&D Success Stories](http://www.rfbnd.org)



<http://www.hadley.edu/>



<http://galions.org/md18.html>



<http://www.westspol.org/Openingeyes.htm>



<http://www.caninecompanions.org>



<http://www.diabetes.org/home.jsp>



<http://www.campkudzu.org>



<http://amdalliance.org>



<http://www.aoa.org>



[Lions Eye Health Programme](http://www.lehp.org.uk)  
Working to Save Sight

<http://www.lehp.org.uk/resources.htm>

Dear Lion,

Greetings my dear Lion friends. As we approach the final days of 2009-10, I'm pleased to report that our overall net membership growth this year should likely be around +26,000 or even better -- marking the third consecutive year of positive growth and the best results in the modern history of our association. This is truly great, and I'm so proud of you all.



Moreover, it appears all areas will have improved results over the recent past. More districts are now showing positive growth, the average club size is improving, and nearly 1700 new clubs have been formed all over the world. We are also nearing a very historic milestone in reaching 300,000 women members, which by itself is a huge success.

Eberhard J. Wirfs  
International President

## New Country

I am proud to report the LCI will soon be adding its 206<sup>th</sup> country and geographic territory to our international family. The Kingdom of Bhutan, nestled between India and China, will join our ranks this month. The country's home minister will be joining me on stage in Sydney to celebrate this historic event.

## Update on MERL - A new day and a new direction

The main reason why I'm writing today is to relay the decisions just taken at our international board meeting concerning the MERL program. I wrote to you previously informing you that a plan was being developed by a special committee to restructure and replace MERL. That work is now done and we have a new direction.

But first let me state that the historic objective of MERL was never in question. Looking back, it's clear that MERL was a good idea when first implemented more than a decade ago - a right idea for that particular time. It brought more emphasis to membership development and its core components. However, today we find its results and its impact are still somewhat elusive.

We also have some important new structures -- such as the Global Membership Team and the new DG Teams -- that have now taken on more responsibility for membership development. So we needed to find a new way ahead to restructure and ultimately replace MERL, to adapt to the new situation and to pursue new opportunities.

## The New Way Ahead

Expanding the Global Membership Team (GMT) and creating a parallel Global Leadership Team (GLT) to replace MERL

After many, many months of careful planning and deliberation, your board has developed an innovative plan to replace MERL beginning in 2010-11. It involves three important steps:

Expanding the Global Membership Team down to the multiple district and district level. This will create, for the first time, a complete bottom-to-top team, touching from the club level all the way up to the international president. Also to further clarify roles and responsibilities, the DG Teams will lead the GMT unit at the district level with the help of a GMT Coordinator and a surrounding support team.

## Dual Strategy and the Ginkgo Leadership Award

*The next ginkgo award emphasizes both aspects of the dual strategy: new growth and maintaining what we have through caring for existing clubs.*

*To qualify for the award, between February 1 and May 31, 2010, a district will have to:*

*· Charter 2 new clubs or reorganize 2 cancelled clubs*

*· Improve membership results from January 31, 2010*

*· Increase the average size of existing clubs by one member*

*· Have no clubs on status quo or suspension as of May 31, 2010*

## Other News

*• Women at Lions now approaching 295,000 members*

*• Lions Quest expanded to three more countries*

*• Sightfirst treats 5 million people this year for river blindness and trachoma*

Consolidating the Membership, Extension, and Retention (M-E- and R) chairs and their functions into a 'one team approach' where all three functions are integrated in order to enhance accountabilities and reduce overlapping roles in the previous M-E and R positions.

Separating the Leadership function from M-E & R and elevating the function into its own parallel structure known as the Global Leadership Team (GLT), to work alongside GMT at all levels in a very highly integrated and interdependent fashion.

The overall purpose of expanding GMT and creating GLT seeks to address three basic goals: continued growth, improved club success, and ultimately better leadership development to ensure that LCI remains the world's global leader in community and humanitarian service. [Read the executive summary for further information.](#)

## The Path Forward

This upcoming year will be one of transition. I know that some districts may not be fully ready to move in the new way right away. That's understandable, but we must at least begin taking the first steps. For those districts and multiple districts with active and hard-working MERL teams, of course they may continue to use them in 2010-11 while preparing a transition to the new structure by 2011-12. But those with inactive or expiring MERL teams can, and should, move more quickly to the new approach.

Be assured there will be many more communications coming out in the weeks and months ahead. But I wanted to share these highlights with you as Lion leaders because it's important that you see the road map and be kept informed.

Again we have much to be proud of this year. But our success will only be clearer if we will help those who are taking over for us to move ahead even farther.

In that regard, I wish everyone great success with each and every step you take. I especially want to extend very best wishes to our incoming leaders - especially our incoming district governors - and of course to my dear friend and close colleague, Sid Scruggs, our incoming international president in 2010-11. He has a wonderful theme emphasizing and seeking to grow our service, which is absolutely critical to our continued success. Please join me in giving him our utmost support as he leads our dear association to even greater success.

In the meantime, next year I will be speaking to you as Chairperson of the Lions Clubs International Foundation (LCIF). So it's not farewell or goodbye -- just a final greeting and thank you from this side.

With cordial regards,

Eberhard J. Wirfs



## Global Youth Music Competition



First Place: Brian Jeremy Allen, USA, representing the United States of America, its affiliates, Bermuda and the Bahamas  
Second Place: Sophie Rosa, United Kingdom, representing Europe  
Third Place: Aaron Chan, China, representing the Orient and Southeast Asia



## Grand Prize Winner Yu-Min Chen

13 years old Sponsored by Taichung Kuang Hua Lions Club Taiwan

*"My colorful drawing shows that children hope to live in a peaceful world."*





# RETENTION!

## THE START OF A NEW LIONS' YEAR (YES, WE CAN DO A MUCH BETTER JOB OF RETAINING MEMBERS!)

The start of a new Lions year is always an interesting club experience. Club presidents get together with their Board of Directors and lay out their club goals for the year. Among the latter are important goals: community service projects, fundraising projects, contribution goals to support numerous Lion and community charities, etc. In an effort to meet these goals, club presidents will be asking Lions to step forward to be committee leaders and committee members.

Some club presidents may also set membership goals for the year, which he or she will pass on to the elected club membership chair and committee members. In most cases though, a club's membership goals totally focus on the recruitment of new Lions. Bringing in new members is extremely important! However, new member recruitment goals will not necessarily keep new Lions or current members in their clubs. Therefore, Lion presidents need to **add retention goals** to their clubs and get their Board of Directors to approve these goals and begin to support the required actions.

Over the second half of our past Lions' year, I focused on a number of potential club membership retention actions. What I am going to provide at the start of this year are nine club membership retention goals for Lion presidents to consider adding to their club goals. Next month I will review each district's retention statistics, but the preliminary evidence suggests that clubs have not yet been successful in adopting these goals.

### CLUB PRESIDENT MEMBERSHIP RETENTION GOALS:

1. Hold new member inductions and orientation training.
2. Match club members service desires to your club's activities.
3. Make certain that new Lions become closely linked to club mentors and their sponsors.
4. Increase the attendance of members at club meetings, fundraising events and service projects.
5. Recognize the volunteer actions of all Lions regardless of how much volunteerism a member gave.
6. Increase the percentage of club members who know the names of Lions in your clubs.
7. Recognize the spouses and friends of club members.
8. Equalize the total volunteer labor of club members.
9. Decrease negative relationships between club members.

The final thing I am going to do is ask all Lions to seriously begin to think about what clubs need to do to retain current and new members. What should clubs do to adopt the above goals? What other actions might clubs take to avoid losing members? I'd appreciate seeing your thoughts about these actions. My e-mail address is [volvo12@hotmail.com](mailto:volvo12@hotmail.com) or you can send them via "snail mail" to 270 W. Huntington Road, Bogart, GA 30622.

### WE NEED TO STOP THE LOSS OF LIONS!

*Yours in Lionism,*  
Richard "Dick" Smith



## "We're the New Generation of Lions- Join Us Today!"

*As Lions, our goal is to make a difference -- and we have -- over and over again with programs that succeed. Service to people to are blind and who are visually-impaired has always been one of our most significant programs. Today, the Lions Sightfirst program is dedicated to eradicating preventable and reversible blindness worldwide. . . Lions operate the vast majority of eye banks throughout the world and have donated hundreds of millions of dollars toward research, training and rehabilitation for people who are blind. . .*

*The Lions Youth Outreach program focuses on volunteerism and steers young people away from harmful behaviors such as gang involvement, violence and substance abuse. . . Lions award thousands of academic scholarships every year. . . Literacy and vocational training in underprivileged areas are also high on Lions club's service agenda. . . . . Through participation in Lion-guided Leo clubs, youths worldwide learn leadership skills and the importance of community service. Lions also sponsor International Youth Camps and youth exchanges, bringing together young people from around the world to share their cultures and friendships. . . The Lions International Peace Poster Contest helps educate children about the importance of world peace and international cooperation. . .*

*For all of us, personal time is a valuable commodity. How you choose to spend your time is an important consideration. Volunteering as a Lion can make a difference for you too. We believe that time invested with a Lions Club yields an invaluable return: an added dimension to your personal and professional life. While providing the framework for you to serve your community, a Lions club also offers opportunities for individual growth.*

*Leadership Ability - Whether you lead a meeting, spearhead a fund raising effort or organize a project; Lions clubs provide opportunities to learn skills that get the job done. Increased self-confidence and self-esteem flow naturally from making things happen when you work with your Lions club.*

*Business Skills - You can improve your public speaking and presentation skills while you communicate with others on important social issues. First-hand experience in budgeting projects, planning activities and motivating others in your Lions club can also enhance your professional abilities.*

*Networking - Interact with other professionals who have come together through Lions clubs to work toward common goals and to have a meaningful impact on your community.*

# What did you miss at the International Convention





**Jefferson Lions Club** = ACTIVITIES: Eyeglasses collected: 45, sunglasses 5, hearing aid 1, lens 4, cell phones 8. At the Pet Fest on Saturday, May 29, the Jefferson Lions Club and West Jackson Lions Club, working together, earned over \$420 for the Humane Society (Over \$3000 was raised by the event). **The Jefferson Lions Club's Annual Car Show will be August 14 at the Jefferson High School.** AWARDS: At the Officer Installation Banquet, PID Buddy Ouzts installed the 2010-2011 officers, and he presented the following awards: Lion of the Year to President Jimmy Mock. Melvin Jones Fellowship to Lion Bill Legg. Both of these recipients were selected by the club. MEETINGS: **June 14** was a regular meeting. 18 active members were present plus one guest. Mr. Glen Wood, Genworth Life Insurance presented a program about long-term care planning. **June 28** was the Jefferson Lions Club's officer installation banquet, which was held at the Jackson EMC Auditorium. PID Buddy Ouzts installed the officers. After the officer installation, 2010-2011 President Mack Cates presented a plaque to outgoing President Jimmy Mock for outstanding leadership during 2009-2010. Forty (40) people attended.





**JEFFERSON LIONS CLUB**  
TENTH ANNUAL CLASSIC AUTO SHOW

**SATURDAY, AUGUST 14, 2010**

CARS, TRUCKS, ANTIQUE TRACTORS  
ALL MAKES AND MODELS WELCOME

**LOCATION - AT JEFFERSON HIGH SCHOOL**  
PAVED PARKING AREA - ONE-HALF MILE FROM  
DOWNTOWN JEFFERSON ON HWY. 129 NORTH

**ENTRY FEE: \$15.00 PER VEHICLE**

**SCHEDULE:** Registration: 9:00 a.m.-12 Noon  
Show Judging: 12:00 Noon-2:00 p.m.  
Awards: 2:00 p.m. - 2:30 p.m.

**TROPHIES:** Cars & Trucks - Top 40 50/25-25 Drawing  
Tractors Top 4 Longest Distance  
Prizes will be Given

Come join the Lions Club for all around family fun. This Show will help the Lions in their Drive Against Darkness. YOU MAY BRING USED EYE GLASSES TO HELP OTHERS SEE

PERSONAL CANOPIES MAY BE SET UP BEHIND SHOW CARS ON GRASS.  
GOOD FOOD-HOT DOGS,HAMBURGERS.DRINKS.CHIPS

**CONTACT:**  
**BUDDY HUNT 706-367-8933 OR CELL 706-621-0700**






**Lawrenceville Lions Club** = PDG Steve Hart was our guest speaker at our Induction of New Officers. We presented President Vanessa Shoop with the Melvin Jones Award. We presented Sight Chair Kathy McMillian with the Tom Bingham Award. We presented Lion Jacque Al-Azawi with Lion of the Year Award.

*We collected 237 used eyeglasses  
26 lenses*

*We had 79 volunteer hours.*

## Loganville Lions Club =



The gavel was handed over to a new Lions Club President at a recent meeting of the Loganville Club. Pictured are outgoing Lions President Ben Johnson handing the gavel to the incoming President Wayne White. Also pictured is Lion District 18-D Governor Grace Clower. A new slate of officers was installed at the meeting also by the District Governor. Service awards for the year were also presented to Richard Woodall, outstanding service award, and Wayne White, Lion of the year award. Two other Lions were given awards; Lions Gene Knight and Tom Summers were given Melvin Jones awards for merited service in the spirit of the Lions International founder, Melvin Jones.

**Norcross Lions Club** = We organized for selling snow cones and water at the Norcross fireworks on July 3 and for our food booth at the Norcross Art Fest the first weekend in October.

Our second meeting was a picnic held at Lion Verne Boucher's house. The picnic moved indoors due to heavy rain.

The 2011 Ga Lions State Convention Host Committee including PDGs Ed Hashbarger and John Rudert and Lion Trudy Rudert met in June to continue planning for this event.



**Snellville Lions Club = Service Projects:** Club collecting items at all meetings for the Lilburn and Snellville Food Banks.

Following items turned into Lions Lighthouse – 6984 used eye glasses, 2090 loose lenses, 253 cell phones and 3 hearing aid. Club used the concession trailer to make funnel cakes, hamburgers and hot dogs for the employees at the New London Nursing Home for Nursing Home employees Appreciation month. **Special Project:** Relay for Life – Club used concession trailer to sell funnel cakes with all profits going to the cancer society. **Guest Speaker:** Lion Tom Williams with the RFD&B. **Awards:** Lion Norm Masters 25 year Chevron. **Fund Raisers:** Snellville Day's Briscoe Park used concession trailer for funnel cakes, hot dogs, hamburgers and snow cones. Had Yard Sale with great turn out. Rescheduled Golf Tournament for 27 September.



**Toccoa Lions Club = How Can You Make a Difference?** The Toccoa Lions work with youth by sponsoring a little league team in Stephens County. The club financially supports the Georgia Lions Camp for the Blind in Waycross, Camp Kudzu for diabetic children in Cleveland and the Top Five program with the Toccoa Rotary for graduating seniors from Stephens County High School. The Toccoa Lions also provided vision screenings at the YMCA's Healthy Kids Day fair in April. The Lions staged a puppet show at the Schafer Center in January. The Toccoa Lions Club could not accomplish these community services without the continued support from the citizens of Stephens County and Toccoa. Money to support these programs is raised through a variety of fund raising activities. You can help the Toccoa Lions by doing the following: **Lions Community Calendar** (Buy a calendar from a Lion @ \$7.00); **Spring & Fall Pancake Breakfast** (Eat breakfast the last Saturday in September and February with the Lions @ \$5.00); **Chilly Open Golf Outing** (Play golf or sponsor a hole in March); **Flower Bulbs Campaign** (Buy flowers from the Lions in October.); **Mops, Brooms & Walking Sticks** (Buy them from the Lions, they are cheaper than the store and made in the USA by visually impaired – go to our website); **Harvest Festival Rest Area** (Come sit a spell, eat our hamburgers and hot dogs in the shade, first weekend in November); **Candy & Nut Vending** (buy a snack from a Lion's gumball machine). The club has gratefully received grants from the Mitchell-Allen Foundation and Wal-Mart Foundation during the year.

Bill Graham and Bryan Gordon at the Sage Market in the new Farmer's Market in Toccoa. Bill and Bryan sold hand crafted walking sticks and whistles at the market on Saturday morning June 12th. The Sage market is held the second Saturday of the month during the summer in Toccoa.



Toccoa Lions Larry Earhart, Dave Stancil, Randy Shirley and Irene Chitwood with food supervisor Roy Sosby. The luncheon meeting on June 10, 2010 marked the return of the Toccoa Lions to their home next to the Toccoa Falls on the campus of Toccoa Falls College. The previous Gate Cottage burned to the ground on January 12, 2009. Miraculously the clubs banner and bell were salvaged from the ruins of the fire. The New Gate Cottage and gift shop are better than ever thanks to donation from the alumni of the college.

New officers and directors installed on June 10, 2010 at the New Gate Cottage at Toccoa Falls College by District Governor Grace Clower. Pictured from left to right are Bryan Gordon, Forrest Connelly, Nick Thomas, Bill Graham, M.C. Stowe, District Governor Grace Clower, Steve Spruill, Margo Taylor, Randy Shirley, James Black and Larry Earhart.

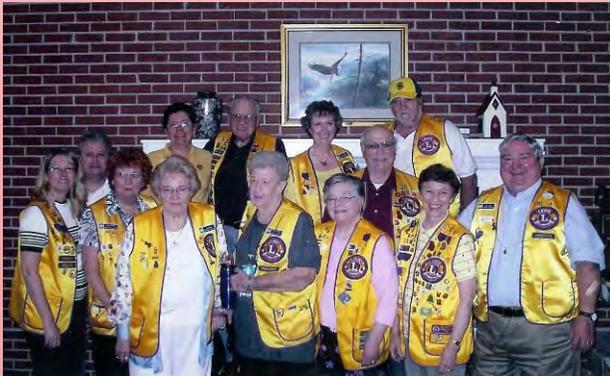


This is a significant accomplishment that PDG Ruth Payton has achieved. She was awarded her ninth Order of the Golden Chain award by DG Grace Clower at the new Gate Cottage at Toccoa Falls on June 10, 2010.

The Toccoa Lions hosted a picnic at Henderson Falls Park on May 21st for the Little League, Senior Division, baseball team the LIONS.



**Union County Lions Club = Sight Conservation:** 4 applications for eye glasses & exams approved. **Lion Mints:** 100 rolls of Lion mints dispensed. **Social Concerns:** Lion Rosa Mandon sent 7 Birthday, 2 Anniversary, 3 Get Well, 3 Thinking of You, 2 Encouragement for total of 17 cards. **Lion and friends and family volunteer hours:** 390 hours. **Membership:** Lion Sam Weisberg, No applications. **Donations:** \$440.00 for eye glasses & exams. **Recycling: June 10, 2010.** Annual Awards night for our own Lions Club, held at the Senior Pavilion with 7 guests & 24 Lion members for attendance % of 68.5. All were recognized in one way or another by President Lisa Little with plaques, ribbons with pins, other tokens of appreciation. All her remarks were individualized to fit the Lions' talents, character, & dedication to Lionism. 100 % attendance pins were given to members present who qualified. There are total of 27 Lions who qualify this year. Highlight of evening was presentation of the Melvin Jones Fellow Progressive pin to Lion Les Myers. A Lion with a true servant's heart & dedicated to Lionism. In fact, he is so special & so respected & loved by all, that President Lisa had special big button pins made with Lion Les's picture emblazoned on them plus the words: GOOD JOB. Everyone present at this meeting received one. The words, Good Job are Lion Les's favorite words of encouragement. To top the evening off, President Lisa was presented a plaque from the club for her outstanding leadership for 2009-2010 Lion year. **June 11th & 12th, 2010.** Scottist Festival fund raiser with, 16 Lion members working 70 hours & 3 family/friends working 15 hours. **June 24, 2010.** Annual induction night for in-coming 2010-2011 Lion officers. Met at Steve's Steak House with 3 guests & 25 Lion members present for attendance % of 71.4. Lion Myers Banister, P.I.D. was person chosen to install our new officers, however, prior to that, some unfinished award presentations from our Awards Night had to be taken care of due to two recipients not present that evening. First was Lion of the Year award plaque went to a very surprised Lion Jeff Neal & presented to him by President Lisa Little. Next, P.I.D. Myers Banister had the honor of presenting a Melvin Jones Fellow Award plaque to a very astounded & emotional Lion Roy McKee! He too has a servant's heart & well respected in the community, his church, and of course in our Lions Club. P.I.D. Myers did an impressive induction of following officers: President Mildred Thompson. 1st V.P. Michael Thompson. 2nd V.P. Robert 'Bob' Wood. Secretary Nita Elliott & assistant, Betty Gurr. Treasurer Helen Hanson & assistant, Karen Clark. Tail Twister Lisa Little & assistant Les Myers. Lion Tamer Roy McKee & assistant Jack Gross. Chaplain Paul Clark, also 2 year Director; assistant Chaplain Alice Neal. Other Directors: One year, Gene Little & Sam Weissberg. Two year, Carl busser. Three years, Arthur Gurr & Mary Arnold. Membership Chair, Louise Little & committee members; 2 years, Gene Little and 3 year, Gray Williams. After the usual passing of gavel & President's pin; newly installed President Mildred Thompson presented P.I.D. Myers Banister with a gift of appreciation & then spoke few words. She reminded all of our 5th Annual July 4th Event, however, taking place on Saturday July 3rd this year at Meeks Park. Also, only one regular Lion meeting in July on 8th due to Ga. Mtn. Fair. in Hiawassee. All able bodied Lions needed! OH, note of interest: we had present for brief time at this meeting, the youngest 'Lion' ever, complete with his own little Lion vest! Baby Sam is grandson of Lions Michael & Mildred Thompson and Great grandson of Lion Elmer Thompson.



**Winder Noon Lions Club = ACTIVITIES:** 242 pairs of glasses were collected and donated to be recycled. **PROGRAMS:** 6/9/2010 Debbie Burgamy, the publisher of the Barrow County News, was our speaker. She presented a brief history of the growth of the newspaper in America and talked about the current problems newspapers are having due to a decrease in subscribers. She also talked about the type of news coverage the newspaper provides to its readers. 6/23/2010 The program for this meeting was the presentation of club awards and the installation of club officers for the 2010-2011 Year.



**We're Waiting =  
have you ASKed?**

**Did you submit yours?**

E-mail = [edmclionh@bellsouth.net](mailto:edmclionh@bellsouth.net) or

Go on-line = [www.edmclion.com/](http://www.edmclion.com/) or

**“Fun!” “Awesome!” Those are some of the words that long-time Georgia Lions Camp attendee Courtney Bolan uses to describe her experience at the Leader Dogs for the Blind Trekker Camp, which ran from June 25 – July 2, 2010 at the Leader Dog campus in Rochester, Michigan.**

**Dubbed “The Dog Days of Summer,” this summer adventure for teens 16 to 18 provided Courtney and eleven other teens from around the country the opportunity to experience what it is like to live and work with a Leader Dog. In addition, each camper took home a free Trekker GPS unit and individualized assistance with white cane travel. Additional activities included a rope course, canoeing, tandem biking, and movie night.**

**Going to Leader Dogs for the Blind’s “Dog Days” was a surprise for Courtney. She has been attending the Georgia Lions Camp for the Blind since she was six years old and hopes to be a counselor next year. She was delighted when Director Kristen Picus asked her to go and learn about Leader Dogs for the Blind’s Trekker audible GPS program so that Courtney can teach others at the Georgia Lions Camp the skills she learned at Leader Dog.**



**Overall, Courtney rated her experience as lots of fun and said that she likes working with a dog better than a cane. She was paired with a female black lab named “Misty” for two days and loved the experience. Courtney looks forward to teaching others about the advantages of Breeze and Trekker GPS travel when she returns to the Georgia Lions Camp for the Blind this summer.**



**GA. Lions Lighthouse**  
**VP Lion Mike Higgins, PDG**  
[mhpdg@windstream.net](mailto:mhpdg@windstream.net)

Check out the new **Lighthouse Video**  
 Click here to view the Lighthouse Video!  
<http://www.eventstreams.com/lighthouse/010fst/>

### Brian McCann's Lighthouse Video



It is great that this last email I send out as Lighthouse Board Chair is exciting news.

First, the Lighthouse closes a historic year. We increased the number of Georgians that received direct Lighthouse serves by almost 30%. This does not count the number of people

that received screening through our eye screening program---that program had over a 100% increase over last year! Over 6,000 Georgians are seeing or hearing better today because your Lighthouse.

Second, financially the Lighthouse is in good shape. Many charities are suffering from the weak economy---and have had to scale back services as a result. As noted above, we have been expanding our services. Thanks to the our Lions Clubs and other financial supporters, the Lighthouse met its budget. Given the economy and the fact that we are in a capital campaign, that is an amazing accomplishment.

Third, our capital campaign! We have gotten pledges of over \$1.8 million toward our goal of \$2.7 million. We are in a position to close on the building next month. So, we have a new home. Speaking of the campaign, check out the attached link to a video of Atlanta Brave Brian McCann endorsement of our Lighthouse.

<http://www.youtube.com/watch?v=10jFAZNkJBA>



### Service Numbers

From July to December 2009:

**2854** Georgians received **4448** points of service through our mobile clinic program.

**1454** people have better vision after receiving a pair of **glasses**. **174 recipients** were from **18-D**

**295** eye surgeries were performed. **35** were from **18-D**

**933** Georgians received hearing aids through the dispensation of **1700 hearing aids**. **128** were from **18-D**

**Demand** for all services is up **30 percent** over last year.



### Lighthouse Launches New Website

The Lighthouse Foundation launched a new website in January. It is still at [www.lionslighthouse.org](http://www.lionslighthouse.org) but it has been redesigned and reorganized to be easier to navigate for clients, donors, and volunteers.



### Help Us Use our Recycled Glasses

**District D**  
 Judy Stamsen  
 770-995-9274  
[eskiemom@bellsouth.net](mailto:eskiemom@bellsouth.net)

## New Fiscal Year Checklist:

The new fiscal year is about to begin! Is your club prepared? You can help operations at the Lighthouse run more efficiently and effectively by making sure the following are taken care of:

Submit the name and contact information for your associate director (AD), even if it's the same person as last year. The AD will serve as the liaison between your club and the Lighthouse.

Submit the name and contact information for your White Cane Chair, even if it hasn't changed from last year.

Determine and submit your 2010-2011 goal for White Cane fundraising. You do not need to meet your goal, but knowing how much you think you can raise helps us set our budget for the year.

Ensure that the LCIF's information for your club is up to date. We use LCIF for everything from contact information to club size for awards.

The information above can be sent to Kim Fletcher. It can be submitted over the phone at 404-325-3630, via email at [kfletcher@lionslighthouse.org](mailto:kfletcher@lionslighthouse.org), or through post mail to the Lighthouse (address below).

Thank you!

\* \* \* \* \*

## Lighthouse Foundation Welcomes 2010-2011 Board and Committee Members

The Georgia Lions Lighthouse Foundation would like to extend a heartfelt thank every member of our Board of Directors, Board of Trustees, and our committees for 2009-2010. Lions volunteers are truly the backbone of the Lighthouse. Without you, we would not be able to provide the services that thousands of Georgians depend on each year. We also would not have been able to realize the remarkable growth that has occurred over the last five years.

The Lighthouse would also like to thank everyone who has agreed to continue in their work as a board or committee member, or has taken up the post for the first time this fiscal year. These Lions will see the Lighthouse through a period of unprecedented change as we lay the foundation for future growth. The board members include.

### The Executive Committee:

Gary Vaughters—Chair  
Sandy Mercer—Vice Chair  
Donna Townsend—Secretary  
Mike Kelly—Treasurer  
Mark Miller—Immd. Past Chair

### The Board of Directors:

Kenneth Moore—DD 18A  
Lew Waldrop—DD 18B  
Duncan Sinclair—DD 18C  
Mike Higgins—DD 18D  
Fletcher Dunn—DD 18E  
Bill Craig—DD 18F  
Grace Clower—Council Rep.  
Mary Lynch, MD—Medical  
Gordon Fowler—Planned Giving  
Susanne Keenan—Marketing  
Doug Stegall—At Large  
Kembra Smith—At Large

### Capital Campaign Committee,

Thank you to those of you who were able join this morning's committee meeting. Coxe Curry and Christina will be following up with those of you who were unable to attend, as appropriate.

We confirmed this morning that we can officially report that the *Bring the Future into Focus* Campaign has raised just under \$1.8 million, leaving only \$950,000 yet to raise! Over the past weekend, the **Georgia Optometric Association and its members made a \$50,000 commitment** to the campaign which propelled us over \$1.75 million in gifts and pledges – many, many thanks to Joyce Nations for her work to obtain the GOA pledge!

Thank you, again, for all you are doing for the Georgia Lions Lighthouse Foundation. Our collective efforts and dedication are creating brighter futures for thousands of Georgians.

With best regards,

Dick LoPresti  
Campaign Chair  
*Bring the Future into Focus* Campaign



## The Light Shines Twice— Sandy Mercer's Story

Sandra Mercer was a mother of three and a dental assistant when she started to develop cataracts. She did her best to continue her career, but she strained to work with small instruments even while wearing both glasses and contacts. Sandy later lost her job, making it impossible to afford the expensive eyewear she needed. She turned to the Lighthouse for help.

All Sandy wanted was a pair of glasses in order to get by. She wound up speaking with associate director Victoria Jordan, who knew the Lighthouse could provide much more. “We’re not just going to get you glasses,” said Victoria. “We’re going to get you surgery.”

Sandra’s cataract surgery was a success, and she has resumed her career as a dental assistant. “When things look dark and despairing,” she says, “we just need to keep our eyes on God. Everything is so bright and clear now.”

The cataract surgery was not the first time Sandy’s life was changed by the Lighthouse. When she was 18-months old, measles left Sandy’s eyes crossed. All her life, children had teased her. “You know the saying, ‘Sticks and stones may break my bones but words will never hurt me?’ Well it’s just not true. My self-esteem was very damaged by name-calling.”

As a fourth-grader, Sandy was walking home from school when Lion Curtis Proveaux took note of her crossed eyes. Determined to help, he talked to her parents about surgeries provided by the Georgia Lions Lighthouse. Her parents were thrilled beyond words. Four surgeries later, Sandra went back to school “looking just like everyone else.”

“Twice, the Lions Lighthouse has given me a new life with clear vision. I’ve been blessed with two miracles.”

Sandy’s story is possibly only because of the generosity of donors and volunteers at the Lighthouse. If you would like to get involved, please contact us at 404-325-3630 or visit us online at [www.lionslighthouse.org](http://www.lionslighthouse.org). Thank you!

\* \* \* \* \*

## Leave a Legacy with the Lighthouse



You can provide now for a future gift to the Georgia Lions Lighthouse Foundation by including a bequest provision in your will or revocable trust. Planned gifts provide valuable resources that will help sustain the Lighthouse as we strive to provide all Georgians with vision and hearing care. Some of the benefits of a bequest are:

- Your assets remain in your control during your lifetime.
- You can modify your bequest if your circumstances change.
- There is no upper limit on the estate tax deduction for charitable bequests given to the Lighthouse Foundation.
- You can have the satisfaction now of knowing that the legacy of your bequest is our continued work that will help change lives for years to come.

You may also consider making a gift of appreciated securities. For more information, please consult your tax advisor and contact Sarah at 404-325-3630 x 306.



**GA. Lions Camp for the Blind**  
**Tohis Masters, PDG**  
[tstmasters@windstream.net](mailto:tstmasters@windstream.net)



**To Our Fellow Lions:**



**From everyone who has been given much, much will be required; and to whom they entrusted much, of him they will ask all the more. Luke**

**The Campers Are Here!**

What a wonderful month this has been. I started off with some fantastic visits to several local clubs followed by a smashing time at our annual state convention. I thoroughly enjoyed seeing so many of you. I always love meeting new friends and hugging the necks of old!

This past week the summer staff arrived for their training. They spent a grueling week being trained in, providing care for a person with disabilities, evening programs, CPR & First Aid, Facilitator training, basic counseling and so much more. They worked tirelessly to gain the knowledge needed to provide the best experience for each and every camper. We closed out our week ready and excited about all the possibilities.

By the time you read these words, I will have gone and picked up the first round of campers in Macon. The camp will be all a bustle with no turning back. Songs will be heard all over the camp. Laughter will be contagious and smiling will be a staple to daily life. Today though, I sit here on Camper Eve and feel the butterflies start to creep back in. I can't wait to spend time with them and to get to know them. I can't wait to see them try things that they never dreamed they could do. I can't wait to hear their laughter. I simply can't wait. Tonight as I go to bed, I will lay down with a smile on my face knowing that the blessing of a years' worth of toil begins tomorrow. It is my hope that as you think about the campers being here, you too will have a smile on your face. **We've done it; We have provided the ultimate stage for "Ripe for Change" to play out... Thank you for giving**

*Kristen*



**2010 Schedule**

- Session 1: Family Camp (age 4-9) June 13-18, 2010
- Session 2: Pre-Teens (ages 10-13) June 20-25, 2010
- Session 3: Young Adults (ages 18-25) June 27-July 5, 2010
- Session 4: Adults (ages 26-50+) July 9-16, 2010
- Session 5: Teens (ages 14-17) July 19-30, 2010

**Lions Day July 24th**

(This is a reminder to go immediately and place this date on your calendar. You won't want to miss it)



My Fellow Lions,

On July 24th we will be having Lions Day at our Camp. Within this Newsletter you will see a letter inviting you to attend the event, a brief agenda and hotel information for your stay in Waycross. If the application for your attendance is ready by the time we send this out it will also be enclosed. If not it will be posted on the Web Site and sent out by the end of the week. Please join us for a day of fun, a day of fellowship, and a day of love at your Georgia Lions Camp. Yes love – your Camp is alive and it will pull at your Heart Strings!



A new Lion Year and a new year for you Camp start off on July 1st. The work never stops; the Board, the Staff and you have a lot more work to do. We can start by ensuring the best possible line of communication to your Lions Club from the Camp and back to the Camp. That line of communication is the Associate Director position at your respective Lions Club. Please ensure that position gets filled and that the appointment gets sent to the Camp. If you have any questions at all on this important process, please contact your District Vice President to the Camp for assistance. That is exactly what they are there for!

The Grand Tour of Georgia is well under way. Carolyn has been doing an outstanding job of coordinating this effort from the Camp and she is pushing for each person that is riding to find one more participant. That sound like a good plan to me – please see what you can do to get us some more riders. By the end of next weekend (if all goes as planned) I will have been to all 19 locations on the Grand Tour and will have the 2010 GTG wrapped up. I hope that you enjoy these Newsletters from your Camp and that we are keeping you up to date on all that is happening at your Georgia Lions Camp. If there is something else you would like to see, please let Kristen and/or I know.

As always – Thank you for all you do for our Camp and those “We Serve”. I’ll see you at the Camp on Lions Day.

Take Care and God Bless!

*Frank*

\* \* \* \* \*

Dear Lions, Lionesses, LEOs and Friends,

Each year your Camp has the honor of hosting the Council of Governors, the Lions, Lionesses and LEOs and their guests on Lions Day. It is with great pleasure that I extend an invitation to you for this year’s event. Lions Day will be held on Saturday July 24, 2010.

Attached in this newsletter is an application to attend along with a map on how to get to our Camp and a list of Waycross’s Hotels for your use if needed.

Please submit your application to the address on the application and let us know if there are any special needs that we may take care of for you and your family.

The theme for this year’s Camping Season is “**Ripe for Change**”. You are going to have a very enjoyable and informative day at Our Camp. You, your family and the Lions of Georgia are in for a very special treat.

**GO TO [www.edmclion.com](http://www.edmclion.com) – scroll down to links and find Camp For the Blind and click on their current Newsletter that has the applications**

See you at Camp!

Frank Spinney  
President, GLCB Inc.



# 2010 Grand Tour Of Georgia hosted by the

## Georgia Lions' Camp for the Blind, Inc.

**Ride your Motorcycle\*, see the great State of Georgia and help a blind child go to Camp! Enjoy a summer of riding experiences and help that same child gain a lifetime of confidence and experiences as well!**

**Purchase a Passport Book for \$25.00. This Passport Book is loaded with 19 scenic and historical locations throughout the great State of Georgia.**

**Ride to 15 of 18 optional locations and one mandatory location between April 1, 2010 and September 30, 2010. Record each visit with a photo, submit your record of visits and you will receive a Grand Tour Pin/w 2010 Year Tab and a Certificate of Completion. Those successful riders will also be able to purchase a 2010 Grand Tour of Georgia Tee Shirt.**

**\* Those wishing to partake in the Grand Tour of Georgia that do not ride motorcycles may do so. The same rules will apply.**

**To obtain a Grand Tour of Georgia Application visit the Georgia Lions' Camp for the Blind's Website at [GLCB.org](http://GLCB.org) or call (888) 297-1775 (Ga. Only) or (912) 283-4320 from 8am – 5pm Monday – Friday.**

**Ride Safe – Ride to Help Others!**



## Leader Dog Chair Lion Diane Wall

[liondianewall@bellsouth.net](mailto:liondianewall@bellsouth.net)

## Paying Rent

## Graduate Richard Holloway Gives Back



Richard Holloway is fond of saying that giving back and volunteering “is the rent we pay to live here.” If that’s true, than Richard’s rent should be stamped “paid in full.”

A people person at heart, the Leader Dog graduate has raised more than \$300,000 dollars over the years for various organizations whose work touched him. “My goal is to help people,” he said. “If you help people it comes back to you tenfold.”

A Lions Club member for more than 30 years, he has also teamed up with the Special Olympics, Children’s Aid and the Rotary Club, among others, to raise money. In recognition of his volunteerism, Richard was asked to be a torchbearer and take part in the Vancouver 2010 Olympic Torch Relay, an event he calls one of his “proudest moments.”

Richard Holloway and Leader Dog Gwynn

Not one to turn away from a physical challenge, Richard partnered with sighted runners to train for and run the New York City marathon for charity. He went on to run seventeen marathons in all. He credits his mother for inspiring him to run. “She always said if you believe, you achieve. If you achieve, you succeed,” he said. “I ran with her in my heart and soul.” Richard later donated more than \$20,000 dollars to have a room named in his mother’s honor at the Polk Residence and Training Center on the Leader Dog campus. He raised the funds by running a marathon and selling stuffed toy puppies.

Last summer, Richard added something new to his fundraising efforts: tandem recumbent biking. He teamed up with a sighted bicyclist and spent 3 months biking across Canada. As a Canadian it was especially meaningful to him. “My dream was to see the country while I still had at least some sight left,” he said.

By working closely with his biking and running partners, Richard learned a lot about what it takes to form a successful partnership. The most important thing “is to be honest and have the same common goal,” he said.

Richard was recently paired with a new partner of the four-legged variety when he received his third Leader Dog Gwynn, a yellow lab. He affectionately refers to Gwynn, an especially long dog, as his “labragator.” “Leader Dogs to me are like people in dog suits,” he said. “They give you independence and confidence. Gwynn and I are building a great relationship.”

When he’s not busy with his fundraising activities, Richard enjoys spending time outdoors, cooking, photography, working out and, of course, hockey, the national sport of Canada.

Although he learned to skate just 2 years ago, it had been his life-long dream to play hockey and score a goal. As a member of the Toronto Ice Owls hockey team, he was finally given a chance to make his dream come true when he was put in as forward. His first shot went wide. His second shot hit the goalie square in the face. But when he scored on his third attempt he was finally able to do the happy dance he had been practicing for 40 years, complete with the fist pump in the air. “You would have thought I had just won the Stanley Cup,” he laughed.



Participating in the Vancouver 2010 Winter Olympics torch relay was a highlight of Richard’s life.

Looking ahead, Richard has set several goals for himself. He would like to try stand-up comedy. Write a book. Continue his motivational speaking. Raise money for Leader Dog by running the Chicago marathon with some of the Leader Dog trainers. Sell some of his photographs. And of course, continue to pay his “rent” by volunteering and giving back.

\* \* \* \* \*

## Special Agent Hunter

By Carroll Jackson

My Leader Dog Hunter and I just celebrated our second anniversary as a traveling team. We have logged over 120 flights as we travel the United States. On a recent flight, following a 6:00 a.m. departure and a plane change in Chicago, we finally arrived at our destination.

Having flown to this airport on several occasions, I remembered the general location of the restrooms. We came off the down escalator and I gave Hunter the left command followed by the prompt to find the men's room. His route memory kicked in and after a short distance he stopped at the entrance to a doorway. As I sensed someone was moving past me I said “Good Morning,” and a male voice replied. Knowing that we found the right room, we proceeded inside only to find that several planeloads of men had the same idea.

I did not want to create a major stampede by asking Hunter to find the urinal, so I asked him to find an empty stall instead. He threaded me across the room to an open door. We slipped inside and I gave him the down sign. The instant he lay down the man next door began to scream “I’m sorry! I surrender! Please don't let that dog bite me! I only had two joints and I've already smoked them! If I get arrested my dad will kill me!”

As a retired school administrator, I instantly recognized the panic of a young man who has been caught. I called on my authoritarian voice and said “Young man, just calm down. I promise my dog will not harm you. You need to do the right thing and give yourself up to security.” He replied “Yes sir. Right away sir,” and ran from the room.

The room remained eerily quiet until Hunter and I emerged and I asked him to find the sink. As I washed my hands, the room erupted in laughter as the witnesses recognized that we were not part of airport security.

Now that I had everyone's attention I asked if anyone had been on our flight. Hunter and I walked with them to the appropriate baggage carousel. Hunter immediately began looking for our suitcase. After a short time he turned away and led with great persistence to our suitcase which had been removed from the carousel.

A gentleman approached and identified himself as security. He then informed me that they had been checking bags and their dog keyed on mine and one other. He asked if they could search my suitcase and I said “Absolutely, but you’re only going to find four days worth of dog food and dog biscuits.” He began to laugh and stated “That’s what I thought when I saw the tag from Leader Dogs for the Blind. You must be the other agent with the dog in the men's room.” I asked him if the young man actually came out and surrendered. He said “Yes. He's in the back having his bag searched. From the story he is telling, we do not expect to find anything. We are certain he will think twice before smoking marijuana before flying again.”

As I opened up the zipper pocket and retrieved the Milk Bone biscuit that is Hunter’s treat for successfully retrieving our suitcase, the person who was meeting me walked up and asked how our flights were. The security guard began to laugh uncontrollably when I said “No trouble, just a routine trip for Special Agent Hunter.”

\* \* \* \* \*



"Traveling with a cane is so much slower than walking with a dog. I spend a lot of time waiting for busses and I feel like I have a target on my back when I'm traveling. Jola will give me companionship and safety. She'll be a comfort for me and my husband; he won't have to worry about me so much. Also, it's hard to walk on the beach with a cane. "—  
*Sharon Schneider and her 1st Leader Dog Jola*



From the desk of State RFB&D Chair Lion Steve Helwig [lion.swampthing@gmail.com](mailto:lion.swampthing@gmail.com)

**Did you know?**

*Discover the joys of reading for pleasure this summer.*

**Members: Enjoy our Summer Fun Reading collection!**

**Educators: Keep Your Students Reading All Summer Long! Send the parent letter describing Free Individual Membership benefits home with your students today.**

**Easier User Access**

**Good news for RFB&D members: downloading and playing DAISY audio content is easier and more efficient than ever! Read more about our new pre-installed User Authorization Keys!**



**New Video: Embracing Words and Books**



For Leslie, an eight-year-old in second grade, dyslexia suppressed her reading to a kindergarten level. But as her mother relates in this brief video, discovering the power of multisensory learning through RFB&D has completely reinvented her daughter's relationship with words and books.



**Southeast Region (AL, FL, GA, MS, NC, SC, TN): Record-A-Thon was a big hit!**

The University of Georgia Mascot, Hairy Dawg, and 30 Delta Gamma sorority girls helped the Georgia studio celebrate . . . in Florida, 71 guest readers visited the Boca Raton studio; and in Tennessee, a gigantic birthday cake represented the theme!



**Judy Stamsen CCI Chair**  
[eskiemom@bellsouth.net](mailto:eskiemom@bellsouth.net)

**Benziger Winery Offers a CCI Cycling Jersey**

Benziger Family Winery is launching a 2010 limited edition Benziger/ Canine Companions for Independence® Bicycling Jersey, the first in a campaign that will contribute \$10 from every sale to Canine Companions for Independence®(CCI). CCI provides highly-trained assistance dogs for children and adults with disabilities, free of charge, transforming the lives of people with disabilities. The jersey is priced at \$115.

The jersey is available in the Benziger Family Winery tasting room and online ([www.benziger.com](http://www.benziger.com)). Inspired by the new Benziger Family Winery label, the design on the front and back of the jersey symbolically depicts the four archetypal elements (Earth, Water, Air and Fire) through ancient Greek symbols. These symbols are displayed against a vortex, representing the rhythms of nature in every vintage. The Tribute logo, along with a small pattern of the elements is located on the side panels of the jersey, and the new Signaterra series logo is prominently displayed on the shoulder and sleeve. The background is a simple water drop pattern, signifying the natural resource on which the vines are so dependent and the natural capital for which Benziger Family Winery takes great strides to conserve and recycle. The blue and yellow Canine Companions for Independence® logo, which is prominently featured near bottom of each the jersey's sleeves, aims to spread awareness of the work CCI does to enhance the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships. Designed by premier cycling apparel company, Primal Wear, the jersey is made with 100% Speed-Pro advanced moisture transfer fabric – a plaited double-knit fabric that forces moisture away from the body – the unisex design sports a raglan cut sleeve with a 3/4 hidden front zipper and 3 rear pockets.

The Sonoma Valley is as well known for its great bicycling routes as it is for its great wines. Cycling enthusiasts regularly cruise past Benziger Family Winery 85-acre estate vineyard located on the road to Jack London State Park and many of the Benziger family, including Founder and Estate Winemaker, Mike Benziger, are cyclists.



Lion Kathryn Higgins  
 Diabetes Awareness Chair  
[Klhiggins07@windstream.net](mailto:Klhiggins07@windstream.net)

### Checking Your Blood Glucose

- All people with diabetes can benefit from checking their blood glucose.
- Using a meter is the most accurate way to check.
- Keep a log of your results and review them with your team to gauge how well your diabetes plan is working.

Blood glucose monitoring is the main tool you have to check your diabetes control. This check tells you your blood glucose level at any one time. Keeping a log of your results is vital. When you bring this record to your health care provider, you have a good picture of your body's response to your diabetes care plan.

### Who should check?

Experts feel that anyone with diabetes can benefit from checking their blood glucose. The American Diabetes Association recommends blood glucose checks if you have diabetes and are:

- taking insulin or diabetes pills
- on intensive insulin therapy
- pregnant
- having a hard time controlling your blood glucose levels
- having severe low blood glucose levels or ketones from high blood glucose levels
- having low blood glucose levels without the usual warning signs

### How do I check?

1. After washing your hands, insert a test strip into your meter.
2. Use your lancing device on the side of your fingertip to get a drop of blood.
3. Gently squeeze or massage your finger until a drop of blood forms. (Required sample sizes vary by meter.)
4. Touch and hold the edge of the test strip to the drop of blood, and wait for the result.
5. Your blood glucose level will appear on the meter's display.

Note: All meters are slightly different, so always refer to your user's manual for specific instructions.

Other tips for checking:

- With some meters, you can also use your forearm, thigh or fleshy part of your hand.
- There are spring-loaded lancing devices that make sticking yourself less painful.

- If you use your fingertip, stick the side of your fingertip by your fingernail to avoid having sore spots on the frequently used part of your finger.

### What are the typical ranges?

Here are the blood glucose ranges for adults with diabetes:

<b>Glycemic control</b>	
A1C	<7.0%
Preprandial plasma glucose (before a meal)	70–130 mg/dl (5.0–7.2 mmol/l)
Postprandial plasma glucose (after a meal)	<180 mg/dl (<10.0 mmol/l)
Blood pressure	<130/80 mmHg
<b>Lipids</b>	
LDL	<100 mg/dl (<2.6 mmol/l)
Triglycerides	<150 mg/dl (<1.7 mmol/l)
HDL	>40 mg/dl (>1.1 mmol/l)

### What do my results mean?

When you finish the blood glucose check, write down your results and review them to see how food, activity and stress affect your blood glucose. Take a close look at your blood glucose record to see if your level is too high or too low several days in a row at about the same time. If the same thing keeps happening, it might be time to change your plan. Work with your doctor or diabetes educator to learn what your results mean for you. This takes time. Ask your doctor or nurse if you should report results out of a certain range at once by phone.

Keep in mind that blood glucose results often trigger [strong feelings](#). Blood glucose numbers can leave you upset, confused, frustrated, angry, or down. It's easy to use the numbers to judge yourself. Remind yourself that your blood glucose level is a way to track how well your diabetes care plan is working. It is not a judgment of you as a person. The results may show you need a change in your diabetes plan.

### What about urine checks for glucose?

Urine checks for glucose are not as accurate as blood glucose checks and should only be used when blood testing is impossible. Urine checks for ketones, however, is important when your diabetes is out of control or when you are sick. Everyone with diabetes should know how to [check urine for ketones](#).

### For More Information

- [Read about the latest advances in blood glucose meters in Diabetes Forecast's "Consumer Guide 2010."](#)
- [Go directly to a PDF of currently available blood glucose meters.](#)
- Download a [Blood Glucose Journal](#) from *Diabetes Forecast*.



**"The Power of Peace"**  
**2009-10 Grand Prize Winner**

*New Peace Poster Theme Announced: The theme for the 2010-2011 Lions International Peace Poster Contest will be "Vision of Peace." Peace Poster Kits will go on sale on January 15 from the Club Supplies Sales Department. See the order form (PR 785) for more details.*



**101 Ways to Teach Youth How to Cope with Stress (and these will help adults as well)**

- \*\* Know your limitations and let others know them too.
- \*\* Tell someone to have a good day.
- \*\* Throw a paper airplane.
- \*\* Exercise each day.
- \*\* Learn the words to a new song.
- \*\* Get to work early.
- \*\* Clean out one closet.
- \*\* Play patty cake with a child.
- \*\* Go on a picnic.
- \*\* Take a different route to work.
- \*\* Leave work early with permission.
- \*\* Watch a movie and eat popcorn.



**Lions Family Cub Program** — A frequent question is: How do we keep the children interested and involved? The answer is the Lions Family Cub Program which comes complete with a 30-page activity guide. The guide offers complete, step-by-step procedures that will help make Lion Cubs an integral part of your club. The **Lions Family Cub Program** will be an important part of making family membership a positive experience for parents as well as children. Please consider it as a part of our responsibility as Lion Leaders to serve our members and put their needs first. Remember that our Lion Cubs are the greatest potential source of Lions Club members in the future.

**LEO & Youth Service Seminar in Tifton**



**MD-18 LEO COUNCIL MEETING / TIFTON, GEORGIA / MAY 28-30**

\*\* 2010-2011 MD-18 LEO COUNCIL OFFICERS ELECTED AND INSTALLED

\*\* VOTED TO HOLD A FALL GATHERING IN CONJUNCTION WITH THE CAMP / LIGHTHOUSE MEETING

\*\* PLEDGED \$2500 TO THE LIGHTHOUSE BUILDING FUND WITH EACH LEO CLUB CONTRIBUTING LISTED ON A PLAQUE

\*\* 18-C LEO CHAIR REED ROGNSTAD RECOGNIZED AS DISTRICT CHAIR OF THE YEAR

\*\* STATE OFFICERS WERE ALL FROM 18-C / SEMINOLE AND COLQUITT COUNTY LEO CLUBS



\* \* \* \* \*

101 THINGS TO SAY TO ENCOURAGE YOUR CHILDREN (AND COMPLIMENT ADULTS):

- IT COULDN'T BE ANY BETTER!
- FANTASTIC WORK!
- YOU'RE A REAL TROOPER!
- FABULOUS!
- BRAVO!
- EXCEPTIONAL!
- YOU'RE UNIQUE!
- AWESOME!
- BREATHTAKING!
- THE TIME YOU PUT IN REALLY SHOWS!
- YOU'RE A GREAT EXAMPLE FOR OTHERS!

\* \* \* \* \*

**Get information from point**

**Modern Technology and Your Leo Club - Alpha Session - PowerPoint**



OMEGA  
LEO CLUBS

**Modern Technology and Your Club**

**Social Networking**

**Get the news out—for free!**



**Connect with Us Online**

- Facebook - [facebook.com/leoclubs](https://facebook.com/leoclubs) & [facebook.com/lionsclubs](https://facebook.com/lionsclubs)
- Leo Zone - [lionsclubs.org](https://lionsclubs.org) click: Member Center/Planning Projects/ Youth/ Leo Zone

- Lions Blog - [lionsclubs.org.wordpress.com](https://lionsclubs.org.wordpress.com)
- Lions Newswire - [lionsclubs.org](https://lionsclubs.org) click: News and Events/e-newsletter
- YouTube - [youtube.com/user/lionsclubsorg](https://youtube.com/user/lionsclubsorg)
- Twitter - [twitter.com/lionsclubsorg](https://twitter.com/lionsclubsorg)
- Flickr - [flickr.com/photos/lionsclubsorg](https://flickr.com/photos/lionsclubsorg)
- Myspace - [myspace.com/lionsclubsorg](https://myspace.com/lionsclubsorg)
- LinkedIn - [linkedin.com/groupRegistration?gid=64494](https://linkedin.com/groupRegistration?gid=64494)

**Get updates from LCI**  
**Connect with other Leos and Lions around the world**  
**Facebook – live in 2009**  
**LCI has an iPhone app**

**Service Projects**



**Leo clubs can report community service projects using a new online form.**

- Available in August.

**Service Projects**

- SPA is being replaced with an online version
- Incoming president Scruggs' Service Action Campaigns
- Ready in August (Engaging our Youth)

**Group Activity** - what are some other unique ways to use modern technology to:

- Promote your club
- Connect with your community
- Connect with other Leos/Lions around the world

**What will this give you:**

more resources, bigger presence, more opportunity to help...

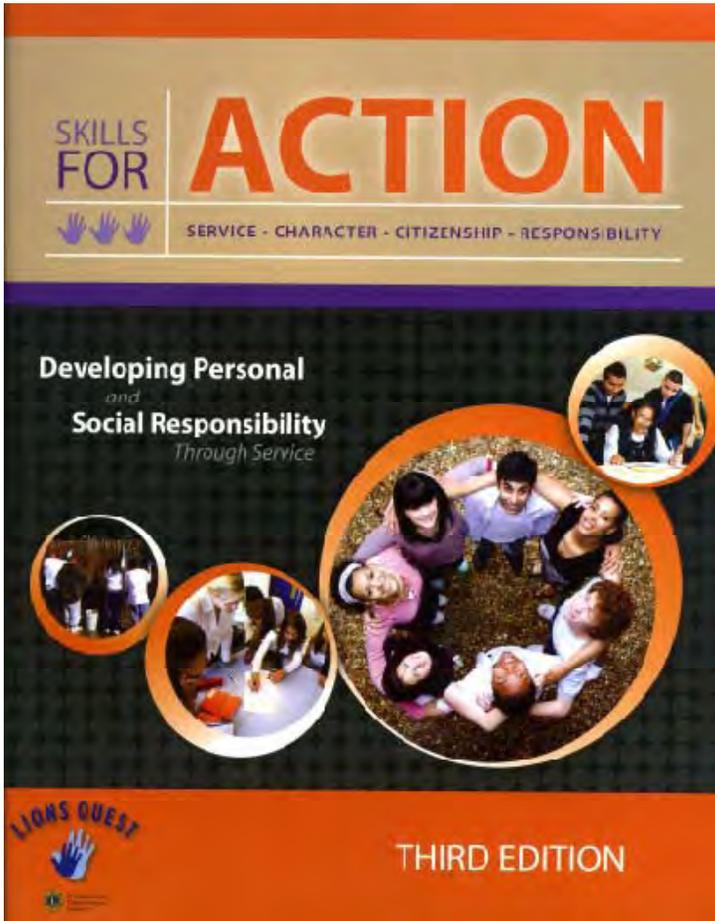


## Lions Quest

*"Excellent workshop, good community involvement and just good people."*

*Michelle A., Counselor, Proctor Jr-Sr High School*

\* \* \* \* \*



### Teaching Preservation: What is Service Learning?

Many people are confused by the concept of service learning, probably because it sounds like a fancy way of saying something else. You know, like “hors d’oeuvre” versus “appetizer,” etc. Well, as someone who has made a career out of it, I can promise you that it’s not. First and foremost, service learning is not the same thing as community service. That’s a common misconception. Don’t get me wrong, both are excellent educational strategies (hence the reason why many states now require community service credits before students can graduate), but at the end of the day, they are two entirely different experiences.

After teaching my Research History course for several years, I came to know Ohio’s former First Lady, Mrs. Hope Taft. She was and still is one of the strongest advocates for what I’m

doing in the classroom. I remember her telling me one day, “You know, what your students are doing is service learning.” I recall politely nodding my head and thinking to myself, “Sounds great, but what exactly is service learning?” Before I knew it, Mrs. Taft had me in touch with a representative from [Lions Quest](#), a well-known leader in service learning training that is a part of [Lions Clubs International](#). I attended a training session in Knoxville, TN. Here is what I took away from Tennessee: unlike community service projects where you show up, work and then go home, service learning projects have several distinct stages or parts, including preparation, action, reflection, skills demonstration and celebration. It’s a fusion between volunteerism, instruction and reflection. For students, the best possible service learning experience combines a project that fills an important need with the knowledge, skills and value goals from the classroom. As state budgets get smaller and smaller because of the economy, we all as preservationists need to think outside the box to determine how we’re going to do more with less. And to be honest, I can’t think of a better alternative than to get our nation’s teenagers off the couch and into the field as young stewards.

---

### Lions Quest Educator Award Applications Due!

*The Educator Award is an opportunity for teachers to share their Lions Quest implementation strategies and success with other educators and to receive recognition for the very important work they do with our future leaders. The award [application](#) and [details](#) can be found on the Lions Quest [Web site](#). Applications are due May 30, 2010. One finalist from each represented U.S. state will receive a set of 25 student materials. One U.S. K-8 and 9-12 grand prize winner and a guest will be flown to*

---

### Lions Quest at USA/Canada Forum

*The 2010 Lions Quest pre-forum session and training is open to all Lions and will be held on Thursday, September 23 from 9:00 a.m. - 2:00 p.m. at the headquarters hotel. When making your travel arrangements for Milwaukee, be sure to arrive in time to attend the Lions Quest pre-forum session!*

Lions Quest // Phone: 800-446-2700  
300 W. 22nd Street // Fax: 240-646-7023  
Oak Brook, IL 60523  
[info@lions-quest.org](mailto:info@lions-quest.org) // [www.lions-quest.org](http://www.lions-quest.org)



## ADOPT-A-SCHOOL PROGRAM

When Liberty Day launched 14 years ago, our motto was simple: "A Constitution in every pocket."



This remains one of our main goals today—to make sure that every American has a copy of the Constitution readily available to them. But we know that most students who get a copy probably won't just casually read the document.



That's why Liberty Day is a sole-source provider of copies of the Declaration of Independence and the U.S. Constitution, along with educational materials on our nation's founding documents, to schools.

However, we can only accomplish our mission of providing teachers with free, helpful, effective teaching resources with the financial help of organizations, businesses, individuals, and citizens like you! Read on to learn more about how you can help get these essential materials into the hands of 5th graders by adopting a class, a school, or a school district.

If your Lions Club is interested in sponsoring a Liberty Day project with a Scout group, please contact your District Liberty Day Chair or Lil Shurtleff, MD Liberty Day Chair.



**LIBERTY DAY GEORGIA  
DECLARATION OF INDEPENDENCE/U.S.  
CONSTITUTION**



As you are reading this information think of the **millions** of people that are "poking" their finger to test themselves morning, noon and night to check their sugar levels and the millions that then have to "poke" themselves again with insulin to maintain their levels throughout the day.

- A. 23.6 million people in the United States are diagnosed with diabetes
  - B. 72,000 people died last year due to diabetes
  - C. Diabetes is the 6th leading cause of death in the United States?
  - D. Complications of diabetes: blindness, kidney disease, nerve disease and heart disease to name a few
- These are just **four** answers when one asks why organize a **STRIDES** walk? Diabetes awareness is an important activity for Lions. There are many outstanding health benefits to walking, the world's most popular sport. By joining a **STRIDES** walk, participants can:
- E. Take steps towards better health
  - F. Build a community network of support of neighbors who have diabetes
  - G. Lead the way towards a cure
  - H. Spend quality time with family and friends
  - I. Meet new people
- The benefits of a **STRIDES** walk for community members who have, or are at risk of, diabetes include:
- J. Lower blood glucose levels
  - K. Delay or prevention of heart disease
  - L. Reduction of body weight
  - M. Maintenance of weight loss
  - N. Contribution to an overall feeling of well-being
- Lions **can** build awareness of diabetes by organizing **STRIDES**: Lions Walk for Diabetes Awareness.

Through the **STRIDES** walk, Lions can mobilize the community to join the effort to prevent, control and eventually overcome the risks of diabetes.

Lion Ron Bennett  
770-712-2459  
[rbnettisr@windstream.net](mailto:rbnettisr@windstream.net)

1441 Burycove Circle  
Lawrenceville, GA 30043  
Return Address

**Cabinet Secretary**  
Lion Anne Mundy  
706-864-5899  
[annem@windstream.net](mailto:annem@windstream.net)

**TO:**

**Bulletin Editor**  
Lion Ed Hashbarger, PDG (Yoriko)  
770-995-0405  
[Edmclionh@bellsouth.net](mailto:Edmclionh@bellsouth.net)

*Have All Lions  
Received the  
Word?*

*Make A Copy of  
This Bulletin*

*So We Can All Be  
Heard.*

